



























Fore River, Portland, ME - Nov 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:32	8.9	4:46	9.7	10:26	1.2	11:16	0.3	6:16	4:32	
2	Sun	5:38	8.8	5:55	9.4	11:37	1.3			6:17	4:31	
3	Mon	6:43	8.9	7:01	9.3	12:22	0.4	12:46	1.2	6:19	4:30	
4	Tue	7:40	9.1	8:00	9.3	1:23	0.5	1:48	0.9	6:20	4:28	
5	Wed	8:30	9.4	8:51	9.3	2:16	0.5	2:41	0.6	6:21	4:27	
6	Thu	9:14	9.6	9:37	9.3	3:01	0.5	3:28	0.3	6:23	4:26	
7	Fri	9:53	9.8	10:19	9.2	3:42	0.6	4:10	0.2	6:24	4:25	
8	Sat	10:30	9.8	10:59	9.1	4:18	0.8	4:48	0.1	6:25	4:23	
9	Sun	11:04	9.8	11:37	8.9	4:53	1.0	5:24	0.1	6:27	4:22	
10	Mon	11:37	9.7			5:27	1.2	5:59	0.2	6:28	4:21	
11	Tue	12:14	8.7	12:11	9.6	6:01	1.4	6:35	0.4	6:29	4:20	
12	Wed	12:50	8.5	12:46	9.4	6:36	1.6	7:12	0.6	6:31	4:19	
13	Thu	1:29	8.2	1:24	9.2	7:14	1.8	7:52	0.8	6:32	4:18	
14	Fri	2:10	8.0	2:07	9.0	7:56	2.0	8:37	1.0	6:33	4:17	
15	Sat	2:57	7.8	2:56	8.9	8:44	2.1	9:26	1.1	6:34	4:16	
16	Sun	3:48	7.8	3:50	8.8	9:36	2.1	10:18	1.1	6:36	4:15	
17	Mon	4:41	8.0	4:47	8.8	10:33	2.0	11:12	0.9	6:37	4:14	
18	Tue	5:35	8.4	5:47	9.0	11:33	1.6			6:38	4:13	
19	Wed	6:29	8.9	6:47	9.2	12:07	0.7	12:34	1.1	6:40	4:12	
20	Thu	7:21	9.6	7:45	9.6	1:01	0.4	1:33	0.3	6:41	4:12	
21	Fri	8:10	10.3	8:40	9.9	1:53	0.0	2:27	-0.5	6:42	4:11	
22	Sat	8:59	11.0	9:33	10.2	2:43	-0.4	3:20	-1.2	6:43	4:10	
23	Sun	9:47	11.5	10:26	10.3	3:33	-0.6	4:11	-1.7	6:45	4:09	
24	Mon	10:37	11.8	11:19	10.3	4:23	-0.7	5:03	-2.0	6:46	4:09	
25	Tue	11:28	11.8			5:14	-0.7	5:56	-2.0	6:47	4:08	
26	Wed	12:12	10.2	12:21	11.6	6:06	-0.4	6:49	-1.7	6:48	4:08	
27	Thu	1:07	9.9	1:16	11.2	7:00	-0.1	7:45	-1.2	6:49	4:07	
28	Fri	2:05	9.5	2:15	10.6	7:58	0.4	8:45	-0.7	6:51	4:07	
29	Sat	3:06	9.2	3:18	10.0	9:00	0.8	9:47	-0.2	6:52	4:06	
30	Sun	4:10	9.0	4:23	9.5	10:07	1.1	10:49	0.2	6:53	4:06	