US HARBORS www.USHarbors.com

Fore River, Portland, ME - Jul 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**7:58**	8.8	**8:20**	9.9	**1:47**	0.5	**1:58**	1.0	5:03	8:26	
2	Sat	**8:59**	8.6	**9:13**	9.9	**2:49**	0.4	**2:54**	1.2	5:04	8:26	
3	Sun	**9:55**	8.5	**10:02**	9.9	**3:44**	0.2	**3:46**	1.4	5:04	8:26	
4	Mon	**10:45**	8.5	**10:48**	9.9	**4:34**	0.2	**4:34**	1.5	5:05	8:25	
5	Tue	**11:32**	8.5	**11:32**	9.9	**5:20**	0.1	**5:18**	1.5	5:06	8:25	
6	Wed			**12:15**	8.5	**6:03**	0.2	**6:00**	1.5	5:06	8:25	
7	Thu	**12:13**	9.9	**12:55**	8.5	**6:43**	0.2	**6:39**	1.5	5:07	8:24	
8	Fri	**12:53**	9.8	**1:33**	8.5	**7:20**	0.3	**7:17**	1.5	5:08	8:24	
9	Sat	**1:30**	9.7	**2:10**	8.5	**7:55**	0.4	**7:56**	1.6	5:08	8:23	
10	Sun	**2:07**	9.5	**2:47**	8.5	**8:31**	0.5	**8:35**	1.6	5:09	8:23	
11	Mon	**2:46**	9.3	**3:24**	8.6	**9:06**	0.6	**9:17**	1.6	5:10	8:22	
12	Tue	**3:26**	9.1	**4:03**	8.7	**9:44**	0.7	**10:02**	1.6	5:11	8:22	
13	Wed	**4:10**	8.8	**4:43**	8.9	**10:23**	0.9	**10:49**	1.5	5:12	8:21	
14	Thu	**4:56**	8.5	**5:26**	9.1	**11:06**	1.0	**11:39**	1.4	5:12	8:21	
15	Fri	**5:47**	8.3	**6:12**	9.3	**11:51**	1.2			5:13	8:20	
16	Sat	**6:42**	8.2	**7:03**	9.6	**12:33**	1.1	**12:42**	1.3	5:14	8:19	
17	Sun	**7:42**	8.2	**7:59**	9.9	**1:32**	0.8	**1:38**	1.3	5:15	8:19	
18	Mon	**8:44**	8.3	**8:56**	10.3	**2:32**	0.4	**2:37**	1.1	5:16	8:18	
19	Tue	**9:43**	8.6	**9:53**	10.8	**3:31**	-0.1	**3:34**	0.8	5:17	8:17	
20	Wed	**10:40**	9.0	**10:49**	11.2	**4:27**	-0.6	**4:31**	0.4	5:18	8:16	
21	Thu	**11:36**	9.4	**11:46**	11.5	**5:22**	-1.0	**5:27**	0.0	5:19	8:15	
22	Fri			**12:31**	9.7	**6:16**	-1.3	**6:23**	-0.2	5:20	8:14	
23	Sat	**12:42**	11.6	**1:24**	10.0	**7:08**	-1.5	**7:19**	-0.4	5:21	8:14	
24	Sun	**1:36**	11.5	**2:17**	10.2	**7:59**	-1.4	**8:15**	-0.4	5:22	8:13	
25	Mon	**2:31**	11.1	**3:10**	10.3	**8:51**	-1.2	**9:13**	-0.3	5:23	8:12	
26	Tue	**3:28**	10.6	**4:04**	10.3	**9:43**	-0.7	**10:13**	0.0	5:24	8:11	
27	Wed	**4:27**	9.9	**5:00**	10.1	**10:37**	-0.1	**11:15**	0.2	5:25	8:09	
28	Thu	**5:28**	9.3	**5:55**	9.9	**11:32**	0.5			5:26	8:08	
29	Fri	**6:30**	8.7	**6:53**	9.7	**12:18**	0.4	**12:30**	1.0	5:27	8:07	
30	Sat	**7:34**	8.3	**7:52**	9.6	**1:22**	0.6	**1:30**	1.5	5:28	8:06	
31	Sun	**8:37**	8.2	**8:49**	9.5	**2:26**	0.7	**2:30**	1.7	5:29	8:05	