US HARBORS www.USHarbors.com

Fore River, Portland, ME - Jul 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**3:33**	9.1	**4:14**	8.6	**9:54**	0.8	**10:10**	1.8	5:03	8:26	
2	Sun	**4:19**	8.8	**4:57**	8.6	**10:35**	1.0	**11:00**	1.8	5:04	8:26	
3	Mon	**5:08**	8.4	**5:41**	8.7	**11:17**	1.3	**11:50**	1.8	5:04	8:26	
4	Tue	**5:58**	8.1	**6:26**	8.8			**12:01**	1.6	5:05	8:25	
5	Wed	**6:52**	7.8	**7:13**	8.9	**12:43**	1.7	**12:48**	1.8	5:05	8:25	
6	Thu	**7:49**	7.7	**8:02**	9.1	**1:38**	1.5	**1:39**	1.9	5:06	8:25	
7	Fri	**8:45**	7.8	**8:52**	9.4	**2:33**	1.2	**2:31**	1.8	5:07	8:24	
8	Sat	**9:37**	8.0	**9:41**	9.8	**3:25**	0.8	**3:22**	1.6	5:07	8:24	
9	Sun	**10:27**	8.2	**10:29**	10.2	**4:14**	0.4	**4:11**	1.3	5:08	8:24	
10	Mon	**11:16**	8.6	**11:18**	10.6	**5:02**	-0.1	**5:01**	1.0	5:09	8:23	
11	Tue			**12:05**	8.9	**5:50**	-0.5	**5:51**	0.6	5:10	8:23	
12	Wed	**12:08**	10.9	**12:53**	9.3	**6:38**	-0.8	**6:42**	0.3	5:11	8:22	
13	Thu	**12:58**	11.1	**1:41**	9.6	**7:25**	-1.0	**7:34**	0.1	5:11	8:21	
14	Fri	**1:49**	11.1	**2:31**	9.9	**8:13**	-1.1	**8:28**	0.0	5:12	8:21	
15	Sat	**2:42**	10.8	**3:22**	10.1	**9:03**	-1.0	**9:24**	0.0	5:13	8:20	
16	Sun	**3:37**	10.4	**4:16**	10.2	**9:54**	-0.7	**10:24**	0.0	5:14	8:20	
17	Mon	**4:37**	9.9	**5:11**	10.3	**10:48**	-0.3	**11:25**	0.1	5:15	8:19	
18	Tue	**5:38**	9.4	**6:07**	10.2	**11:43**	0.2			5:16	8:18	
19	Wed	**6:42**	9.0	**7:06**	10.2	**12:29**	0.2	**12:41**	0.7	5:17	8:17	
20	Thu	**7:49**	8.6	**8:07**	10.1	**1:35**	0.2	**1:44**	1.0	5:18	8:16	
21	Fri	**8:53**	8.5	**9:06**	10.1	**2:41**	0.2	**2:46**	1.2	5:19	8:16	
22	Sat	**9:52**	8.5	**10:01**	10.1	**3:40**	0.1	**3:43**	1.3	5:20	8:15	
23	Sun	**10:46**	8.6	**10:52**	10.1	**4:34**	0.0	**4:35**	1.2	5:21	8:14	
24	Mon	**11:35**	8.6	**11:39**	10.1	**5:23**	0.0	**5:23**	1.2	5:22	8:13	
25	Tue			**12:20**	8.7	**6:08**	0.0	**6:08**	1.1	5:23	8:12	
26	Wed	**12:22**	10.1	**1:00**	8.8	**6:49**	0.0	**6:49**	1.1	5:24	8:11	
27	Thu	**1:03**	9.9	**1:38**	8.8	**7:26**	0.1	**7:29**	1.2	5:25	8:10	
28	Fri	**1:41**	9.7	**2:15**	8.9	**8:01**	0.3	**8:08**	1.2	5:26	8:09	
29	Sat	**2:19**	9.4	**2:51**	8.9	**8:35**	0.5	**8:49**	1.3	5:27	8:08	
30	Sun	**2:58**	9.1	**3:28**	8.9	**9:11**	0.8	**9:31**	1.4	5:28	8:06	
31	Mon	**3:40**	8.7	**4:07**	8.9	**9:48**	1.1	**10:15**	1.5	5:29	8:05	