

































## Fore River, Portland, ME - Oct 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:58	8.8	10:12	9.3	3:46	0.9	4:01	1.1	6:39	6:22	
2	Fri	10:35	9.2	10:51	9.4	4:23	0.7	4:40	0.7	6:40	6:20	
3	Sat	11:09	9.6	11:30	9.5	4:57	0.5	5:17	0.3	6:41	6:18	
4	Sun	11:43	9.9			5:30	0.4	5:54	0.0	6:42	6:16	
5	Mon	12:08	9.5	12:17	10.1	6:05	0.4	6:33	-0.3	6:43	6:15	
6	Tue	12:46	9.5	12:54	10.3	6:43	0.4	7:13	-0.4	6:44	6:13	
7	Wed	1:26	9.4	1:33	10.4	7:22	0.5	7:56	-0.4	6:46	6:11	
8	Thu	2:09	9.2	2:17	10.3	8:06	0.6	8:44	-0.2	6:47	6:09	
9	Fri	2:58	8.9	3:08	10.2	8:55	0.8	9:38	0.0	6:48	6:08	
10	Sat	3:53	8.7	4:06	10.0	9:50	1.0	10:38	0.2	6:49	6:06	
11	Sun	4:56	8.5	5:11	9.8	10:52	1.2	11:42	0.3	6:50	6:04	
12	Mon	6:03	8.6	6:20	9.7	11:59	1.2			6:52	6:02	
13	Tue	7:10	8.9	7:30	9.8	12:49	0.3	1:09	1.0	6:53	6:01	
14	Wed	8:14	9.3	8:36	10.0	1:54	0.2	2:18	0.5	6:54	5:59	
15	Thu	9:11	9.9	9:35	10.2	2:54	-0.1	3:20	0.0	6:55	5:57	
16	Fri	10:02	10.4	10:29	10.3	3:47	-0.3	4:15	-0.6	6:57	5:56	
17	Sat	10:49	10.7	11:20	10.2	4:35	-0.4	5:05	-0.9	6:58	5:54	
18	Sun	11:35	10.9			5:21	-0.3	5:54	-1.0	6:59	5:53	
19	Mon	12:08	10.1	12:19	10.8	6:06	-0.1	6:40	-0.9	7:00	5:51	
20	Tue	12:55	9.8	1:02	10.6	6:50	0.3	7:25	-0.7	7:02	5:49	
21	Wed	1:40	9.4	1:45	10.3	7:33	0.7	8:10	-0.2	7:03	5:48	
22	Thu	2:26	9.0	2:29	9.8	8:17	1.1	8:57	0.3	7:04	5:46	
23	Fri	3:14	8.5	3:17	9.4	9:04	1.5	9:47	0.7	7:05	5:45	
24	Sat	4:05	8.2	4:10	9.0	9:55	1.9	10:40	1.1	7:07	5:43	
25	Sun	5:00	8.0	5:06	8.7	10:50	2.1	11:34	1.4	7:08	5:42	
26	Mon	5:55	7.9	6:04	8.5	11:47	2.2			7:09	5:40	
27	Tue	6:50	8.0	7:01	8.5	12:29	1.5	12:46	2.1	7:10	5:39	
28	Wed	7:42	8.3	7:56	8.5	1:22	1.5	1:44	1.9	7:12	5:37	
29	Thu	8:29	8.6	8:47	8.7	2:11	1.3	2:36	1.5	7:13	5:36	
30	Fri	9:12	9.1	9:33	8.9	2:55	1.1	3:22	1.0	7:14	5:34	
31	Sat	9:50	9.5	10:16	9.1	3:35	0.9	4:04	0.4	7:16	5:33	