US HARBORS www.USHarbors.com

Fore River, Portland, ME - Jan 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**8:44**	10.4	**9:29**	8.9	**2:25**	0.6	**3:15**	-0.7	7:14	4:14	
2	Tue	**9:37**	10.5	**10:23**	9.0	**3:20**	0.5	**4:08**	-0.8	7:14	4:15	
3	Wed	**10:29**	10.6	**11:12**	9.0	**4:12**	0.5	**4:58**	-0.9	7:14	4:16	
4	Thu	**11:18**	10.5	**11:59**	9.0	**5:01**	0.5	**5:45**	-0.7	7:14	4:17	
5	Fri			**12:03**	10.3	**5:49**	0.6	**6:29**	-0.5	7:14	4:18	
6	Sat	**12:43**	8.9	**12:47**	10.0	**6:34**	0.7	**7:11**	-0.2	7:14	4:19	
7	Sun	**1:25**	8.8	**1:30**	9.6	**7:18**	0.9	**7:52**	0.1	7:14	4:20	
8	Mon	**2:07**	8.7	**2:15**	9.1	**8:04**	1.1	**8:33**	0.5	7:14	4:21	
9	Tue	**2:51**	8.6	**3:02**	8.6	**8:52**	1.3	**9:15**	0.9	7:13	4:22	
10	Wed	**3:35**	8.5	**3:52**	8.1	**9:42**	1.5	**9:58**	1.3	7:13	4:23	
11	Thu	**4:21**	8.5	**4:45**	7.7	**10:34**	1.6	**10:45**	1.6	7:13	4:24	
12	Fri	**5:09**	8.4	**5:42**	7.5	**11:30**	1.6	**11:35**	1.9	7:12	4:26	
13	Sat	**6:00**	8.5	**6:42**	7.4			**12:28**	1.5	7:12	4:27	
14	Sun	**6:53**	8.6	**7:40**	7.4	**12:29**	2.0	**1:27**	1.3	7:12	4:28	
15	Mon	**7:46**	8.9	**8:32**	7.7	**1:25**	1.9	**2:19**	0.9	7:11	4:29	
16	Tue	**8:35**	9.3	**9:20**	8.0	**2:16**	1.7	**3:06**	0.4	7:10	4:30	
17	Wed	**9:21**	9.7	**10:04**	8.3	**3:03**	1.3	**3:51**	0.0	7:10	4:32	
18	Thu	**10:06**	10.2	**10:48**	8.7	**3:49**	0.9	**4:34**	-0.5	7:09	4:33	
19	Fri	**10:51**	10.6	**11:31**	9.1	**4:34**	0.4	**5:16**	-0.9	7:09	4:34	
20	Sat	**11:36**	10.8			**5:20**	0.0	**5:59**	-1.2	7:08	4:35	
21	Sun	**12:13**	9.5	**12:22**	10.9	**6:08**	-0.3	**6:42**	-1.3	7:07	4:37	
22	Mon	**12:57**	9.8	**1:09**	10.7	**6:56**	-0.5	**7:27**	-1.2	7:07	4:38	
23	Tue	**1:43**	10.1	**2:00**	10.3	**7:48**	-0.5	**8:15**	-0.9	7:06	4:39	
24	Wed	**2:32**	10.1	**2:55**	9.8	**8:43**	-0.4	**9:05**	-0.5	7:05	4:41	
25	Thu	**3:25**	10.1	**3:55**	9.2	**9:42**	-0.3	**10:00**	0.0	7:04	4:42	
26	Fri	**4:22**	10.0	**4:59**	8.7	**10:45**	-0.1	**10:59**	0.6	7:03	4:43	
27	Sat	**5:23**	9.8	**6:09**	8.3	**11:52**	0.1			7:02	4:44	
28	Sun	**6:28**	9.7	**7:20**	8.2	**12:04**	1.0	**1:03**	0.1	7:01	4:46	
29	Mon	**7:35**	9.7	**8:25**	8.3	**1:12**	1.1	**2:10**	0.0	7:00	4:47	
30	Tue	**8:36**	9.8	**9:22**	8.5	**2:17**	1.0	**3:09**	-0.2	6:59	4:49	
31	Wed	**9:31**	10.0	**10:13**	8.7	**3:13**	0.9	**4:00**	-0.4	6:58	4:50	