
































Fore River, Portland, ME - Jun 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:33	9.8	3:18	8.7	9:00	0.3	9:08	1.6	5:02	8:15	
2	Wed	3:19	9.4	4:04	8.6	9:44	0.6	9:56	1.8	5:01	8:16	
3	Thu	4:07	9.0	4:51	8.5	10:28	0.9	10:47	1.9	5:01	8:17	
4	Fri	4:57	8.7	5:38	8.6	11:13	1.1	11:40	1.9	5:01	8:17	
5	Sat	5:49	8.4	6:25	8.7	11:59	1.4			5:00	8:18	
6	Sun	6:42	8.1	7:13	8.8	12:34	1.8	12:46	1.5	5:00	8:19	
7	Mon	7:38	8.1	8:01	9.1	1:29	1.6	1:36	1.6	4:59	8:20	
8	Tue	8:33	8.1	8:47	9.4	2:23	1.3	2:25	1.6	4:59	8:20	
9	Wed	9:24	8.2	9:32	9.8	3:13	0.9	3:13	1.4	4:59	8:21	
10	Thu	10:12	8.5	10:16	10.2	4:00	0.4	3:59	1.2	4:59	8:21	
11	Fri	10:59	8.7	11:02	10.5	4:45	0.0	4:45	0.9	4:59	8:22	
12	Sat	11:46	9.0	11:49	10.8	5:31	-0.4	5:32	0.7	4:59	8:23	
13	Sun			12:33	9.2	6:18	-0.8	6:21	0.4	4:58	8:23	
14	Mon	12:37	11.0	1:21	9.5	7:05	-1.0	7:12	0.3	4:58	8:23	
15	Tue	1:27	11.1	2:11	9.7	7:54	-1.1	8:04	0.2	4:58	8:24	
16	Wed	2:19	11.0	3:03	9.8	8:44	-1.1	9:00	0.2	4:58	8:24	
17	Thu	3:14	10.7	3:58	10.0	9:36	-0.9	9:59	0.2	4:59	8:25	
18	Fri	4:12	10.3	4:54	10.1	10:31	-0.6	11:01	0.3	4:59	8:25	
19	Sat	5:14	9.9	5:51	10.2	11:27	-0.2			4:59	8:25	
20	Sun	6:17	9.4	6:50	10.2	12:04	0.3	12:24	0.2	4:59	8:26	
21	Mon	7:23	9.1	7:49	10.3	1:10	0.2	1:24	0.5	4:59	8:26	
22	Tue	8:28	8.9	8:46	10.3	2:15	0.1	2:25	0.7	4:59	8:26	
23	Wed	9:28	8.9	9:41	10.4	3:16	-0.1	3:22	0.9	5:00	8:26	
24	Thu	10:24	8.9	10:31	10.4	4:11	-0.2	4:15	0.9	5:00	8:26	
25	Fri	11:15	8.9	11:19	10.4	5:02	-0.3	5:04	1.0	5:00	8:26	
26	Sat			12:02	8.9	5:49	-0.3	5:50	1.0	5:01	8:26	
27	Sun	12:05	10.3	12:46	8.9	6:33	-0.2	6:34	1.1	5:01	8:26	
28	Mon	12:47	10.2	1:28	8.9	7:14	-0.1	7:16	1.2	5:02	8:26	
29	Tue	1:28	10.0	2:07	8.8	7:52	0.1	7:56	1.3	5:02	8:26	
30	Wed	2:07	9.7	2:46	8.8	8:29	0.3	8:38	1.4	5:03	8:26	