US HARBORS www.USHarbors.com

Fore River, Portland, ME - Nov 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**9:27**	9.9	**9:57**	9.3	**3:13**	0.7	**3:45**	0.0	6:17	4:32	
2	Mon	**10:05**	10.3	**10:39**	9.4	**3:52**	0.6	**4:25**	-0.4	6:18	4:30	
3	Tue	**10:44**	10.6	**11:22**	9.4	**4:32**	0.4	**5:08**	-0.7	6:19	4:29	
4	Wed	**11:26**	10.8			**5:14**	0.4	**5:52**	-0.8	6:21	4:28	
5	Thu	**12:07**	9.4	**12:12**	10.8	**5:59**	0.4	**6:39**	-0.8	6:22	4:26	
6	Fri	**12:54**	9.3	**1:01**	10.7	**6:47**	0.4	**7:30**	-0.7	6:23	4:25	
7	Sat	**1:46**	9.1	**1:55**	10.5	**7:40**	0.6	**8:25**	-0.4	6:25	4:24	
8	Sun	**2:44**	9.0	**2:56**	10.2	**8:39**	0.8	**9:25**	-0.2	6:26	4:23	
9	Mon	**3:47**	9.0	**4:02**	9.8	**9:43**	0.9	**10:28**	0.0	6:27	4:22	
10	Tue	**4:51**	9.1	**5:10**	9.6	**10:52**	0.9	**11:31**	0.2	6:29	4:21	
11	Wed	**5:54**	9.3	**6:18**	9.5			**12:01**	0.7	6:30	4:20	
12	Thu	**6:55**	9.7	**7:23**	9.5	**12:33**	0.2	**1:09**	0.3	6:31	4:18	
13	Fri	**7:51**	10.1	**8:22**	9.5	**1:32**	0.2	**2:09**	-0.1	6:33	4:17	
14	Sat	**8:42**	10.4	**9:16**	9.5	**2:26**	0.2	**3:03**	-0.5	6:34	4:16	
15	Sun	**9:29**	10.6	**10:06**	9.5	**3:15**	0.3	**3:53**	-0.7	6:35	4:16	
16	Mon	**10:14**	10.6	**10:53**	9.4	**4:01**	0.4	**4:39**	-0.8	6:36	4:15	
17	Tue	**10:57**	10.5	**11:38**	9.2	**4:45**	0.6	**5:24**	-0.6	6:38	4:14	
18	Wed	**11:40**	10.3			**5:27**	0.8	**6:06**	-0.4	6:39	4:13	
19	Thu	**12:21**	9.0	**12:21**	10.0	**6:09**	1.0	**6:48**	-0.1	6:40	4:12	
20	Fri	**1:03**	8.7	**1:02**	9.7	**6:50**	1.3	**7:30**	0.3	6:42	4:11	
21	Sat	**1:46**	8.4	**1:46**	9.4	**7:33**	1.6	**8:13**	0.6	6:43	4:11	
22	Sun	**2:31**	8.2	**2:32**	9.0	**8:20**	1.8	**8:59**	0.9	6:44	4:10	
23	Mon	**3:20**	8.1	**3:22**	8.7	**9:10**	2.0	**9:46**	1.1	6:45	4:09	
24	Tue	**4:09**	8.1	**4:15**	8.5	**10:03**	2.0	**10:33**	1.3	6:46	4:08	
25	Wed	**4:58**	8.2	**5:09**	8.3	**10:57**	2.0	**11:21**	1.4	6:48	4:08	
26	Thu	**5:46**	8.4	**6:04**	8.2	**11:52**	1.8			6:49	4:07	
27	Fri	**6:34**	8.7	**6:58**	8.3	**12:10**	1.4	**12:47**	1.4	6:50	4:07	
28	Sat	**7:20**	9.1	**7:51**	8.4	**12:59**	1.3	**1:39**	0.9	6:51	4:06	
29	Sun	**8:04**	9.6	**8:39**	8.7	**1:46**	1.1	**2:27**	0.3	6:52	4:06	
30	Mon	**8:48**	10.1	**9:26**	8.9	**2:32**	0.9	**3:13**	-0.2	6:53	4:06	