US HARBORS www.USHarbors.com

Fore River, Portland, ME - Jul 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**12:00**	10.0	**12:45**	8.5	**6:29**	0.1	**6:26**	1.3	5:03	8:26	
2	Mon	**12:41**	10.2	**1:25**	8.7	**7:08**	-0.1	**7:09**	1.1	5:03	8:26	
3	Tue	**1:23**	10.3	**2:05**	9.0	**7:49**	-0.3	**7:54**	0.9	5:04	8:26	
4	Wed	**2:06**	10.3	**2:48**	9.2	**8:30**	-0.4	**8:42**	0.7	5:05	8:25	
5	Thu	**2:53**	10.2	**3:33**	9.5	**9:15**	-0.4	**9:34**	0.6	5:05	8:25	
6	Fri	**3:44**	10.0	**4:22**	9.8	**10:02**	-0.3	**10:29**	0.5	5:06	8:25	
7	Sat	**4:39**	9.6	**5:14**	10.0	**10:52**	-0.1	**11:28**	0.4	5:07	8:25	
8	Sun	**5:38**	9.3	**6:08**	10.2	**11:45**	0.2			5:07	8:24	
9	Mon	**6:40**	9.0	**7:05**	10.3	**12:29**	0.2	**12:42**	0.5	5:08	8:24	
10	Tue	**7:47**	8.8	**8:06**	10.5	**1:34**	0.1	**1:43**	0.7	5:09	8:23	
11	Wed	**8:53**	8.8	**9:07**	10.6	**2:39**	-0.2	**2:45**	0.8	5:10	8:23	
12	Thu	**9:54**	8.9	**10:05**	10.8	**3:41**	-0.4	**3:45**	0.7	5:10	8:22	
13	Fri	**10:52**	9.0	**11:00**	10.9	**4:38**	-0.6	**4:41**	0.6	5:11	8:22	
14	Sat	**11:46**	9.1	**11:53**	10.8	**5:32**	-0.7	**5:35**	0.6	5:12	8:21	
15	Sun			**12:37**	9.2	**6:23**	-0.7	**6:27**	0.6	5:13	8:20	
16	Mon	**12:44**	10.7	**1:25**	9.3	**7:10**	-0.6	**7:16**	0.6	5:14	8:20	
17	Tue	**1:31**	10.4	**2:10**	9.3	**7:55**	-0.4	**8:04**	0.8	5:15	8:19	
18	Wed	**2:17**	10.1	**2:53**	9.2	**8:37**	-0.1	**8:51**	1.0	5:16	8:18	
19	Thu	**3:02**	9.6	**3:37**	9.1	**9:19**	0.3	**9:40**	1.2	5:16	8:17	
20	Fri	**3:49**	9.0	**4:21**	9.0	**10:02**	0.8	**10:29**	1.4	5:17	8:17	
21	Sat	**4:38**	8.5	**5:06**	8.9	**10:45**	1.2	**11:21**	1.5	5:18	8:16	
22	Sun	**5:30**	8.1	**5:52**	8.8	**11:29**	1.6			5:19	8:15	
23	Mon	**6:24**	7.8	**6:42**	8.8	**12:14**	1.7	**12:17**	2.0	5:20	8:14	
24	Tue	**7:21**	7.5	**7:34**	8.8	**1:11**	1.7	**1:10**	2.2	5:21	8:13	
25	Wed	**8:20**	7.5	**8:28**	9.0	**2:09**	1.6	**2:05**	2.2	5:22	8:12	
26	Thu	**9:15**	7.6	**9:19**	9.2	**3:04**	1.3	**2:58**	2.1	5:23	8:11	
27	Fri	**10:05**	7.8	**10:06**	9.6	**3:53**	1.0	**3:47**	1.8	5:24	8:10	
28	Sat	**10:50**	8.1	**10:51**	9.9	**4:38**	0.6	**4:33**	1.5	5:25	8:09	
29	Sun	**11:33**	8.5	**11:35**	10.3	**5:20**	0.2	**5:17**	1.1	5:26	8:08	
30	Mon			**12:15**	8.9	**6:01**	-0.2	**6:02**	0.7	5:28	8:07	
31	Tue	**12:18**	10.5	**12:56**	9.3	**6:41**	-0.5	**6:48**	0.3	5:29	8:06	