



Fore River, Portland, ME - Jan 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:30	11.2			5:14	0.0	5:58	-1.4	7:14	4:14	☀
2	Mon	12:14	9.5	12:21	11.2	6:05	-0.2	6:48	-1.5	7:14	4:15	☀
3	Tue	1:04	9.7	1:14	11.0	6:58	-0.3	7:38	-1.4	7:14	4:16	☀
4	Wed	1:56	9.8	2:09	10.6	7:54	-0.2	8:30	-1.1	7:14	4:17	☀
5	Thu	2:51	9.8	3:08	10.1	8:54	-0.1	9:25	-0.6	7:14	4:18	☀
6	Fri	3:47	9.9	4:10	9.5	9:56	0.1	10:21	-0.1	7:14	4:19	☀
7	Sat	4:45	9.8	5:15	9.0	11:01	0.2	11:20	0.4	7:14	4:20	☀
8	Sun	5:44	9.8	6:22	8.6			12:08	0.2	7:14	4:21	☀
9	Mon	6:45	9.7	7:28	8.4	12:21	0.8	1:15	0.2	7:13	4:22	☀
10	Tue	7:44	9.7	8:29	8.4	1:24	1.1	2:16	0.0	7:13	4:24	☀
11	Wed	8:38	9.8	9:23	8.4	2:21	1.1	3:10	-0.1	7:13	4:25	☀
12	Thu	9:29	9.8	10:11	8.5	3:13	1.1	3:59	-0.2	7:12	4:26	☀
13	Fri	10:15	9.8	10:56	8.5	4:00	1.1	4:44	-0.2	7:12	4:27	☀
14	Sat	10:58	9.8	11:36	8.5	4:44	1.0	5:25	-0.2	7:11	4:28	☀
15	Sun	11:38	9.8			5:24	1.0	6:02	-0.1	7:11	4:29	☀
16	Mon	12:14	8.5	12:15	9.6	6:02	1.0	6:37	0.0	7:10	4:31	☀
17	Tue	12:50	8.5	12:51	9.4	6:40	1.1	7:11	0.2	7:10	4:32	☀
18	Wed	1:25	8.5	1:28	9.1	7:18	1.1	7:45	0.4	7:09	4:33	☀
19	Thu	2:01	8.5	2:07	8.8	7:57	1.2	8:21	0.7	7:09	4:34	☀
20	Fri	2:38	8.5	2:49	8.4	8:40	1.3	8:59	1.0	7:08	4:36	☀
21	Sat	3:17	8.5	3:36	8.1	9:27	1.4	9:41	1.2	7:07	4:37	☀
22	Sun	4:00	8.6	4:27	7.7	10:17	1.4	10:28	1.5	7:06	4:38	☀
23	Mon	4:48	8.6	5:23	7.5	11:11	1.3	11:19	1.7	7:06	4:40	☀
24	Tue	5:40	8.8	6:25	7.5			12:11	1.1	7:05	4:41	☀
25	Wed	6:38	9.1	7:29	7.7	12:17	1.7	1:14	0.8	7:04	4:42	☀
26	Thu	7:38	9.5	8:28	8.1	1:18	1.4	2:13	0.2	7:03	4:43	☀
27	Fri	8:36	10.1	9:22	8.6	2:16	1.0	3:08	-0.4	7:02	4:45	☀
28	Sat	9:30	10.7	10:14	9.1	3:12	0.4	4:00	-1.0	7:01	4:46	☀
29	Sun	10:24	11.1	11:05	9.6	4:05	-0.1	4:50	-1.5	7:00	4:48	☀
30	Mon	11:16	11.4	11:54	10.1	4:58	-0.6	5:39	-1.8	6:59	4:49	☀
31	Tue			12:07	11.4	5:51	-1.0	6:28	-1.8	6:58	4:50	☀