US HARBORS www.USHarbors.com

Fore River, Portland, ME - Oct 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**9:58**	8.8	**10:12**	9.3	**3:46**	0.9	**4:01**	1.1	6:39	6:22	
2	Fri	**10:35**	9.2	**10:51**	9.4	**4:23**	0.7	**4:40**	0.7	6:40	6:20	
3	Sat	**11:09**	9.6	**11:30**	9.5	**4:57**	0.5	**5:17**	0.3	6:41	6:18	
4	Sun	**11:43**	9.9			**5:30**	0.4	**5:54**	0.0	6:42	6:16	
5	Mon	**12:08**	9.5	**12:17**	10.1	**6:05**	0.4	**6:33**	-0.3	6:43	6:15	
6	Tue	**12:46**	9.5	**12:54**	10.3	**6:43**	0.4	**7:13**	-0.4	6:44	6:13	
7	Wed	**1:26**	9.4	**1:33**	10.4	**7:22**	0.5	**7:56**	-0.4	6:46	6:11	
8	Thu	**2:09**	9.2	**2:17**	10.3	**8:06**	0.6	**8:44**	-0.2	6:47	6:09	
9	Fri	**2:58**	8.9	**3:08**	10.2	**8:55**	0.8	**9:38**	0.0	6:48	6:08	
10	Sat	**3:53**	8.7	**4:06**	10.0	**9:50**	1.0	**10:38**	0.2	6:49	6:06	
11	Sun	**4:56**	8.5	**5:11**	9.8	**10:52**	1.2	**11:42**	0.3	6:50	6:04	
12	Mon	**6:03**	8.6	**6:20**	9.7	**11:59**	1.2			6:52	6:02	
13	Tue	**7:10**	8.9	**7:30**	9.8	**12:49**	0.3	**1:09**	1.0	6:53	6:01	
14	Wed	**8:14**	9.3	**8:36**	10.0	**1:54**	0.2	**2:18**	0.5	6:54	5:59	
15	Thu	**9:11**	9.9	**9:35**	10.2	**2:54**	-0.1	**3:20**	0.0	6:55	5:57	
16	Fri	**10:02**	10.4	**10:29**	10.3	**3:47**	-0.3	**4:15**	-0.6	6:57	5:56	
17	Sat	**10:49**	10.7	**11:20**	10.2	**4:35**	-0.4	**5:05**	-0.9	6:58	5:54	
18	Sun	**11:35**	10.9			**5:21**	-0.3	**5:54**	-1.0	6:59	5:53	
19	Mon	**12:08**	10.1	**12:19**	10.8	**6:06**	-0.1	**6:40**	-0.9	7:00	5:51	
20	Tue	**12:55**	9.8	**1:02**	10.6	**6:50**	0.3	**7:25**	-0.7	7:02	5:49	
21	Wed	**1:40**	9.4	**1:45**	10.3	**7:33**	0.7	**8:10**	-0.2	7:03	5:48	
22	Thu	**2:26**	9.0	**2:29**	9.8	**8:17**	1.1	**8:57**	0.3	7:04	5:46	
23	Fri	**3:14**	8.5	**3:17**	9.4	**9:04**	1.5	**9:47**	0.7	7:05	5:45	
24	Sat	**4:05**	8.2	**4:10**	9.0	**9:55**	1.9	**10:40**	1.1	7:07	5:43	
25	Sun	**5:00**	8.0	**5:06**	8.7	**10:50**	2.1	**11:34**	1.4	7:08	5:42	
26	Mon	**5:55**	7.9	**6:04**	8.5	**11:47**	2.2			7:09	5:40	
27	Tue	**6:50**	8.0	**7:01**	8.5	**12:29**	1.5	**12:46**	2.1	7:10	5:39	
28	Wed	**7:42**	8.3	**7:56**	8.5	**1:22**	1.5	**1:44**	1.9	7:12	5:37	
29	Thu	**8:29**	8.6	**8:47**	8.7	**2:11**	1.3	**2:36**	1.5	7:13	5:36	
30	Fri	**9:12**	9.1	**9:33**	8.9	**2:55**	1.1	**3:22**	1.0	7:14	5:34	
31	Sat	**9:50**	9.5	**10:16**	9.1	**3:35**	0.9	**4:04**	0.4	7:16	5:33	