US HARBORS www.USHarbors.com

Fore River, Portland, ME - Mar 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**11:51**	11.3			**5:36**	-1.5	**6:04**	-1.8	6:17	5:29	
2	Thu	**12:18**	11.0	**12:42**	11.0	**6:27**	-1.7	**6:50**	-1.4	6:15	5:30	
3	Fri	**1:05**	11.0	**1:34**	10.5	**7:19**	-1.5	**7:38**	-0.9	6:14	5:32	
4	Sat	**1:54**	10.8	**2:28**	9.8	**8:13**	-1.1	**8:29**	-0.2	6:12	5:33	
5	Sun	**2:46**	10.3	**3:27**	9.0	**9:10**	-0.6	**9:24**	0.6	6:10	5:34	
6	Mon	**3:43**	9.8	**4:29**	8.4	**10:11**	0.0	**10:23**	1.2	6:08	5:35	
7	Tue	**4:44**	9.3	**5:36**	7.9	**11:17**	0.6	**11:29**	1.7	6:07	5:37	
8	Wed	**5:50**	8.9	**6:44**	7.7			**12:27**	0.9	6:05	5:38	
9	Thu	**6:58**	8.7	**7:48**	7.8	**12:39**	1.9	**1:34**	0.9	6:03	5:39	
10	Fri	**8:00**	8.8	**8:42**	8.0	**1:45**	1.8	**2:31**	0.8	6:01	5:40	
11	Sat	**8:52**	9.0	**9:28**	8.3	**2:39**	1.5	**3:18**	0.6	6:00	5:42	
12	Sun	**9:38**	9.2	**10:08**	8.6	**3:26**	1.2	**3:58**	0.4	5:58	5:43	
13	Mon	**10:18**	9.3	**10:44**	8.9	**4:07**	0.9	**4:34**	0.3	5:56	5:44	
14	Tue	**10:55**	9.4	**11:16**	9.1	**4:44**	0.6	**5:06**	0.3	5:54	5:45	
15	Wed	**11:30**	9.3	**11:47**	9.3	**5:18**	0.4	**5:35**	0.3	5:53	5:47	
16	Thu			**12:03**	9.2	**5:52**	0.3	**6:05**	0.4	5:51	5:48	
17	Fri	**12:16**	9.4	**12:37**	9.0	**6:25**	0.2	**6:35**	0.6	5:49	5:49	
18	Sat	**12:46**	9.4	**1:11**	8.8	**6:59**	0.2	**7:08**	0.8	5:47	5:50	
19	Sun	**1:18**	9.4	**1:48**	8.5	**7:37**	0.3	**7:45**	1.1	5:45	5:52	
20	Mon	**1:55**	9.4	**2:31**	8.2	**8:19**	0.4	**8:28**	1.3	5:44	5:53	
21	Tue	**2:39**	9.2	**3:21**	7.9	**9:08**	0.6	**9:17**	1.5	5:42	5:54	
22	Wed	**3:31**	9.2	**4:19**	7.7	**10:04**	0.8	**10:15**	1.7	5:40	5:55	
23	Thu	**4:31**	9.1	**5:25**	7.7	**11:07**	0.8	**11:19**	1.6	5:38	5:56	
24	Fri	**5:39**	9.2	**6:34**	8.0			**12:14**	0.6	5:36	5:58	
25	Sat	**6:50**	9.5	**7:40**	8.6	**12:29**	1.3	**1:22**	0.2	5:34	5:59	
26	Sun	**7:56**	10.0	**8:37**	9.4	**1:37**	0.7	**2:21**	-0.4	5:33	6:00	
27	Mon	**8:55**	10.5	**9:29**	10.1	**2:39**	-0.1	**3:14**	-0.9	5:31	6:01	
28	Tue	**9:50**	10.9	**10:18**	10.8	**3:34**	-0.8	**4:03**	-1.2	5:29	6:02	
29	Wed	**10:43**	11.0	**11:05**	11.2	**4:27**	-1.4	**4:51**	-1.4	5:27	6:04	
30	Thu	**11:34**	10.9	**11:52**	11.4	**5:19**	-1.8	**5:38**	-1.2	5:25	6:05	
31	Fri			**12:24**	10.6	**6:09**	-1.8	**6:25**	-0.8	5:24	6:06	