

































## Fore River, Portland, ME - Dec 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:32	10.5	10:13	9.2	3:17	0.6	3:59	-0.7	6:55	4:05	
2	Wed	10:18	10.9	11:01	9.3	4:03	0.3	4:46	-1.0	6:56	4:05	
3	Thu	11:06	11.1	11:50	9.5	4:51	0.1	5:35	-1.2	6:57	4:05	
4	Fri	11:56	11.2			5:41	0.0	6:25	-1.3	6:58	4:04	
5	Sat	12:40	9.5	12:49	11.1	6:33	0.0	7:16	-1.2	6:59	4:04	
6	Sun	1:34	9.5	1:44	10.8	7:28	0.1	8:11	-0.9	7:00	4:04	
7	Mon	2:30	9.5	2:44	10.3	8:28	0.3	9:08	-0.6	7:01	4:04	
8	Tue	3:30	9.5	3:48	9.9	9:32	0.4	10:07	-0.3	7:02	4:04	
9	Wed	4:31	9.6	4:54	9.4	10:38	0.5	11:07	0.1	7:03	4:04	
10	Thu	5:32	9.7	6:01	9.1	11:46	0.4			7:03	4:04	
11	Fri	6:32	9.8	7:07	8.9	12:08	0.4	12:54	0.3	7:04	4:04	
12	Sat	7:29	9.9	8:08	8.8	1:09	0.7	1:56	0.0	7:05	4:04	
13	Sun	8:23	10.1	9:03	8.8	2:05	0.8	2:51	-0.2	7:06	4:04	
14	Mon	9:12	10.2	9:53	8.8	2:57	0.8	3:41	-0.4	7:07	4:04	
15	Tue	9:58	10.2	10:39	8.8	3:44	0.9	4:26	-0.4	7:07	4:05	
16	Wed	10:41	10.1	11:22	8.8	4:28	0.9	5:09	-0.3	7:08	4:05	
17	Thu	11:22	10.0			5:09	1.0	5:49	-0.2	7:09	4:05	
18	Fri	12:02	8.7	12:01	9.9	5:49	1.1	6:27	-0.1	7:09	4:06	
19	Sat	12:41	8.6	12:40	9.7	6:28	1.2	7:04	0.1	7:10	4:06	
20	Sun	1:19	8.5	1:18	9.4	7:07	1.3	7:40	0.3	7:10	4:06	
21	Mon	1:57	8.5	1:58	9.1	7:48	1.4	8:19	0.6	7:11	4:07	
22	Tue	2:37	8.4	2:41	8.8	8:32	1.5	8:59	0.8	7:11	4:07	
23	Wed	3:19	8.4	3:28	8.5	9:19	1.6	9:41	1.0	7:12	4:08	
24	Thu	4:03	8.5	4:18	8.2	10:09	1.6	10:25	1.2	7:12	4:09	
25	Fri	4:48	8.7	5:11	8.0	11:01	1.4	11:13	1.3	7:13	4:09	
26	Sat	5:36	8.9	6:08	7.9	11:57	1.2			7:13	4:10	
27	Sun	6:27	9.2	7:07	8.0	12:05	1.4	12:55	0.8	7:13	4:11	
28	Mon	7:21	9.6	8:04	8.3	1:00	1.2	1:51	0.3	7:14	4:11	
29	Tue	8:14	10.1	8:58	8.6	1:55	0.9	2:45	-0.3	7:14	4:12	
30	Wed	9:06	10.6	9:50	9.0	2:48	0.6	3:37	-0.8	7:14	4:13	
31	Thu	9:58	11.0	10:43	9.5	3:41	0.1	4:28	-1.3	7:14	4:14	