

































Fore River, Portland, ME - Jul 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:38	9.4	10:48	11.5	4:24	-1.0	4:30	0.1	5:03	8:26	
2	Fri	11:36	9.6	11:44	11.6	5:20	-1.3	5:27	0.0	5:04	8:26	
3	Sat			12:32	9.8	6:16	-1.5	6:23	-0.1	5:04	8:26	
4	Sun	12:41	11.6	1:28	9.8	7:11	-1.5	7:19	-0.1	5:05	8:25	
5	Mon	1:37	11.4	2:22	9.8	8:04	-1.3	8:16	0.1	5:06	8:25	
6	Tue	2:32	11.0	3:17	9.8	8:58	-1.0	9:14	0.3	5:06	8:25	
7	Wed	3:29	10.5	4:13	9.7	9:52	-0.5	10:15	0.6	5:07	8:24	
8	Thu	4:28	9.9	5:08	9.6	10:46	0.0	11:16	0.8	5:08	8:24	
9	Fri	5:28	9.3	6:03	9.5	11:40	0.5			5:09	8:23	
10	Sat	6:27	8.7	6:56	9.4	12:17	1.0	12:33	1.0	5:09	8:23	
11	Sun	7:28	8.3	7:50	9.3	1:19	1.0	1:28	1.4	5:10	8:22	
12	Mon	8:27	8.1	8:42	9.3	2:19	1.0	2:23	1.7	5:11	8:22	
13	Tue	9:22	8.1	9:31	9.4	3:14	0.9	3:15	1.8	5:12	8:21	
14	Wed	10:12	8.1	10:16	9.5	4:04	0.7	4:01	1.8	5:13	8:21	
15	Thu	10:58	8.2	10:59	9.6	4:48	0.6	4:44	1.8	5:13	8:20	
16	Fri	11:41	8.3	11:40	9.7	5:30	0.5	5:25	1.7	5:14	8:19	
17	Sat			12:21	8.4	6:09	0.4	6:03	1.6	5:15	8:18	
18	Sun	12:18	9.8	12:59	8.5	6:45	0.3	6:41	1.5	5:16	8:18	
19	Mon	12:55	9.8	1:34	8.6	7:19	0.2	7:18	1.4	5:17	8:17	
20	Tue	1:32	9.8	2:09	8.7	7:54	0.2	7:57	1.3	5:18	8:16	
21	Wed	2:08	9.7	2:45	8.9	8:29	0.2	8:38	1.2	5:19	8:15	
22	Thu	2:48	9.6	3:23	9.1	9:06	0.2	9:23	1.0	5:20	8:14	
23	Fri	3:31	9.4	4:04	9.3	9:47	0.3	10:11	0.9	5:21	8:13	
24	Sat	4:19	9.2	4:49	9.6	10:32	0.4	11:04	0.7	5:22	8:12	
25	Sun	5:12	9.0	5:39	9.8	11:20	0.6			5:23	8:11	
26	Mon	6:10	8.7	6:33	10.1	12:00	0.5	12:13	0.7	5:24	8:10	
27	Tue	7:13	8.6	7:33	10.3	1:01	0.3	1:12	0.8	5:25	8:09	
28	Wed	8:19	8.7	8:36	10.6	2:06	0.0	2:15	0.7	5:26	8:08	
29	Thu	9:24	8.9	9:37	10.9	3:10	-0.3	3:17	0.5	5:27	8:07	
30	Fri	10:24	9.2	10:36	11.2	4:11	-0.7	4:17	0.2	5:28	8:06	
31	Sat	11:22	9.5	11:34	11.4	5:08	-1.1	5:14	0.0	5:29	8:05	