US HARBORS www.USHarbors.com

Fore River, Portland, ME - Sep 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:04	10.8	1:32	10.2	7:18	-0.7	7:38	-0.3	6:05	7:16	
2	Thu	1:52	10.3	2:16	10.1	8:01	-0.3	8:26	-0.1	6:06	7:14	
3	Fri	2:39	9.8	3:00	9.9	8:45	0.3	9:15	0.2	6:07	7:12	
4	Sat	3:28	9.2	3:46	9.5	9:30	0.9	10:06	0.7	6:08	7:11	
5	Sun	4:20	8.6	4:35	9.2	10:17	1.4	11:00	1.0	6:09	7:09	
6	Mon	5:15	8.1	5:28	8.9	11:08	1.9	11:57	1.4	6:11	7:07	
7	Tue	6:13	7.7	6:24	8.6			12:03	2.2	6:12	7:05	
8	Wed	7:14	7.6	7:25	8.6	12:59	1.6	1:03	2.4	6:13	7:03	
9	Thu	8:14	7.6	8:23	8.8	2:01	1.5	2:04	2.3	6:14	7:02	
10	Fri	9:07	7.9	9:15	9.0	2:57	1.3	2:59	2.0	6:15	7:00	
11	Sat	9:54	8.2	10:01	9.4	3:44	1.0	3:46	1.6	6:16	6:58	
12	Sun	10:35	8.6	10:42	9.7	4:24	0.7	4:28	1.2	6:17	6:56	
13	Mon	11:13	9.0	11:22	9.9	5:01	0.4	5:07	0.8	6:18	6:54	
14	Tue	11:48	9.3			5:36	0.1	5:46	0.4	6:19	6:53	
15	Wed	12:00	10.0	12:23	9.7	6:10	-0.1	6:25	0.1	6:21	6:51	
16	Thu	12:39	10.1	12:58	10.0	6:46	-0.2	7:06	-0.2	6:22	6:49	
17	Fri	1:18	10.0	1:35	10.3	7:24	-0.1	7:48	-0.4	6:23	6:47	
18	Sat	2:00	9.8	2:16	10.4	8:04	0.0	8:34	-0.4	6:24	6:45	
19	Sun	2:47	9.5	3:01	10.4	8:49	0.3	9:25	-0.3	6:25	6:43	
20	Mon	3:39	9.2	3:53	10.2	9:39	0.6	10:22	0.0	6:26	6:42	
21	Tue	4:38	8.8	4:53	10.0	10:36	0.9	11:25	0.2	6:27	6:40	
22	Wed	5:43	8.5	5:59	9.8	11:38	1.2			6:29	6:38	
23	Thu	6:53	8.4	7:10	9.8	12:33	0.4	12:47	1.3	6:30	6:36	
24	Fri	8:04	8.6	8:20	10.0	1:44	0.3	1:59	1.1	6:31	6:34	
25	Sat	9:07	9.0	9:23	10.3	2:50	0.0	3:05	0.7	6:32	6:32	
26	Sun	10:02	9.5	10:19	10.5	3:48	-0.3	4:03	0.2	6:33	6:31	
27	Mon	10:52	9.9	11:11	10.5	4:38	-0.5	4:56	-0.2	6:34	6:29	
28	Tue	11:38	10.2	11:59	10.4	5:25	-0.5	5:45	-0.4	6:35	6:27	
29	Wed			12:21	10.3	6:08	-0.4	6:31	-0.5	6:37	6:25	
30	Thu	12:45	10.2	1:02	10.3	6:49	-0.1	7:16	-0.4	6:38	6:23	