US HARBORS www.USHarbors.com

Fore River, Portland, ME - Dec 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	**9:32**	10.5	**10:13**	9.2	**3:17**	0.6	**3:59**	-0.7	6:55	4:05	
2	Wed	**10:18**	10.9	**11:01**	9.3	**4:03**	0.3	**4:46**	-1.0	6:56	4:05	
3	Thu	**11:06**	11.1	**11:50**	9.5	**4:51**	0.1	**5:35**	-1.2	6:57	4:05	
4	Fri	**11:56**	11.2			**5:41**	0.0	**6:25**	-1.3	6:58	4:04	
5	Sat	**12:40**	9.5	**12:49**	11.1	**6:33**	0.0	**7:16**	-1.2	6:59	4:04	
6	Sun	**1:34**	9.5	**1:44**	10.8	**7:28**	0.1	**8:11**	-0.9	7:00	4:04	
7	Mon	**2:30**	9.5	**2:44**	10.3	**8:28**	0.3	**9:08**	-0.6	7:01	4:04	
8	Tue	**3:30**	9.5	**3:48**	9.9	**9:32**	0.4	**10:07**	-0.3	7:02	4:04	
9	Wed	**4:31**	9.6	**4:54**	9.4	**10:38**	0.5	**11:07**	0.1	7:03	4:04	
10	Thu	**5:32**	9.7	**6:01**	9.1	**11:46**	0.4			7:03	4:04	
11	Fri	**6:32**	9.8	**7:07**	8.9	**12:08**	0.4	**12:54**	0.3	7:04	4:04	
12	Sat	**7:29**	9.9	**8:08**	8.8	**1:09**	0.7	**1:56**	0.0	7:05	4:04	
13	Sun	**8:23**	10.1	**9:03**	8.8	**2:05**	0.8	**2:51**	-0.2	7:06	4:04	
14	Mon	**9:12**	10.2	**9:53**	8.8	**2:57**	0.8	**3:41**	-0.4	7:07	4:04	
15	Tue	**9:58**	10.2	**10:39**	8.8	**3:44**	0.9	**4:26**	-0.4	7:07	4:05	
16	Wed	**10:41**	10.1	**11:22**	8.8	**4:28**	0.9	**5:09**	-0.3	7:08	4:05	
17	Thu	**11:22**	10.0			**5:09**	1.0	**5:49**	-0.2	7:09	4:05	
18	Fri	**12:02**	8.7	**12:01**	9.9	**5:49**	1.1	**6:27**	-0.1	7:09	4:06	
19	Sat	**12:41**	8.6	**12:40**	9.7	**6:28**	1.2	**7:04**	0.1	7:10	4:06	
20	Sun	**1:19**	8.5	**1:18**	9.4	**7:07**	1.3	**7:40**	0.3	7:10	4:06	
21	Mon	**1:57**	8.5	**1:58**	9.1	**7:48**	1.4	**8:19**	0.6	7:11	4:07	
22	Tue	**2:37**	8.4	**2:41**	8.8	**8:32**	1.5	**8:59**	0.8	7:11	4:07	
23	Wed	**3:19**	8.4	**3:28**	8.5	**9:19**	1.6	**9:41**	1.0	7:12	4:08	
24	Thu	**4:03**	8.5	**4:18**	8.2	**10:09**	1.6	**10:25**	1.2	7:12	4:09	
25	Fri	**4:48**	8.7	**5:11**	8.0	**11:01**	1.4	**11:13**	1.3	7:13	4:09	
26	Sat	**5:36**	8.9	**6:08**	7.9	**11:57**	1.2			7:13	4:10	
27	Sun	**6:27**	9.2	**7:07**	8.0	**12:05**	1.4	**12:55**	0.8	7:13	4:11	
28	Mon	**7:21**	9.6	**8:04**	8.3	**1:00**	1.2	**1:51**	0.3	7:14	4:11	
29	Tue	**8:14**	10.1	**8:58**	8.6	**1:55**	0.9	**2:45**	-0.3	7:14	4:12	
30	Wed	**9:06**	10.6	**9:50**	9.0	**2:48**	0.6	**3:37**	-0.8	7:14	4:13	
31	Thu	**9:58**	11.0	**10:43**	9.5	**3:41**	0.1	**4:28**	-1.3	7:14	4:14	