US HARBORS www.USHarbors.com

Fore River, Portland, ME - Mar 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**9:20**	9.6	**9:56**	8.7	**3:05**	1.0	**3:45**	0.0	6:17	5:29	
2	Fri	**10:07**	9.7	**10:38**	9.0	**3:54**	0.7	**4:28**	-0.1	6:16	5:30	
3	Sat	**10:50**	9.7	**11:16**	9.2	**4:37**	0.5	**5:05**	-0.1	6:14	5:31	
4	Sun	**11:28**	9.6	**11:50**	9.3	**5:17**	0.3	**5:39**	0.0	6:12	5:33	
5	Mon			**12:04**	9.4	**5:53**	0.3	**6:11**	0.2	6:11	5:34	
6	Tue	**12:22**	9.3	**12:39**	9.2	**6:28**	0.3	**6:41**	0.5	6:09	5:35	
7	Wed	**12:53**	9.3	**1:14**	8.8	**7:03**	0.4	**7:13**	0.8	6:07	5:36	
8	Thu	**1:25**	9.2	**1:51**	8.5	**7:39**	0.5	**7:48**	1.1	6:05	5:38	
9	Fri	**1:59**	9.0	**2:31**	8.1	**8:18**	0.7	**8:26**	1.5	6:04	5:39	
10	Sat	**2:38**	8.8	**3:17**	7.7	**9:03**	1.0	**9:10**	1.8	6:02	5:40	
11	Sun	**4:24**	8.6	**5:09**	7.4	**10:53**	1.2	**11:00**	2.0	7:00	6:41	
12	Mon	**5:17**	8.5	**6:07**	7.3	**11:49**	1.4	**11:57**	2.1	6:58	6:43	
13	Tue	**6:17**	8.6	**7:11**	7.3			**12:51**	1.3	6:57	6:44	
14	Wed	**7:22**	8.8	**8:15**	7.7	**12:59**	2.0	**1:56**	1.0	6:55	6:45	
15	Thu	**8:25**	9.2	**9:11**	8.3	**2:04**	1.6	**2:55**	0.5	6:53	6:46	
16	Fri	**9:23**	9.8	**10:00**	9.1	**3:05**	0.9	**3:46**	-0.2	6:51	6:48	
17	Sat	**10:15**	10.4	**10:47**	9.9	**3:59**	0.1	**4:33**	-0.8	6:49	6:49	
18	Sun	**11:06**	10.8	**11:33**	10.6	**4:50**	-0.7	**5:19**	-1.2	6:48	6:50	
19	Mon	**11:56**	11.0			**5:41**	-1.3	**6:05**	-1.4	6:46	6:51	
20	Tue	**12:19**	11.1	**12:46**	11.0	**6:31**	-1.8	**6:51**	-1.4	6:44	6:52	
21	Wed	**1:05**	11.4	**1:36**	10.7	**7:21**	-1.9	**7:38**	-1.1	6:42	6:54	
22	Thu	**1:52**	11.4	**2:28**	10.3	**8:12**	-1.8	**8:27**	-0.6	6:40	6:55	
23	Fri	**2:42**	11.1	**3:23**	9.6	**9:06**	-1.3	**9:20**	0.0	6:39	6:56	
24	Sat	**3:37**	10.5	**4:25**	9.0	**10:06**	-0.7	**10:19**	0.7	6:37	6:57	
25	Sun	**4:38**	9.9	**5:31**	8.5	**11:10**	-0.1	**11:24**	1.3	6:35	6:58	
26	Mon	**5:46**	9.4	**6:41**	8.1			**12:20**	0.4	6:33	7:00	
27	Tue	**6:57**	9.1	**7:50**	8.1	**12:35**	1.6	**1:31**	0.7	6:31	7:01	
28	Wed	**8:07**	9.0	**8:53**	8.3	**1:48**	1.6	**2:37**	0.7	6:30	7:02	
29	Thu	**9:08**	9.1	**9:45**	8.6	**2:54**	1.4	**3:33**	0.6	6:28	7:03	
30	Fri	**10:01**	9.2	**10:30**	8.9	**3:49**	1.1	**4:19**	0.4	6:26	7:04	
31	Sat	**10:46**	9.3	**11:09**	9.2	**4:35**	0.7	**4:59**	0.4	6:24	7:06	