US HARBORS www.USHarbors.com

Fore River, Portland, ME - Sep 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:56	8.3	10:04	9.4	3:48	0.9	3:51	1.5	6:05	7:16	
2	Wed	10:37	8.6	10:46	9.6	4:29	0.7	4:33	1.2	6:06	7:15	
3	Thu	11:16	8.9	11:25	9.7	5:05	0.5	5:12	0.9	6:07	7:13	
4	Fri	11:51	9.2			5:39	0.4	5:48	0.7	6:08	7:11	
5	Sat	12:01	9.7	12:23	9.4	6:10	0.3	6:24	0.5	6:09	7:09	
6	Sun	12:37	9.7	12:55	9.6	6:42	0.3	7:00	0.3	6:10	7:07	
7	Mon	1:12	9.5	1:27	9.8	7:15	0.3	7:38	0.2	6:11	7:06	
8	Tue	1:49	9.4	2:02	9.9	7:51	0.5	8:19	0.2	6:13	7:04	
9	Wed	2:29	9.2	2:42	9.9	8:31	0.6	9:04	0.2	6:14	7:02	
10	Thu	3:14	8.9	3:28	9.9	9:15	0.8	9:55	0.3	6:15	7:00	
11	Fri	4:06	8.6	4:22	9.8	10:06	1.0	10:52	0.5	6:16	6:58	
12	Sat	5:05	8.4	5:23	9.8	11:04	1.2	11:55	0.5	6:17	6:57	
13	Sun	6:11	8.3	6:29	9.8			12:07	1.2	6:18	6:55	
14	Mon	7:20	8.5	7:39	10.0	1:03	0.4	1:16	1.1	6:19	6:53	
15	Tue	8:27	8.9	8:46	10.3	2:10	0.2	2:25	0.7	6:20	6:51	
16	Wed	9:27	9.5	9:46	10.7	3:12	-0.3	3:28	0.1	6:22	6:49	
17	Thu	10:21	10.0	10:42	10.9	4:07	-0.7	4:25	-0.5	6:23	6:47	
18	Fri	11:11	10.5	11:34	10.9	4:57	-0.9	5:18	-0.9	6:24	6:46	
19	Sat	11:59	10.8			5:45	-0.9	6:09	-1.1	6:25	6:44	
20	Sun	12:25	10.8	12:45	10.9	6:31	-0.7	6:59	-1.1	6:26	6:42	
21	Mon	1:14	10.4	1:30	10.8	7:16	-0.4	7:47	-0.8	6:27	6:40	
22	Tue	2:02	9.9	2:15	10.5	8:01	0.1	8:36	-0.4	6:28	6:38	
23	Wed	2:51	9.4	3:02	10.0	8:48	0.7	9:27	0.1	6:29	6:36	
24	Thu	3:43	8.8	3:53	9.5	9:37	1.3	10:22	0.7	6:31	6:35	
25	Fri	4:39	8.3	4:49	9.1	10:31	1.7	11:20	1.1	6:32	6:33	
26	Sat	5:37	8.0	5:48	8.8	11:29	2.1			6:33	6:31	
27	Sun	6:37	7.8	6:49	8.7	12:20	1.4	12:30	2.2	6:34	6:29	
28	Mon	7:35	7.8	7:48	8.7	1:21	1.5	1:31	2.1	6:35	6:27	
29	Tue	8:30	8.1	8:42	8.9	2:17	1.4	2:29	1.9	6:36	6:25	
30	Wed	9:17	8.4	9:29	9.1	3:06	1.2	3:18	1.5	6:37	6:24	