

































## Fore River, Portland, ME - Oct 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:11	8.2	5:25	9.4	11:07	1.5	11:55	0.7	6:38	6:22	
2	Sat	6:13	8.3	6:30	9.6			12:10	1.3	6:39	6:20	
3	Sun	7:17	8.7	7:36	9.8	12:58	0.5	1:16	1.0	6:41	6:19	
4	Mon	8:19	9.3	8:40	10.2	2:01	0.1	2:22	0.4	6:42	6:17	
5	Tue	9:15	10.0	9:39	10.6	2:59	-0.3	3:23	-0.3	6:43	6:15	
6	Wed	10:07	10.7	10:34	10.8	3:52	-0.7	4:18	-1.0	6:44	6:13	
7	Thu	10:57	11.2	11:27	10.9	4:43	-1.0	5:12	-1.5	6:45	6:12	
8	Fri	11:46	11.5			5:32	-1.0	6:04	-1.7	6:47	6:10	
9	Sat	12:20	10.8	12:35	11.6	6:21	-0.9	6:55	-1.7	6:48	6:08	
10	Sun	1:11	10.5	1:24	11.3	7:10	-0.5	7:46	-1.4	6:49	6:06	
11	Mon	2:03	10.1	2:14	10.9	7:59	-0.1	8:39	-0.9	6:50	6:05	
12	Tue	2:57	9.5	3:07	10.4	8:51	0.5	9:35	-0.2	6:51	6:03	
13	Wed	3:54	9.0	4:05	9.8	9:48	1.0	10:34	0.3	6:53	6:01	
14	Thu	4:54	8.6	5:06	9.3	10:48	1.5	11:36	0.8	6:54	6:00	
15	Fri	5:54	8.3	6:08	9.0	11:51	1.8			6:55	5:58	
16	Sat	6:54	8.3	7:10	8.8	12:37	1.1	12:55	1.8	6:56	5:56	
17	Sun	7:51	8.4	8:08	8.8	1:36	1.2	1:56	1.7	6:57	5:55	
18	Mon	8:42	8.6	9:00	8.9	2:29	1.2	2:51	1.4	6:59	5:53	
19	Tue	9:27	9.0	9:46	9.0	3:15	1.1	3:37	1.1	7:00	5:51	
20	Wed	10:06	9.3	10:28	9.0	3:55	1.0	4:19	0.7	7:01	5:50	
21	Thu	10:43	9.5	11:07	9.1	4:31	0.9	4:57	0.4	7:02	5:48	
22	Fri	11:17	9.7	11:45	9.1	5:05	0.9	5:33	0.2	7:04	5:47	
23	Sat	11:51	9.8			5:38	0.9	6:08	0.1	7:05	5:45	
24	Sun	12:22	9.0	12:24	9.9	6:13	0.9	6:44	0.0	7:06	5:43	
25	Mon	12:59	8.9	1:00	9.9	6:49	1.0	7:22	0.0	7:08	5:42	
26	Tue	1:36	8.8	1:38	9.9	7:27	1.1	8:03	0.1	7:09	5:40	
27	Wed	2:17	8.7	2:20	9.9	8:09	1.2	8:49	0.2	7:10	5:39	
28	Thu	3:03	8.5	3:09	9.8	8:57	1.2	9:39	0.3	7:11	5:38	
29	Fri	3:56	8.5	4:05	9.7	9:51	1.3	10:35	0.4	7:13	5:36	
30	Sat	4:54	8.6	5:07	9.6	10:51	1.3	11:34	0.4	7:14	5:35	
31	Sun	5:55	8.8	6:12	9.6	11:56	1.1			7:15	5:33	