US HARBORS www.USHarbors.com

Fore River, Portland, ME - Jan 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**11:30**	11.2			**5:14**	0.0	**5:58**	-1.4	7:14	4:14	
2	Mon	**12:14**	9.5	**12:21**	11.2	**6:05**	-0.2	**6:48**	-1.5	7:14	4:15	
3	Tue	**1:04**	9.7	**1:14**	11.0	**6:58**	-0.3	**7:38**	-1.4	7:14	4:16	
4	Wed	**1:56**	9.8	**2:09**	10.6	**7:54**	-0.2	**8:30**	-1.1	7:14	4:17	
5	Thu	**2:51**	9.8	**3:08**	10.1	**8:54**	-0.1	**9:25**	-0.6	7:14	4:18	
6	Fri	**3:47**	9.9	**4:10**	9.5	**9:56**	0.1	**10:21**	-0.1	7:14	4:19	
7	Sat	**4:45**	9.8	**5:15**	9.0	**11:01**	0.2	**11:20**	0.4	7:14	4:20	
8	Sun	**5:44**	9.8	**6:22**	8.6			**12:08**	0.2	7:14	4:21	
9	Mon	**6:45**	9.7	**7:28**	8.4	**12:21**	0.8	**1:15**	0.2	7:13	4:22	
10	Tue	**7:44**	9.7	**8:29**	8.4	**1:24**	1.1	**2:16**	0.0	7:13	4:24	
11	Wed	**8:38**	9.8	**9:23**	8.4	**2:21**	1.1	**3:10**	-0.1	7:13	4:25	
12	Thu	**9:29**	9.8	**10:11**	8.5	**3:13**	1.1	**3:59**	-0.2	7:12	4:26	
13	Fri	**10:15**	9.8	**10:56**	8.5	**4:00**	1.1	**4:44**	-0.2	7:12	4:27	
14	Sat	**10:58**	9.8	**11:36**	8.5	**4:44**	1.0	**5:25**	-0.2	7:11	4:28	
15	Sun	**11:38**	9.8			**5:24**	1.0	**6:02**	-0.1	7:11	4:29	
16	Mon	**12:14**	8.5	**12:15**	9.6	**6:02**	1.0	**6:37**	0.0	7:10	4:31	
17	Tue	**12:50**	8.5	**12:51**	9.4	**6:40**	1.1	**7:11**	0.2	7:10	4:32	
18	Wed	**1:25**	8.5	**1:28**	9.1	**7:18**	1.1	**7:45**	0.4	7:09	4:33	
19	Thu	**2:01**	8.5	**2:07**	8.8	**7:57**	1.2	**8:21**	0.7	7:09	4:34	
20	Fri	**2:38**	8.5	**2:49**	8.4	**8:40**	1.3	**8:59**	1.0	7:08	4:36	
21	Sat	**3:17**	8.5	**3:36**	8.1	**9:27**	1.4	**9:41**	1.2	7:07	4:37	
22	Sun	**4:00**	8.6	**4:27**	7.7	**10:17**	1.4	**10:28**	1.5	7:06	4:38	
23	Mon	**4:48**	8.6	**5:23**	7.5	**11:11**	1.3	**11:19**	1.7	7:06	4:40	
24	Tue	**5:40**	8.8	**6:25**	7.5			**12:11**	1.1	7:05	4:41	
25	Wed	**6:38**	9.1	**7:29**	7.7	**12:17**	1.7	**1:14**	0.8	7:04	4:42	
26	Thu	**7:38**	9.5	**8:28**	8.1	**1:18**	1.4	**2:13**	0.2	7:03	4:43	
27	Fri	**8:36**	10.1	**9:22**	8.6	**2:16**	1.0	**3:08**	-0.4	7:02	4:45	
28	Sat	**9:30**	10.7	**10:14**	9.1	**3:12**	0.4	**4:00**	-1.0	7:01	4:46	
29	Sun	**10:24**	11.1	**11:05**	9.6	**4:05**	-0.1	**4:50**	-1.5	7:00	4:48	
30	Mon	**11:16**	11.4	**11:54**	10.1	**4:58**	-0.6	**5:39**	-1.8	6:59	4:49	
31	Tue			**12:07**	11.4	**5:51**	-1.0	**6:28**	-1.8	6:58	4:50	