US HARBORS www.USHarbors.com

Fore River, Portland, ME - Dec 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:08	8.3	1:02	9.4	6:50	1.6	7:32	0.5	6:55	4:05	
2	Tue	1:44	8.2	1:44	9.2	7:32	1.7	8:08	0.7	6:56	4:05	
3	Wed	2:26	8.1	2:26	9.0	8:14	1.8	8:50	0.8	6:57	4:05	
4	Thu	3:14	8.1	3:14	8.8	9:02	1.8	9:38	0.9	6:58	4:04	
5	Fri	3:56	8.3	4:08	8.6	9:56	1.7	10:20	0.9	6:59	4:04	
6	Sat	4:44	8.6	5:02	8.5	10:50	1.5	11:14	0.9	7:00	4:04	
7	Sun	5:32	9.0	5:56	8.6	11:44	1.1			7:01	4:04	
8	Mon	6:26	9.4	6:56	8.7	12:02	0.8	12:44	0.6	7:02	4:04	
9	Tue	7:14	10.0	7:56	8.9	12:56	0.7	1:44	-0.1	7:03	4:04	
10	Wed	8:08	10.6	8:50	9.2	1:50	0.4	2:38	-0.7	7:04	4:04	
11	Thu	9:02	11.1	9:44	9.5	2:44	0.1	3:32	-1.2	7:04	4:04	
12	Fri	9:56	11.4	10:38	9.7	3:38	-0.2	4:26	-1.6	7:05	4:04	
13	Sat	10:50	11.6	11:32	9.8	4:32	-0.4	5:20	-1.8	7:06	4:04	
14	Sun	11:44	11.6			5:26	-0.4	6:08	-1.7	7:07	4:04	
15	Mon	12:26	9.8	12:38	11.4	6:20	-0.4	7:02	-1.5	7:08	4:05	
16	Tue	1:20	9.8	1:32	11.0	7:14	-0.2	8:02	-1.1	7:08	4:05	
17	Wed	2:20	9.6	2:32	10.4	8:14	0.1	8:56	-0.7	7:09	4:05	
18	Thu	3:14	9.5	3:32	9.7	9:20	0.4	9:56	-0.1	7:09	4:06	
19	Fri	4:14	9.4	4:38	9.1	10:26	0.7	10:50	0.4	7:10	4:06	
20	Sat	5:14	9.3	5:44	8.7	11:32	0.8	11:50	0.9	7:11	4:06	
21	Sun	6:14	9.3	6:44	8.3			12:38	0.8	7:11	4:07	
22	Mon	7:08	9.3	7:44	8.2	12:50	1.2	1:38	0.6	7:12	4:07	
23	Tue	8:02	9.4	8:38	8.2	1:44	1.4	2:32	0.5	7:12	4:08	
24	Wed	8:50	9.4	9:32	8.2	2:32	1.5	3:20	0.3	7:12	4:09	
25	Thu	9:32	9.5	10:14	8.3	3:20	1.5	4:02	0.2	7:13	4:09	
26	Fri	10:14	9.6	10:56	8.3	4:02	1.4	4:44	0.1	7:13	4:10	
27	Sat	10:50	9.6	11:32	8.4	4:38	1.3	5:20	0.1	7:13	4:11	
28	Sun	11:32	9.7			5:14	1.3	5:56	0.1	7:14	4:11	
29	Mon	12:08	8.4	12:08	9.6	5:50	1.3	6:32	0.1	7:14	4:12	
30	Tue	12:44	8.4	12:44	9.5	6:32	1.2	7:02	0.1	7:14	4:13	
31	Wed	1:20	8.5	1:20	9.4	7:08	1.2	7:32	0.2	7:14	4:14	