


































Fore River, Portland, ME - Mar 2008

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 5:30 | 8.3 | 6:24 | 7.2 | | | 12:05 | 1.6 | 6:16 | 5:30 |  |
| 2 | Sun | 6:33 | 8.3 | 7:25 | 7.3 | 12:09 | 2.3 | 1:09 | 1.5 | 6:14 | 5:31 |  |
| 3 | Mon | 7:32 | 8.6 | 8:17 | 7.7 | 1:11 | 2.1 | 2:04 | 1.1 | 6:13 | 5:32 |  |
| 4 | Tue | 8:24 | 9.1 | 9:03 | 8.2 | 2:06 | 1.6 | 2:50 | 0.6 | 6:11 | 5:34 |  |
| 5 | Wed | 9:10 | 9.5 | 9:43 | 8.8 | 2:54 | 1.1 | 3:30 | 0.1 | 6:09 | 5:35 |  |
| 6 | Thu | 9:53 | 9.9 | 10:22 | 9.4 | 3:38 | 0.5 | 4:09 | -0.3 | 6:07 | 5:36 |  |
| 7 | Fri | 10:36 | 10.3 | 11:01 | 10.0 | 4:21 | -0.2 | 4:47 | -0.7 | 6:06 | 5:37 |  |
| 8 | Sat | 11:18 | 10.4 | 11:40 | 10.4 | 5:05 | -0.7 | 5:27 | -0.9 | 6:04 | 5:39 |  |
| 9 | Sun | | | 1:02 | 10.4 | 6:49 | -1.1 | 7:08 | -0.9 | 7:02 | 6:40 |  |
| 10 | Mon | 1:20 | 10.8 | 1:47 | 10.2 | 7:35 | -1.3 | 7:51 | -0.8 | 7:00 | 6:41 |  |
| 11 | Tue | 2:04 | 10.8 | 2:36 | 9.9 | 8:23 | -1.2 | 8:37 | -0.4 | 6:59 | 6:42 |  |
| 12 | Wed | 2:51 | 10.7 | 3:29 | 9.4 | 9:15 | -1.0 | 9:29 | 0.1 | 6:57 | 6:44 |  |
| 13 | Thu | 3:45 | 10.4 | 4:30 | 8.8 | 10:13 | -0.5 | 10:27 | 0.6 | 6:55 | 6:45 |  |
| 14 | Fri | 4:46 | 10.0 | 5:37 | 8.4 | 11:17 | -0.1 | 11:31 | 1.1 | 6:53 | 6:46 |  |
| 15 | Sat | 5:54 | 9.6 | 6:49 | 8.2 | | | 12:28 | 0.3 | 6:52 | 6:47 |  |
| 16 | Sun | 7:07 | 9.4 | 8:02 | 8.3 | 12:43 | 1.3 | 1:42 | 0.4 | 6:50 | 6:48 |  |
| 17 | Mon | 8:20 | 9.5 | 9:07 | 8.6 | 1:58 | 1.2 | 2:50 | 0.2 | 6:48 | 6:50 |  |
| 18 | Tue | 9:23 | 9.7 | 10:02 | 9.0 | 3:06 | 0.9 | 3:48 | 0.0 | 6:46 | 6:51 |  |
| 19 | Wed | 10:18 | 9.8 | 10:50 | 9.4 | 4:03 | 0.5 | 4:37 | -0.2 | 6:44 | 6:52 |  |
| 20 | Thu | 11:07 | 9.9 | 11:32 | 9.7 | 4:54 | 0.1 | 5:20 | -0.3 | 6:43 | 6:53 |  |
| 21 | Fri | 11:52 | 9.9 | | | 5:39 | -0.2 | 6:00 | -0.2 | 6:41 | 6:55 |  |
| 22 | Sat | 12:11 | 9.9 | 12:33 | 9.7 | 6:21 | -0.3 | 6:36 | 0.0 | 6:39 | 6:56 |  |
| 23 | Sun | 12:48 | 9.9 | 1:12 | 9.4 | 7:00 | -0.3 | 7:11 | 0.3 | 6:37 | 6:57 |  |
| 24 | Mon | 1:22 | 9.8 | 1:50 | 9.1 | 7:37 | -0.2 | 7:46 | 0.7 | 6:35 | 6:58 |  |
| 25 | Tue | 1:56 | 9.6 | 2:28 | 8.7 | 8:15 | 0.1 | 8:21 | 1.1 | 6:34 | 6:59 |  |
| 26 | Wed | 2:32 | 9.4 | 3:08 | 8.3 | 8:54 | 0.4 | 9:00 | 1.5 | 6:32 | 7:01 |  |
| 27 | Thu | 3:11 | 9.1 | 3:53 | 7.9 | 9:36 | 0.8 | 9:43 | 1.8 | 6:30 | 7:02 |  |
| 28 | Fri | 3:56 | 8.8 | 4:43 | 7.6 | 10:24 | 1.1 | 10:31 | 2.1 | 6:28 | 7:03 |  |
| 29 | Sat | 4:47 | 8.5 | 5:38 | 7.4 | 11:17 | 1.4 | 11:25 | 2.3 | 6:26 | 7:04 |  |
| 30 | Sun | 5:44 | 8.4 | 6:37 | 7.4 | | | 12:14 | 1.5 | 6:25 | 7:05 |  |
| 31 | Mon | 6:44 | 8.4 | 7:36 | 7.6 | 12:24 | 2.3 | 1:14 | 1.4 | 6:23 | 7:07 |  |