US HARBORS www.USHarbors.com

Fore River, Portland, ME - Jan 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:33	8.3	2:36	8.9	8:26	1.5	8:56	0.7	7:14	4:15	
2	Sun	3:14	8.4	3:23	8.6	9:14	1.5	9:39	0.8	7:14	4:16	
3	Mon	3:58	8.6	4:14	8.4	10:05	1.3	10:25	0.9	7:14	4:17	
4	Tue	4:45	8.8	5:10	8.2	11:00	1.1	11:16	1.0	7:14	4:18	
5	Wed	5:36	9.2	6:11	8.2	11:59	0.8			7:14	4:18	
6	Thu	6:32	9.5	7:14	8.3	12:11	1.0	1:01	0.4	7:14	4:20	
7	Fri	7:30	10.0	8:16	8.6	1:10	0.9	2:02	-0.2	7:14	4:21	
8	Sat	8:27	10.5	9:14	8.9	2:09	0.6	3:00	-0.8	7:13	4:22	
9	Sun	9:23	11.0	10:10	9.3	3:06	0.2	3:55	-1.3	7:13	4:23	
10	Mon	10:19	11.3	11:05	9.6	4:01	-0.2	4:49	-1.6	7:13	4:24	
11	Tue	11:14	11.5	11:58	9.8	4:56	-0.5	5:42	-1.8	7:13	4:25	
12	Wed			12:09	11.5	5:51	-0.6	6:34	-1.8	7:12	4:26	
13	Thu	12:51	10.0	1:03	11.2	6:46	-0.6	7:26	-1.5	7:12	4:27	
14	Fri	1:43	10.0	1:58	10.7	7:42	-0.4	8:18	-1.1	7:11	4:28	
15	Sat	2:37	9.9	2:56	10.0	8:41	-0.1	9:11	-0.5	7:11	4:30	
16	Sun	3:33	9.7	3:56	9.3	9:42	0.2	10:06	0.1	7:10	4:31	
17	Mon	4:28	9.5	4:57	8.7	10:45	0.4	11:02	0.7	7:10	4:32	
18	Tue	5:25	9.3	6:01	8.2	11:49	0.6			7:09	4:33	
19	Wed	6:23	9.2	7:05	8.0	12:01	1.2	12:54	0.7	7:08	4:35	
20	Thu	7:20	9.1	8:05	7.9	1:01	1.5	1:54	0.6	7:08	4:36	
21	Fri	8:14	9.1	8:57	8.0	1:58	1.6	2:47	0.5	7:07	4:37	
22	Sat	9:03	9.3	9:44	8.1	2:49	1.6	3:34	0.3	7:06	4:39	
23	Sun	9:47	9.4	10:27	8.2	3:34	1.4	4:17	0.2	7:05	4:40	
24	Mon	10:28	9.5	11:06	8.3	4:15	1.3	4:55	0.1	7:05	4:41	
25	Tue	11:06	9.6	11:42	8.5	4:53	1.1	5:31	0.0	7:04	4:42	
26	Wed	11:42	9.6			5:29	1.0	6:03	0.0	7:03	4:44	
27	Thu	12:16	8.6	12:17	9.6	6:04	0.9	6:35	0.0	7:02	4:45	
28	Fri	12:48	8.7	12:51	9.5	6:39	0.9	7:07	0.1	7:01	4:47	
29	Sat	1:21	8.8	1:26	9.3	7:17	0.8	7:41	0.2	7:00	4:48	
30	Sun	1:54	8.9	2:05	9.0	7:57	0.8	8:18	0.4	6:59	4:49	
31	Mon	2:32	9.0	2:49	8.7	8:41	0.7	8:59	0.6	6:58	4:51	