US HARBORS www.USHarbors.com

Fore River, Portland, ME - May 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:26	10.7	2:08	9.4	7:52	-0.8	7:59	0.7	5:33	7:43	
2	Sun	2:12	10.3	2:56	9.0	8:39	-0.4	8:47	1.1	5:31	7:44	
3	Mon	2:59	9.8	3:47	8.6	9:28	0.2	9:37	1.5	5:30	7:45	
4	Tue	3:51	9.3	4:40	8.3	10:19	0.6	10:31	1.8	5:29	7:46	
5	Wed	4:45	8.9	5:33	8.2	11:12	1.0	11:28	2.0	5:27	7:47	
6	Thu	5:41	8.6	6:27	8.2			12:04	1.3	5:26	7:49	
7	Fri	6:38	8.4	7:19	8.3	12:27	2.1	12:57	1.4	5:25	7:50	
8	Sat	7:35	8.3	8:10	8.6	1:26	1.9	1:48	1.5	5:23	7:51	
9	Sun	8:30	8.3	8:55	8.9	2:22	1.6	2:36	1.4	5:22	7:52	
10	Mon	9:20	8.4	9:37	9.3	3:11	1.2	3:20	1.3	5:21	7:53	
11	Tue	10:05	8.6	10:15	9.6	3:55	0.8	3:59	1.2	5:20	7:54	
12	Wed	10:48	8.8	10:53	10.0	4:36	0.4	4:38	1.1	5:19	7:55	
13	Thu	11:30	8.9	11:32	10.2	5:16	0.0	5:18	0.9	5:17	7:57	
14	Fri			12:12	9.0	5:57	-0.3	5:59	0.8	5:16	7:58	
15	Sat	12:13	10.5	12:54	9.1	6:39	-0.5	6:42	0.7	5:15	7:59	
16	Sun	12:55	10.6	1:38	9.1	7:23	-0.7	7:28	0.6	5:14	8:00	
17	Mon	1:41	10.7	2:25	9.2	8:09	-0.7	8:17	0.7	5:13	8:01	
18	Tue	2:30	10.6	3:17	9.2	8:59	-0.6	9:11	0.7	5:12	8:02	
19	Wed	3:25	10.4	4:14	9.3	9:53	-0.5	10:10	0.8	5:11	8:03	
20	Thu	4:24	10.1	5:12	9.4	10:49	-0.3	11:13	0.7	5:10	8:04	
21	Fri	5:27	9.8	6:12	9.6	11:48	-0.1			5:09	8:05	
22	Sat	6:33	9.6	7:12	9.9	12:18	0.6	12:47	0.1	5:09	8:06	
23	Sun	7:39	9.4	8:10	10.2	1:25	0.4	1:47	0.2	5:08	8:07	
24	Mon	8:43	9.4	9:06	10.5	2:30	0.0	2:46	0.2	5:07	8:08	
25	Tue	9:42	9.4	9:58	10.8	3:30	-0.4	3:40	0.3	5:06	8:09	
26	Wed	10:37	9.5	10:47	10.8	4:24	-0.7	4:31	0.4	5:05	8:10	
27	Thu	11:29	9.4	11:35	10.8	5:15	-0.8	5:20	0.5	5:05	8:11	
28	Fri			12:18	9.3	6:03	-0.8	6:07	0.6	5:04	8:12	
29	Sat	12:21	10.7	1:04	9.2	6:49	-0.7	6:53	0.8	5:04	8:13	
30	Sun	1:06	10.4	1:49	9.0	7:33	-0.4	7:37	1.1	5:03	8:14	
31	Mon	1:49	10.1	2:33	8.8	8:17	-0.1	8:21	1.3	5:02	8:14	