

































Fore River, Portland, ME - Mar 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:20	9.6	9:56	8.7	3:05	1.0	3:45	0.0	6:17	5:29	
2	Fri	10:07	9.7	10:38	9.0	3:54	0.7	4:28	-0.1	6:16	5:30	
3	Sat	10:50	9.7	11:16	9.2	4:37	0.5	5:05	-0.1	6:14	5:31	
4	Sun	11:28	9.6	11:50	9.3	5:17	0.3	5:39	0.0	6:12	5:33	
5	Mon			12:04	9.4	5:53	0.3	6:11	0.2	6:11	5:34	
6	Tue	12:22	9.3	12:39	9.2	6:28	0.3	6:41	0.5	6:09	5:35	
7	Wed	12:53	9.3	1:14	8.8	7:03	0.4	7:13	0.8	6:07	5:36	
8	Thu	1:25	9.2	1:51	8.5	7:39	0.5	7:48	1.1	6:05	5:38	
9	Fri	1:59	9.0	2:31	8.1	8:18	0.7	8:26	1.5	6:04	5:39	
10	Sat	2:38	8.8	3:17	7.7	9:03	1.0	9:10	1.8	6:02	5:40	
11	Sun	4:24	8.6	5:09	7.4	10:53	1.2	11:00	2.0	7:00	6:41	
12	Mon	5:17	8.5	6:07	7.3	11:49	1.4	11:57	2.1	6:58	6:43	
13	Tue	6:17	8.6	7:11	7.3			12:51	1.3	6:57	6:44	
14	Wed	7:22	8.8	8:15	7.7	12:59	2.0	1:56	1.0	6:55	6:45	
15	Thu	8:25	9.2	9:11	8.3	2:04	1.6	2:55	0.5	6:53	6:46	
16	Fri	9:23	9.8	10:00	9.1	3:05	0.9	3:46	-0.2	6:51	6:48	
17	Sat	10:15	10.4	10:47	9.9	3:59	0.1	4:33	-0.8	6:49	6:49	
18	Sun	11:06	10.8	11:33	10.6	4:50	-0.7	5:19	-1.2	6:48	6:50	
19	Mon	11:56	11.0			5:41	-1.3	6:05	-1.4	6:46	6:51	
20	Tue	12:19	11.1	12:46	11.0	6:31	-1.8	6:51	-1.4	6:44	6:52	
21	Wed	1:05	11.4	1:36	10.7	7:21	-1.9	7:38	-1.1	6:42	6:54	
22	Thu	1:52	11.4	2:28	10.3	8:12	-1.8	8:27	-0.6	6:40	6:55	
23	Fri	2:42	11.1	3:23	9.6	9:06	-1.3	9:20	0.0	6:39	6:56	
24	Sat	3:37	10.5	4:25	9.0	10:06	-0.7	10:19	0.7	6:37	6:57	
25	Sun	4:38	9.9	5:31	8.5	11:10	-0.1	11:24	1.3	6:35	6:58	
26	Mon	5:46	9.4	6:41	8.1			12:20	0.4	6:33	7:00	
27	Tue	6:57	9.1	7:50	8.1	12:35	1.6	1:31	0.7	6:31	7:01	
28	Wed	8:07	9.0	8:53	8.3	1:48	1.6	2:37	0.7	6:30	7:02	
29	Thu	9:08	9.1	9:45	8.6	2:54	1.4	3:33	0.6	6:28	7:03	
30	Fri	10:01	9.2	10:30	8.9	3:49	1.1	4:19	0.4	6:26	7:04	
31	Sat	10:46	9.3	11:09	9.2	4:35	0.7	4:59	0.4	6:24	7:06	