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# Fore River, Portland, ME - Jun 2010

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Tue | **2:33** | 9.8 | **3:18** | 8.7 | **9:00** | 0.3 | **9:08** | 1.6 | 5:02 | 8:15 | |
| 2 | Wed | **3:19** | 9.4 | **4:04** | 8.6 | **9:44** | 0.6 | **9:56** | 1.8 | 5:01 | 8:16 | |
| 3 | Thu | **4:07** | 9.0 | **4:51** | 8.5 | **10:28** | 0.9 | **10:47** | 1.9 | 5:01 | 8:17 | |
| 4 | Fri | **4:57** | 8.7 | **5:38** | 8.6 | **11:13** | 1.1 | **11:40** | 1.9 | 5:01 | 8:17 | |
| 5 | Sat | **5:49** | 8.4 | **6:25** | 8.7 | **11:59** | 1.4 | | | 5:00 | 8:18 | |
| 6 | Sun | **6:42** | 8.1 | **7:13** | 8.8 | **12:34** | 1.8 | **12:46** | 1.5 | 5:00 | 8:19 | |
| 7 | Mon | **7:38** | 8.1 | **8:01** | 9.1 | **1:29** | 1.6 | **1:36** | 1.6 | 4:59 | 8:20 | |
| 8 | Tue | **8:33** | 8.1 | **8:47** | 9.4 | **2:23** | 1.3 | **2:25** | 1.6 | 4:59 | 8:20 | |
| 9 | Wed | **9:24** | 8.2 | **9:32** | 9.8 | **3:13** | 0.9 | **3:13** | 1.4 | 4:59 | 8:21 | |
| 10 | Thu | **10:12** | 8.5 | **10:16** | 10.2 | **4:00** | 0.4 | **3:59** | 1.2 | 4:59 | 8:21 | |
| 11 | Fri | **10:59** | 8.7 | **11:02** | 10.5 | **4:45** | 0.0 | **4:45** | 0.9 | 4:59 | 8:22 | |
| 12 | Sat | **11:46** | 9.0 | **11:49** | 10.8 | **5:31** | -0.4 | **5:32** | 0.7 | 4:59 | 8:23 | |
| 13 | Sun | | | **12:33** | 9.2 | **6:18** | -0.8 | **6:21** | 0.4 | 4:58 | 8:23 | |
| 14 | Mon | **12:37** | 11.0 | **1:21** | 9.5 | **7:05** | -1.0 | **7:12** | 0.3 | 4:58 | 8:23 | |
| 15 | Tue | **1:27** | 11.1 | **2:11** | 9.7 | **7:54** | -1.1 | **8:04** | 0.2 | 4:58 | 8:24 | |
| 16 | Wed | **2:19** | 11.0 | **3:03** | 9.8 | **8:44** | -1.1 | **9:00** | 0.2 | 4:58 | 8:24 | |
| 17 | Thu | **3:14** | 10.7 | **3:58** | 10.0 | **9:36** | -0.9 | **9:59** | 0.2 | 4:59 | 8:25 | |
| 18 | Fri | **4:12** | 10.3 | **4:54** | 10.1 | **10:31** | -0.6 | **11:01** | 0.3 | 4:59 | 8:25 | |
| 19 | Sat | **5:14** | 9.9 | **5:51** | 10.2 | **11:27** | -0.2 | | | 4:59 | 8:25 | |
| 20 | Sun | **6:17** | 9.4 | **6:50** | 10.2 | **12:04** | 0.3 | **12:24** | 0.2 | 4:59 | 8:26 | |
| 21 | Mon | **7:23** | 9.1 | **7:49** | 10.3 | **1:10** | 0.2 | **1:24** | 0.5 | 4:59 | 8:26 | |
| 22 | Tue | **8:28** | 8.9 | **8:46** | 10.3 | **2:15** | 0.1 | **2:25** | 0.7 | 4:59 | 8:26 | |
| 23 | Wed | **9:28** | 8.9 | **9:41** | 10.4 | **3:16** | -0.1 | **3:22** | 0.9 | 5:00 | 8:26 | |
| 24 | Thu | **10:24** | 8.9 | **10:31** | 10.4 | **4:11** | -0.2 | **4:15** | 0.9 | 5:00 | 8:26 | |
| 25 | Fri | **11:15** | 8.9 | **11:19** | 10.4 | **5:02** | -0.3 | **5:04** | 1.0 | 5:00 | 8:26 | |
| 26 | Sat | | | **12:02** | 8.9 | **5:49** | -0.3 | **5:50** | 1.0 | 5:01 | 8:26 | |
| 27 | Sun | **12:05** | 10.3 | **12:46** | 8.9 | **6:33** | -0.2 | **6:34** | 1.1 | 5:01 | 8:26 | |
| 28 | Mon | **12:47** | 10.2 | **1:28** | 8.9 | **7:14** | -0.1 | **7:16** | 1.2 | 5:02 | 8:26 | |
| 29 | Tue | **1:28** | 10.0 | **2:07** | 8.8 | **7:52** | 0.1 | **7:56** | 1.3 | 5:02 | 8:26 | |
| 30 | Wed | **2:07** | 9.7 | **2:46** | 8.8 | **8:29** | 0.3 | **8:38** | 1.4 | 5:03 | 8:26 | |