












## Fore River, Portland, ME - Dec 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:12	8.9	5:28	9.1	11:14	1.2	11:50	0.6	6:54	4:05	
2	Tue	6:11	8.9	6:32	8.8			12:21	1.2	6:55	4:05	
3	Wed	7:07	9.1	7:32	8.7	12:48	0.8	1:23	1.0	6:56	4:05	
4	Thu	7:58	9.3	8:25	8.6	1:41	1.0	2:17	0.7	6:57	4:04	
5	Fri	8:42	9.5	9:12	8.6	2:28	1.0	3:04	0.5	6:58	4:04	
6	Sat	9:23	9.6	9:56	8.6	3:10	1.1	3:47	0.3	6:59	4:04	
7	Sun	10:01	9.7	10:37	8.6	3:49	1.2	4:26	0.2	7:00	4:04	
8	Mon	10:37	9.7	11:16	8.5	4:25	1.3	5:03	0.1	7:01	4:04	
9	Tue	11:13	9.7	11:53	8.4	5:01	1.4	5:39	0.1	7:02	4:04	
10	Wed	11:48	9.6			5:36	1.4	6:14	0.2	7:03	4:04	
11	Thu	12:30	8.3	12:24	9.5	6:13	1.5	6:50	0.3	7:04	4:04	
12	Fri	1:07	8.2	1:02	9.4	6:50	1.6	7:29	0.4	7:05	4:04	
13	Sat	1:46	8.2	1:42	9.3	7:32	1.6	8:10	0.5	7:05	4:04	
14	Sun	2:28	8.2	2:28	9.2	8:17	1.6	8:55	0.5	7:06	4:04	
15	Mon	3:14	8.3	3:19	9.1	9:08	1.6	9:43	0.5	7:07	4:04	
16	Tue	4:04	8.5	4:14	9.0	10:03	1.4	10:34	0.5	7:08	4:05	
17	Wed	4:55	8.9	5:13	8.9	11:02	1.1	11:27	0.4	7:08	4:05	
18	Thu	5:49	9.3	6:15	9.0			12:03	0.6	7:09	4:05	
19	Fri	6:44	9.9	7:17	9.1	12:23	0.3	1:05	0.0	7:10	4:06	
20	Sat	7:39	10.5	8:18	9.4	1:20	0.1	2:05	-0.6	7:10	4:06	
21	Sun	8:33	11.0	9:15	9.6	2:16	-0.1	3:01	-1.2	7:11	4:07	
22	Mon	9:26	11.4	10:10	9.8	3:10	-0.3	3:55	-1.7	7:11	4:07	
23	Tue	10:20	11.6	11:05	9.9	4:04	-0.5	4:49	-1.9	7:12	4:08	
24	Wed	11:14	11.7	11:59	9.9	4:57	-0.5	5:42	-1.9	7:12	4:08	
25	Thu			12:07	11.5	5:51	-0.4	6:35	-1.7	7:13	4:09	
26	Fri	12:52	9.7	1:01	11.1	6:45	-0.2	7:28	-1.3	7:13	4:09	
27	Sat	1:46	9.5	1:56	10.5	7:40	0.2	8:22	-0.8	7:13	4:10	
28	Sun	2:41	9.3	2:53	9.9	8:38	0.5	9:17	-0.2	7:13	4:11	
29	Mon	3:38	9.1	3:53	9.3	9:39	0.9	10:12	0.3	7:14	4:12	
30	Tue	4:34	8.9	4:53	8.7	10:41	1.1	11:07	0.8	7:14	4:12	
31	Wed	5:29	8.9	5:54	8.3	11:44	1.2			7:14	4:13	