






















Fore River, Portland, ME - Feb 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:24	8.6	8:10	7.6	1:05	2.0	2:00	1.1	6:58	4:51	
2	Mon	8:16	8.8	8:59	7.8	2:00	1.9	2:50	0.8	6:56	4:52	
3	Tue	9:03	9.1	9:44	8.0	2:48	1.7	3:34	0.5	6:55	4:54	
4	Wed	9:46	9.4	10:25	8.3	3:31	1.4	4:13	0.2	6:54	4:55	
5	Thu	10:26	9.7	11:03	8.5	4:11	1.1	4:50	-0.1	6:53	4:56	
6	Fri	11:05	9.9	11:39	8.8	4:49	0.8	5:25	-0.3	6:52	4:58	
7	Sat	11:42	10.1			5:27	0.5	6:00	-0.5	6:50	4:59	
8	Sun	12:13	9.1	12:19	10.1	6:06	0.3	6:36	-0.6	6:49	5:00	
9	Mon	12:49	9.3	12:58	10.0	6:47	0.1	7:13	-0.6	6:48	5:02	
10	Tue	1:26	9.6	1:41	9.8	7:31	-0.1	7:54	-0.4	6:47	5:03	
11	Wed	2:07	9.7	2:28	9.4	8:18	-0.1	8:39	-0.1	6:45	5:05	
12	Thu	2:53	9.8	3:22	9.0	9:11	-0.1	9:29	0.2	6:44	5:06	
13	Fri	3:45	9.8	4:22	8.6	10:09	0.0	10:24	0.6	6:43	5:07	
14	Sat	4:43	9.7	5:28	8.3	11:12	0.1	11:26	0.9	6:41	5:09	
15	Sun	5:48	9.7	6:41	8.2			12:22	0.1	6:40	5:10	
16	Mon	6:58	9.8	7:52	8.4	12:34	1.0	1:34	-0.1	6:38	5:11	
17	Tue	8:06	10.1	8:54	8.7	1:44	0.8	2:39	-0.4	6:37	5:13	
18	Wed	9:07	10.4	9:51	9.1	2:48	0.5	3:36	-0.8	6:35	5:14	
19	Thu	10:03	10.7	10:42	9.5	3:45	0.1	4:28	-1.0	6:34	5:15	
20	Fri	10:54	10.8	11:29	9.7	4:38	-0.3	5:16	-1.1	6:32	5:17	
21	Sat	11:43	10.7			5:27	-0.4	6:00	-1.0	6:31	5:18	
22	Sun	12:13	9.8	12:28	10.4	6:14	-0.4	6:41	-0.7	6:29	5:19	
23	Mon	12:55	9.8	1:12	9.9	6:59	-0.3	7:22	-0.3	6:28	5:21	
24	Tue	1:35	9.7	1:56	9.3	7:44	0.0	8:02	0.3	6:26	5:22	
25	Wed	2:17	9.4	2:43	8.7	8:31	0.3	8:44	0.9	6:24	5:23	
26	Thu	3:00	9.1	3:33	8.2	9:19	0.7	9:29	1.4	6:23	5:25	
27	Fri	3:47	8.7	4:27	7.7	10:12	1.1	10:19	1.9	6:21	5:26	
28	Sat	4:39	8.4	5:26	7.4	11:09	1.4	11:14	2.2	6:19	5:27	
29	Sun	5:36	8.3	6:29	7.2			12:11	1.5	6:18	5:28	