
































Fore River, Portland, ME - Jul 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:33	9.1	4:14	8.6	9:54	0.8	10:10	1.8	5:03	8:26	
2	Sun	4:19	8.8	4:57	8.6	10:35	1.0	11:00	1.8	5:04	8:26	
3	Mon	5:08	8.4	5:41	8.7	11:17	1.3	11:50	1.8	5:04	8:26	
4	Tue	5:58	8.1	6:26	8.8			12:01	1.6	5:05	8:25	
5	Wed	6:52	7.8	7:13	8.9	12:43	1.7	12:48	1.8	5:05	8:25	
6	Thu	7:49	7.7	8:02	9.1	1:38	1.5	1:39	1.9	5:06	8:25	
7	Fri	8:45	7.8	8:52	9.4	2:33	1.2	2:31	1.8	5:07	8:24	
8	Sat	9:37	8.0	9:41	9.8	3:25	0.8	3:22	1.6	5:07	8:24	
9	Sun	10:27	8.2	10:29	10.2	4:14	0.4	4:11	1.3	5:08	8:24	
10	Mon	11:16	8.6	11:18	10.6	5:02	-0.1	5:01	1.0	5:09	8:23	
11	Tue			12:05	8.9	5:50	-0.5	5:51	0.6	5:10	8:23	
12	Wed	12:08	10.9	12:53	9.3	6:38	-0.8	6:42	0.3	5:11	8:22	
13	Thu	12:58	11.1	1:41	9.6	7:25	-1.0	7:34	0.1	5:11	8:21	
14	Fri	1:49	11.1	2:31	9.9	8:13	-1.1	8:28	0.0	5:12	8:21	
15	Sat	2:42	10.8	3:22	10.1	9:03	-1.0	9:24	0.0	5:13	8:20	
16	Sun	3:37	10.4	4:16	10.2	9:54	-0.7	10:24	0.0	5:14	8:20	
17	Mon	4:37	9.9	5:11	10.3	10:48	-0.3	11:25	0.1	5:15	8:19	
18	Tue	5:38	9.4	6:07	10.2	11:43	0.2			5:16	8:18	
19	Wed	6:42	9.0	7:06	10.2	12:29	0.2	12:41	0.7	5:17	8:17	
20	Thu	7:49	8.6	8:07	10.1	1:35	0.2	1:44	1.0	5:18	8:16	
21	Fri	8:53	8.5	9:06	10.1	2:41	0.2	2:46	1.2	5:19	8:16	
22	Sat	9:52	8.5	10:01	10.1	3:40	0.1	3:43	1.3	5:20	8:15	
23	Sun	10:46	8.6	10:52	10.1	4:34	0.0	4:35	1.2	5:21	8:14	
24	Mon	11:35	8.6	11:39	10.1	5:23	0.0	5:23	1.2	5:22	8:13	
25	Tue			12:20	8.7	6:08	0.0	6:08	1.1	5:23	8:12	
26	Wed	12:22	10.1	1:00	8.8	6:49	0.0	6:49	1.1	5:24	8:11	
27	Thu	1:03	9.9	1:38	8.8	7:26	0.1	7:29	1.2	5:25	8:10	
28	Fri	1:41	9.7	2:15	8.9	8:01	0.3	8:08	1.2	5:26	8:09	
29	Sat	2:19	9.4	2:51	8.9	8:35	0.5	8:49	1.3	5:27	8:08	
30	Sun	2:58	9.1	3:28	8.9	9:11	0.8	9:31	1.4	5:28	8:06	
31	Mon	3:40	8.7	4:07	8.9	9:48	1.1	10:15	1.5	5:29	8:05	