US HARBORS www.USHarbors.com

Fore River, Portland, ME - May 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**4:31**	10.1	**5:23**	9.0	**11:00**	-0.2	**11:20**	1.0	5:32	7:43	
2	Sat	**5:38**	9.8	**6:28**	9.1			**12:04**	0.0	5:31	7:44	
3	Sun	**6:47**	9.5	**7:32**	9.4	**12:29**	1.0	**1:08**	0.2	5:30	7:45	
4	Mon	**7:55**	9.4	**8:31**	9.7	**1:40**	0.8	**2:10**	0.3	5:28	7:47	
5	Tue	**8:57**	9.4	**9:24**	10.0	**2:45**	0.4	**3:06**	0.3	5:27	7:48	
6	Wed	**9:53**	9.4	**10:12**	10.3	**3:42**	0.0	**3:57**	0.3	5:26	7:49	
7	Thu	**10:45**	9.4	**10:56**	10.4	**4:32**	-0.3	**4:42**	0.4	5:24	7:50	
8	Fri	**11:32**	9.3	**11:38**	10.4	**5:19**	-0.5	**5:26**	0.6	5:23	7:51	
9	Sat			**12:17**	9.2	**6:03**	-0.5	**6:07**	0.8	5:22	7:52	
10	Sun	**12:19**	10.3	**12:59**	9.0	**6:44**	-0.4	**6:47**	1.0	5:21	7:53	
11	Mon	**12:58**	10.1	**1:39**	8.8	**7:24**	-0.2	**7:26**	1.3	5:19	7:55	
12	Tue	**1:37**	9.9	**2:19**	8.6	**8:04**	0.1	**8:05**	1.5	5:18	7:56	
13	Wed	**2:16**	9.6	**3:02**	8.4	**8:44**	0.4	**8:47**	1.7	5:17	7:57	
14	Thu	**2:59**	9.3	**3:46**	8.2	**9:27**	0.7	**9:33**	1.9	5:16	7:58	
15	Fri	**3:45**	9.0	**4:34**	8.1	**10:12**	1.0	**10:22**	2.1	5:15	7:59	
16	Sat	**4:34**	8.8	**5:22**	8.1	**10:58**	1.1	**11:15**	2.1	5:14	8:00	
17	Sun	**5:26**	8.6	**6:10**	8.3	**11:45**	1.2			5:13	8:01	
18	Mon	**6:19**	8.4	**6:59**	8.6	**12:08**	2.0	**12:34**	1.3	5:12	8:02	
19	Tue	**7:15**	8.4	**7:47**	9.0	**1:04**	1.7	**1:23**	1.3	5:11	8:03	
20	Wed	**8:10**	8.5	**8:34**	9.4	**2:00**	1.3	**2:13**	1.1	5:10	8:04	
21	Thu	**9:04**	8.7	**9:19**	10.0	**2:53**	0.7	**3:01**	0.9	5:09	8:05	
22	Fri	**9:54**	9.0	**10:05**	10.5	**3:43**	0.1	**3:49**	0.6	5:08	8:06	
23	Sat	**10:44**	9.2	**10:51**	10.9	**4:31**	-0.5	**4:36**	0.4	5:08	8:07	
24	Sun	**11:34**	9.5	**11:40**	11.3	**5:20**	-1.0	**5:25**	0.2	5:07	8:08	
25	Mon			**12:25**	9.6	**6:10**	-1.3	**6:16**	0.1	5:06	8:09	
26	Tue	**12:32**	11.4	**1:18**	9.7	**7:01**	-1.4	**7:09**	0.0	5:05	8:10	
27	Wed	**1:24**	11.4	**2:11**	9.7	**7:54**	-1.4	**8:03**	0.1	5:05	8:11	
28	Thu	**2:19**	11.2	**3:08**	9.7	**8:48**	-1.2	**9:02**	0.3	5:04	8:12	
29	Fri	**3:18**	10.8	**4:08**	9.6	**9:46**	-0.9	**10:04**	0.5	5:03	8:13	
30	Sat	**4:20**	10.3	**5:08**	9.6	**10:45**	-0.5	**11:10**	0.6	5:03	8:14	
31	Sun	**5:25**	9.9	**6:08**	9.7	**11:44**	-0.1			5:02	8:15	