
































Fore River, Portland, ME - Sep 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:37	8.1	4:52	9.2	10:35	1.5	11:20	1.1	6:04	7:17	
2	Thu	5:32	8.0	5:49	9.3	11:29	1.6			6:06	7:15	
3	Fri	6:33	8.0	6:51	9.5	12:20	1.0	12:29	1.5	6:07	7:13	
4	Sat	7:39	8.2	7:56	9.9	1:24	0.7	1:34	1.2	6:08	7:11	
5	Sun	8:41	8.8	8:59	10.4	2:27	0.3	2:38	0.6	6:09	7:10	
6	Mon	9:38	9.4	9:56	10.9	3:24	-0.3	3:38	0.0	6:10	7:08	
7	Tue	10:31	10.1	10:51	11.2	4:17	-0.9	4:34	-0.7	6:11	7:06	
8	Wed	11:21	10.8	11:44	11.4	5:07	-1.3	5:28	-1.2	6:12	7:04	
9	Thu			12:11	11.2	5:57	-1.4	6:21	-1.5	6:13	7:02	
10	Fri	12:37	11.3	1:00	11.4	6:45	-1.4	7:14	-1.6	6:15	7:01	
11	Sat	1:29	11.0	1:50	11.4	7:34	-1.1	8:07	-1.4	6:16	6:59	
12	Sun	2:22	10.5	2:41	11.1	8:24	-0.6	9:01	-1.0	6:17	6:57	
13	Mon	3:18	9.9	3:35	10.6	9:17	0.1	10:00	-0.4	6:18	6:55	
14	Tue	4:18	9.3	4:34	10.1	10:15	0.7	11:02	0.2	6:19	6:53	
15	Wed	5:20	8.7	5:37	9.6	11:16	1.2			6:20	6:52	
16	Thu	6:24	8.4	6:41	9.3	12:07	0.6	12:20	1.5	6:21	6:50	
17	Fri	7:28	8.2	7:44	9.2	1:13	0.9	1:26	1.7	6:22	6:48	
18	Sat	8:28	8.3	8:43	9.2	2:15	0.9	2:28	1.6	6:23	6:46	
19	Sun	9:20	8.5	9:34	9.3	3:10	0.9	3:21	1.3	6:25	6:44	
20	Mon	10:04	8.8	10:18	9.4	3:55	0.7	4:08	1.1	6:26	6:42	
21	Tue	10:44	9.1	10:59	9.5	4:35	0.6	4:49	0.8	6:27	6:41	
22	Wed	11:21	9.3	11:37	9.4	5:10	0.6	5:26	0.6	6:28	6:39	
23	Thu	11:54	9.5			5:43	0.6	6:01	0.4	6:29	6:37	
24	Fri	12:13	9.4	12:27	9.6	6:14	0.7	6:36	0.4	6:30	6:35	
25	Sat	12:48	9.2	12:58	9.6	6:46	0.8	7:10	0.3	6:31	6:33	
26	Sun	1:23	9.1	1:30	9.6	7:19	0.9	7:46	0.4	6:33	6:31	
27	Mon	1:59	8.8	2:05	9.6	7:54	1.1	8:25	0.5	6:34	6:30	
28	Tue	2:37	8.6	2:44	9.5	8:33	1.2	9:09	0.6	6:35	6:28	
29	Wed	3:21	8.4	3:31	9.5	9:18	1.4	9:59	0.7	6:36	6:26	
30	Thu	4:13	8.2	4:25	9.4	10:09	1.5	10:55	0.8	6:37	6:24	