US HARBORS www.USHarbors.com

Fore River, Portland, ME - Jan 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**6:24**	8.9	**6:56**	8.0	**12:02**	1.2	**12:48**	1.1	7:14	4:14	
2	Fri	**7:16**	9.0	**7:53**	8.0	**12:57**	1.5	**1:45**	0.9	7:14	4:15	
3	Sat	**8:05**	9.1	**8:43**	8.0	**1:49**	1.6	**2:35**	0.7	7:14	4:16	
4	Sun	**8:50**	9.3	**9:29**	8.1	**2:36**	1.6	**3:20**	0.5	7:14	4:17	
5	Mon	**9:32**	9.4	**10:12**	8.2	**3:19**	1.5	**4:01**	0.3	7:14	4:18	
6	Tue	**10:12**	9.5	**10:52**	8.3	**3:58**	1.4	**4:40**	0.1	7:14	4:19	
7	Wed	**10:50**	9.7	**11:30**	8.4	**4:36**	1.3	**5:17**	0.0	7:14	4:20	
8	Thu	**11:27**	9.8			**5:13**	1.2	**5:52**	-0.1	7:14	4:21	
9	Fri	**12:06**	8.4	**12:04**	9.8	**5:50**	1.1	**6:27**	-0.1	7:13	4:22	
10	Sat	**12:42**	8.5	**12:40**	9.8	**6:28**	1.0	**7:03**	-0.2	7:13	4:23	
11	Sun	**1:18**	8.6	**1:19**	9.7	**7:08**	0.9	**7:41**	-0.1	7:13	4:24	
12	Mon	**1:56**	8.8	**2:02**	9.6	**7:52**	0.8	**8:22**	-0.1	7:12	4:25	
13	Tue	**2:38**	9.0	**2:49**	9.3	**8:40**	0.7	**9:07**	0.1	7:12	4:26	
14	Wed	**3:24**	9.2	**3:43**	9.0	**9:33**	0.6	**9:56**	0.2	7:12	4:28	
15	Thu	**4:15**	9.4	**4:41**	8.8	**10:31**	0.5	**10:49**	0.4	7:11	4:29	
16	Fri	**5:09**	9.6	**5:45**	8.6	**11:33**	0.3	**11:48**	0.6	7:11	4:30	
17	Sat	**6:09**	9.9	**6:53**	8.5			**12:39**	0.0	7:10	4:31	
18	Sun	**7:12**	10.2	**8:00**	8.7	**12:51**	0.6	**1:45**	-0.4	7:10	4:32	
19	Mon	**8:14**	10.5	**9:02**	9.0	**1:54**	0.5	**2:47**	-0.8	7:09	4:34	
20	Tue	**9:13**	10.8	**9:59**	9.2	**2:54**	0.2	**3:44**	-1.2	7:08	4:35	
21	Wed	**10:09**	11.1	**10:54**	9.5	**3:51**	-0.1	**4:39**	-1.4	7:08	4:36	
22	Thu	**11:04**	11.2	**11:46**	9.6	**4:46**	-0.3	**5:31**	-1.5	7:07	4:38	
23	Fri	**11:56**	11.1			**5:39**	-0.3	**6:20**	-1.4	7:06	4:39	
24	Sat	**12:35**	9.7	**12:46**	10.8	**6:31**	-0.3	**7:08**	-1.1	7:05	4:40	
25	Sun	**1:23**	9.6	**1:36**	10.2	**7:21**	-0.1	**7:54**	-0.6	7:04	4:41	
26	Mon	**2:11**	9.4	**2:26**	9.6	**8:13**	0.2	**8:41**	-0.1	7:03	4:43	
27	Tue	**3:00**	9.2	**3:19**	9.0	**9:07**	0.6	**9:29**	0.5	7:03	4:44	
28	Wed	**3:49**	9.0	**4:14**	8.4	**10:03**	0.9	**10:18**	1.1	7:02	4:45	
29	Thu	**4:40**	8.8	**5:11**	7.9	**11:00**	1.1	**11:10**	1.6	7:01	4:47	
30	Fri	**5:32**	8.6	**6:12**	7.6			**12:00**	1.3	7:00	4:48	
31	Sat	**6:28**	8.5	**7:13**	7.5	**12:06**	1.9	**1:02**	1.3	6:59	4:50	