

































Fore River, Portland, ME - Aug 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:02	10.7	1:37	9.7	7:22	-0.7	7:35	0.1	5:30	8:04	
2	Thu	1:47	10.6	2:20	10.1	8:05	-0.8	8:23	-0.1	5:31	8:03	
3	Fri	2:35	10.4	3:06	10.3	8:49	-0.7	9:15	-0.2	5:32	8:02	
4	Sat	3:26	10.1	3:55	10.4	9:37	-0.4	10:11	-0.2	5:33	8:01	
5	Sun	4:23	9.6	4:49	10.4	10:28	0.0	11:10	0.0	5:34	7:59	
6	Mon	5:23	9.1	5:46	10.3	11:24	0.4			5:35	7:58	
7	Tue	6:28	8.7	6:48	10.1	12:13	0.1	12:24	0.8	5:36	7:57	
8	Wed	7:37	8.5	7:55	10.1	1:21	0.2	1:30	1.1	5:37	7:55	
9	Thu	8:45	8.5	8:59	10.2	2:30	0.2	2:37	1.1	5:38	7:54	
10	Fri	9:47	8.6	9:58	10.3	3:33	0.0	3:38	1.0	5:40	7:53	
11	Sat	10:42	8.8	10:52	10.4	4:30	-0.2	4:34	0.8	5:41	7:51	
12	Sun	11:32	9.1	11:42	10.4	5:20	-0.3	5:25	0.6	5:42	7:50	
13	Mon			12:18	9.2	6:06	-0.3	6:12	0.5	5:43	7:48	
14	Tue	12:28	10.3	1:00	9.3	6:48	-0.2	6:57	0.5	5:44	7:47	
15	Wed	1:10	10.1	1:39	9.4	7:26	0.0	7:39	0.6	5:45	7:45	
16	Thu	1:51	9.7	2:16	9.4	8:03	0.3	8:20	0.7	5:46	7:44	
17	Fri	2:31	9.3	2:53	9.3	8:39	0.6	9:02	0.9	5:47	7:42	
18	Sat	3:13	8.8	3:32	9.1	9:16	1.1	9:47	1.2	5:48	7:41	
19	Sun	3:58	8.4	4:15	8.9	9:57	1.5	10:34	1.4	5:50	7:39	
20	Mon	4:47	7.9	5:01	8.8	10:41	1.8	11:25	1.6	5:51	7:37	
21	Tue	5:39	7.6	5:52	8.6	11:30	2.1			5:52	7:36	
22	Wed	6:36	7.4	6:47	8.6	12:21	1.7	12:23	2.3	5:53	7:34	
23	Thu	7:38	7.4	7:46	8.8	1:21	1.7	1:21	2.3	5:54	7:33	
24	Fri	8:36	7.6	8:43	9.2	2:22	1.5	2:20	2.1	5:55	7:31	
25	Sat	9:28	7.9	9:34	9.6	3:16	1.0	3:14	1.6	5:56	7:29	
26	Sun	10:15	8.4	10:22	10.1	4:02	0.5	4:04	1.1	5:57	7:28	
27	Mon	10:58	9.0	11:08	10.5	4:46	0.0	4:51	0.5	5:59	7:26	
28	Tue	11:41	9.6	11:54	10.8	5:28	-0.5	5:38	-0.1	6:00	7:24	
29	Wed			12:24	10.2	6:10	-0.8	6:26	-0.5	6:01	7:22	
30	Thu	12:40	10.9	1:07	10.6	6:53	-1.0	7:14	-0.9	6:02	7:21	
31	Fri	1:27	10.8	1:51	10.9	7:37	-0.9	8:04	-1.0	6:03	7:19	