

































Fore River, Portland, ME - Jan 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:44	10.4	9:29	8.9	2:25	0.6	3:15	-0.7	7:14	4:14	
2	Tue	9:37	10.5	10:23	9.0	3:20	0.5	4:08	-0.8	7:14	4:15	
3	Wed	10:29	10.6	11:12	9.0	4:12	0.5	4:58	-0.9	7:14	4:16	
4	Thu	11:18	10.5	11:59	9.0	5:01	0.5	5:45	-0.7	7:14	4:17	
5	Fri			12:03	10.3	5:49	0.6	6:29	-0.5	7:14	4:18	
6	Sat	12:43	8.9	12:47	10.0	6:34	0.7	7:11	-0.2	7:14	4:19	
7	Sun	1:25	8.8	1:30	9.6	7:18	0.9	7:52	0.1	7:14	4:20	
8	Mon	2:07	8.7	2:15	9.1	8:04	1.1	8:33	0.5	7:14	4:21	
9	Tue	2:51	8.6	3:02	8.6	8:52	1.3	9:15	0.9	7:13	4:22	
10	Wed	3:35	8.5	3:52	8.1	9:42	1.5	9:58	1.3	7:13	4:23	
11	Thu	4:21	8.5	4:45	7.7	10:34	1.6	10:45	1.6	7:13	4:24	
12	Fri	5:09	8.4	5:42	7.5	11:30	1.6	11:35	1.9	7:12	4:26	
13	Sat	6:00	8.5	6:42	7.4			12:28	1.5	7:12	4:27	
14	Sun	6:53	8.6	7:40	7.4	12:29	2.0	1:27	1.3	7:12	4:28	
15	Mon	7:46	8.9	8:32	7.7	1:25	1.9	2:19	0.9	7:11	4:29	
16	Tue	8:35	9.3	9:20	8.0	2:16	1.7	3:06	0.4	7:10	4:30	
17	Wed	9:21	9.7	10:04	8.3	3:03	1.3	3:51	0.0	7:10	4:32	
18	Thu	10:06	10.2	10:48	8.7	3:49	0.9	4:34	-0.5	7:09	4:33	
19	Fri	10:51	10.6	11:31	9.1	4:34	0.4	5:16	-0.9	7:09	4:34	
20	Sat	11:36	10.8			5:20	0.0	5:59	-1.2	7:08	4:35	
21	Sun	12:13	9.5	12:22	10.9	6:08	-0.3	6:42	-1.3	7:07	4:37	
22	Mon	12:57	9.8	1:09	10.7	6:56	-0.5	7:27	-1.2	7:07	4:38	
23	Tue	1:43	10.1	2:00	10.3	7:48	-0.5	8:15	-0.9	7:06	4:39	
24	Wed	2:32	10.1	2:55	9.8	8:43	-0.4	9:05	-0.5	7:05	4:41	
25	Thu	3:25	10.1	3:55	9.2	9:42	-0.3	10:00	0.0	7:04	4:42	
26	Fri	4:22	10.0	4:59	8.7	10:45	-0.1	10:59	0.6	7:03	4:43	
27	Sat	5:23	9.8	6:09	8.3	11:52	0.1			7:02	4:44	
28	Sun	6:28	9.7	7:20	8.2	12:04	1.0	1:03	0.1	7:01	4:46	
29	Mon	7:35	9.7	8:25	8.3	1:12	1.1	2:10	0.0	7:00	4:47	
30	Tue	8:36	9.8	9:22	8.5	2:17	1.0	3:09	-0.2	6:59	4:49	
31	Wed	9:31	10.0	10:13	8.7	3:13	0.9	4:00	-0.4	6:58	4:50	