US HARBORS www.USHarbors.com

Fore River, Portland, ME - Mar 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**5:30**	8.3	**6:24**	7.2			**12:05**	1.6	6:16	5:30	
2	Sun	**6:33**	8.3	**7:25**	7.3	**12:09**	2.3	**1:09**	1.5	6:14	5:31	
3	Mon	**7:32**	8.6	**8:17**	7.7	**1:11**	2.1	**2:04**	1.1	6:13	5:32	
4	Tue	**8:24**	9.1	**9:03**	8.2	**2:06**	1.6	**2:50**	0.6	6:11	5:34	
5	Wed	**9:10**	9.5	**9:43**	8.8	**2:54**	1.1	**3:30**	0.1	6:09	5:35	
6	Thu	**9:53**	9.9	**10:22**	9.4	**3:38**	0.5	**4:09**	-0.3	6:07	5:36	
7	Fri	**10:36**	10.3	**11:01**	10.0	**4:21**	-0.2	**4:47**	-0.7	6:06	5:37	
8	Sat	**11:18**	10.4	**11:40**	10.4	**5:05**	-0.7	**5:27**	-0.9	6:04	5:39	
9	Sun			**1:02**	10.4	**6:49**	-1.1	**7:08**	-0.9	7:02	6:40	
10	Mon	**1:20**	10.8	**1:47**	10.2	**7:35**	-1.3	**7:51**	-0.8	7:00	6:41	
11	Tue	**2:04**	10.8	**2:36**	9.9	**8:23**	-1.2	**8:37**	-0.4	6:59	6:42	
12	Wed	**2:51**	10.7	**3:29**	9.4	**9:15**	-1.0	**9:29**	0.1	6:57	6:44	
13	Thu	**3:45**	10.4	**4:30**	8.8	**10:13**	-0.5	**10:27**	0.6	6:55	6:45	
14	Fri	**4:46**	10.0	**5:37**	8.4	**11:17**	-0.1	**11:31**	1.1	6:53	6:46	
15	Sat	**5:54**	9.6	**6:49**	8.2			**12:28**	0.3	6:52	6:47	
16	Sun	**7:07**	9.4	**8:02**	8.3	**12:43**	1.3	**1:42**	0.4	6:50	6:48	
17	Mon	**8:20**	9.5	**9:07**	8.6	**1:58**	1.2	**2:50**	0.2	6:48	6:50	
18	Tue	**9:23**	9.7	**10:02**	9.0	**3:06**	0.9	**3:48**	0.0	6:46	6:51	
19	Wed	**10:18**	9.8	**10:50**	9.4	**4:03**	0.5	**4:37**	-0.2	6:44	6:52	
20	Thu	**11:07**	9.9	**11:32**	9.7	**4:54**	0.1	**5:20**	-0.3	6:43	6:53	
21	Fri	**11:52**	9.9			**5:39**	-0.2	**6:00**	-0.2	6:41	6:55	
22	Sat	**12:11**	9.9	**12:33**	9.7	**6:21**	-0.3	**6:36**	0.0	6:39	6:56	
23	Sun	**12:48**	9.9	**1:12**	9.4	**7:00**	-0.3	**7:11**	0.3	6:37	6:57	
24	Mon	**1:22**	9.8	**1:50**	9.1	**7:37**	-0.2	**7:46**	0.7	6:35	6:58	
25	Tue	**1:56**	9.6	**2:28**	8.7	**8:15**	0.1	**8:21**	1.1	6:34	6:59	
26	Wed	**2:32**	9.4	**3:08**	8.3	**8:54**	0.4	**9:00**	1.5	6:32	7:01	
27	Thu	**3:11**	9.1	**3:53**	7.9	**9:36**	0.8	**9:43**	1.8	6:30	7:02	
28	Fri	**3:56**	8.8	**4:43**	7.6	**10:24**	1.1	**10:31**	2.1	6:28	7:03	
29	Sat	**4:47**	8.5	**5:38**	7.4	**11:17**	1.4	**11:25**	2.3	6:26	7:04	
30	Sun	**5:44**	8.4	**6:37**	7.4			**12:14**	1.5	6:25	7:05	
31	Mon	**6:44**	8.4	**7:36**	7.6	**12:24**	2.3	**1:14**	1.4	6:23	7:07	