






























## Fore River, Portland, ME - Feb 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:05	10.7	12:22	11.4	6:07	-1.4	6:38	-1.9	6:57	4:52	
2	Tue	12:54	10.8	1:15	11.0	7:00	-1.4	7:27	-1.5	6:56	4:53	
3	Wed	1:44	10.8	2:09	10.4	7:54	-1.1	8:17	-0.9	6:55	4:54	
4	Thu	2:36	10.5	3:06	9.7	8:51	-0.7	9:11	-0.2	6:53	4:56	
5	Fri	3:31	10.1	4:07	9.0	9:52	-0.2	10:08	0.5	6:52	4:57	
6	Sat	4:30	9.7	5:11	8.4	10:55	0.2	11:08	1.0	6:51	4:58	
7	Sun	5:31	9.3	6:18	8.0			12:03	0.6	6:50	5:00	
8	Mon	6:36	9.1	7:24	7.9	12:14	1.4	1:11	0.7	6:48	5:01	
9	Tue	7:38	9.1	8:22	8.0	1:20	1.5	2:12	0.6	6:47	5:03	
10	Wed	8:33	9.2	9:13	8.2	2:18	1.4	3:03	0.4	6:46	5:04	
11	Thu	9:21	9.3	9:57	8.4	3:08	1.2	3:48	0.3	6:45	5:05	
12	Fri	10:04	9.5	10:36	8.6	3:52	1.0	4:27	0.1	6:43	5:07	
13	Sat	10:43	9.6	11:12	8.9	4:31	0.8	5:02	0.0	6:42	5:08	
14	Sun	11:19	9.6	11:45	9.0	5:08	0.6	5:33	0.0	6:40	5:09	
15	Mon	11:54	9.5			5:42	0.5	6:03	0.1	6:39	5:11	
16	Tue	12:16	9.1	12:27	9.4	6:16	0.4	6:33	0.2	6:37	5:12	
17	Wed	12:47	9.2	1:01	9.1	6:50	0.4	7:05	0.3	6:36	5:13	
18	Thu	1:18	9.3	1:36	8.9	7:27	0.4	7:40	0.5	6:34	5:15	
19	Fri	1:52	9.3	2:16	8.6	8:07	0.5	8:19	0.8	6:33	5:16	
20	Sat	2:31	9.2	3:02	8.3	8:52	0.6	9:04	1.0	6:31	5:17	
21	Sun	3:18	9.2	3:54	8.0	9:44	0.7	9:55	1.2	6:30	5:19	
22	Mon	4:12	9.2	4:54	7.8	10:42	0.7	10:53	1.3	6:28	5:20	
23	Tue	5:13	9.3	6:02	7.9	11:46	0.6	11:58	1.2	6:27	5:21	
24	Wed	6:20	9.5	7:11	8.2			12:55	0.3	6:25	5:23	
25	Thu	7:28	9.9	8:14	8.8	1:06	0.8	1:59	-0.3	6:23	5:24	
26	Fri	8:31	10.5	9:11	9.5	2:11	0.2	2:56	-0.9	6:22	5:25	
27	Sat	9:28	11.0	10:03	10.2	3:10	-0.5	3:49	-1.4	6:20	5:27	
28	Sun	10:22	11.3	10:53	10.8	4:05	-1.1	4:39	-1.7	6:19	5:28	