

































Fore River, Portland, ME - Mar 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:51	11.3			5:36	-1.5	6:04	-1.8	6:17	5:29	
2	Thu	12:18	11.0	12:42	11.0	6:27	-1.7	6:50	-1.4	6:15	5:30	
3	Fri	1:05	11.0	1:34	10.5	7:19	-1.5	7:38	-0.9	6:14	5:32	
4	Sat	1:54	10.8	2:28	9.8	8:13	-1.1	8:29	-0.2	6:12	5:33	
5	Sun	2:46	10.3	3:27	9.0	9:10	-0.6	9:24	0.6	6:10	5:34	
6	Mon	3:43	9.8	4:29	8.4	10:11	0.0	10:23	1.2	6:08	5:35	
7	Tue	4:44	9.3	5:36	7.9	11:17	0.6	11:29	1.7	6:07	5:37	
8	Wed	5:50	8.9	6:44	7.7			12:27	0.9	6:05	5:38	
9	Thu	6:58	8.7	7:48	7.8	12:39	1.9	1:34	0.9	6:03	5:39	
10	Fri	8:00	8.8	8:42	8.0	1:45	1.8	2:31	0.8	6:01	5:40	
11	Sat	8:52	9.0	9:28	8.3	2:39	1.5	3:18	0.6	6:00	5:42	
12	Sun	9:38	9.2	10:08	8.6	3:26	1.2	3:58	0.4	5:58	5:43	
13	Mon	10:18	9.3	10:44	8.9	4:07	0.9	4:34	0.3	5:56	5:44	
14	Tue	10:55	9.4	11:16	9.1	4:44	0.6	5:06	0.3	5:54	5:45	
15	Wed	11:30	9.3	11:47	9.3	5:18	0.4	5:35	0.3	5:53	5:47	
16	Thu			12:03	9.2	5:52	0.3	6:05	0.4	5:51	5:48	
17	Fri	12:16	9.4	12:37	9.0	6:25	0.2	6:35	0.6	5:49	5:49	
18	Sat	12:46	9.4	1:11	8.8	6:59	0.2	7:08	0.8	5:47	5:50	
19	Sun	1:18	9.4	1:48	8.5	7:37	0.3	7:45	1.1	5:45	5:52	
20	Mon	1:55	9.4	2:31	8.2	8:19	0.4	8:28	1.3	5:44	5:53	
21	Tue	2:39	9.2	3:21	7.9	9:08	0.6	9:17	1.5	5:42	5:54	
22	Wed	3:31	9.2	4:19	7.7	10:04	0.8	10:15	1.7	5:40	5:55	
23	Thu	4:31	9.1	5:25	7.7	11:07	0.8	11:19	1.6	5:38	5:56	
24	Fri	5:39	9.2	6:34	8.0			12:14	0.6	5:36	5:58	
25	Sat	6:50	9.5	7:40	8.6	12:29	1.3	1:22	0.2	5:34	5:59	
26	Sun	7:56	10.0	8:37	9.4	1:37	0.7	2:21	-0.4	5:33	6:00	
27	Mon	8:55	10.5	9:29	10.1	2:39	-0.1	3:14	-0.9	5:31	6:01	
28	Tue	9:50	10.9	10:18	10.8	3:34	-0.8	4:03	-1.2	5:29	6:02	
29	Wed	10:43	11.0	11:05	11.2	4:27	-1.4	4:51	-1.4	5:27	6:04	
30	Thu	11:34	10.9	11:52	11.4	5:19	-1.8	5:38	-1.2	5:25	6:05	
31	Fri			12:24	10.6	6:09	-1.8	6:25	-0.8	5:24	6:06	