
































Fore River, Portland, ME - Nov 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:27	9.9	9:57	9.3	3:13	0.7	3:45	0.0	6:17	4:32	
2	Mon	10:05	10.3	10:39	9.4	3:52	0.6	4:25	-0.4	6:18	4:30	
3	Tue	10:44	10.6	11:22	9.4	4:32	0.4	5:08	-0.7	6:19	4:29	
4	Wed	11:26	10.8			5:14	0.4	5:52	-0.8	6:21	4:28	
5	Thu	12:07	9.4	12:12	10.8	5:59	0.4	6:39	-0.8	6:22	4:26	
6	Fri	12:54	9.3	1:01	10.7	6:47	0.4	7:30	-0.7	6:23	4:25	
7	Sat	1:46	9.1	1:55	10.5	7:40	0.6	8:25	-0.4	6:25	4:24	
8	Sun	2:44	9.0	2:56	10.2	8:39	0.8	9:25	-0.2	6:26	4:23	
9	Mon	3:47	9.0	4:02	9.8	9:43	0.9	10:28	0.0	6:27	4:22	
10	Tue	4:51	9.1	5:10	9.6	10:52	0.9	11:31	0.2	6:29	4:21	
11	Wed	5:54	9.3	6:18	9.5			12:01	0.7	6:30	4:20	
12	Thu	6:55	9.7	7:23	9.5	12:33	0.2	1:09	0.3	6:31	4:18	
13	Fri	7:51	10.1	8:22	9.5	1:32	0.2	2:09	-0.1	6:33	4:17	
14	Sat	8:42	10.4	9:16	9.5	2:26	0.2	3:03	-0.5	6:34	4:16	
15	Sun	9:29	10.6	10:06	9.5	3:15	0.3	3:53	-0.7	6:35	4:16	
16	Mon	10:14	10.6	10:53	9.4	4:01	0.4	4:39	-0.8	6:36	4:15	
17	Tue	10:57	10.5	11:38	9.2	4:45	0.6	5:24	-0.6	6:38	4:14	
18	Wed	11:40	10.3			5:27	0.8	6:06	-0.4	6:39	4:13	
19	Thu	12:21	9.0	12:21	10.0	6:09	1.0	6:48	-0.1	6:40	4:12	
20	Fri	1:03	8.7	1:02	9.7	6:50	1.3	7:30	0.3	6:42	4:11	
21	Sat	1:46	8.4	1:46	9.4	7:33	1.6	8:13	0.6	6:43	4:11	
22	Sun	2:31	8.2	2:32	9.0	8:20	1.8	8:59	0.9	6:44	4:10	
23	Mon	3:20	8.1	3:22	8.7	9:10	2.0	9:46	1.1	6:45	4:09	
24	Tue	4:09	8.1	4:15	8.5	10:03	2.0	10:33	1.3	6:46	4:08	
25	Wed	4:58	8.2	5:09	8.3	10:57	2.0	11:21	1.4	6:48	4:08	
26	Thu	5:46	8.4	6:04	8.2	11:52	1.8			6:49	4:07	
27	Fri	6:34	8.7	6:58	8.3	12:10	1.4	12:47	1.4	6:50	4:07	
28	Sat	7:20	9.1	7:51	8.4	12:59	1.3	1:39	0.9	6:51	4:06	
29	Sun	8:04	9.6	8:39	8.7	1:46	1.1	2:27	0.3	6:52	4:06	
30	Mon	8:48	10.1	9:26	8.9	2:32	0.9	3:13	-0.2	6:53	4:06	