

































Fore River, Portland, ME - Mar 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:42	9.4	9:18	8.7	2:27	1.0	3:07	0.2	6:17	5:29	
2	Wed	9:31	9.5	10:02	8.9	3:18	0.7	3:51	0.1	6:16	5:30	
3	Thu	10:15	9.6	10:41	9.2	4:03	0.5	4:31	0.0	6:14	5:31	
4	Fri	10:54	9.6	11:17	9.3	4:43	0.3	5:06	0.0	6:12	5:33	
5	Sat	11:31	9.5	11:49	9.4	5:20	0.2	5:38	0.1	6:10	5:34	
6	Sun			12:06	9.4	5:55	0.2	6:09	0.3	6:09	5:35	
7	Mon	12:21	9.4	12:40	9.1	6:28	0.2	6:40	0.5	6:07	5:36	
8	Tue	12:52	9.4	1:14	8.9	7:03	0.3	7:13	0.7	6:05	5:38	
9	Wed	1:24	9.3	1:51	8.6	7:39	0.4	7:48	1.0	6:04	5:39	
10	Thu	2:00	9.2	2:32	8.2	8:20	0.6	8:29	1.2	6:02	5:40	
11	Fri	2:41	9.0	3:18	7.9	9:05	0.8	9:15	1.5	6:00	5:41	
12	Sat	3:29	8.9	4:11	7.8	9:56	1.0	10:07	1.6	5:58	5:43	
13	Sun	5:24	8.9	6:10	7.7	11:53	1.0			6:56	6:44	
14	Mon	6:24	9.0	7:13	7.9	12:05	1.6	12:55	0.9	6:55	6:45	
15	Tue	7:29	9.2	8:16	8.4	1:08	1.4	1:58	0.5	6:53	6:46	
16	Wed	8:33	9.7	9:13	9.1	2:13	0.8	2:57	-0.1	6:51	6:48	
17	Thu	9:31	10.2	10:05	9.9	3:14	0.1	3:50	-0.7	6:49	6:49	
18	Fri	10:26	10.7	10:54	10.6	4:10	-0.7	4:40	-1.2	6:47	6:50	
19	Sat	11:18	11.1	11:43	11.2	5:02	-1.4	5:28	-1.5	6:46	6:51	
20	Sun			12:10	11.2	5:54	-1.9	6:17	-1.6	6:44	6:52	
21	Mon	12:31	11.6	1:02	11.1	6:46	-2.1	7:05	-1.5	6:42	6:54	
22	Tue	1:19	11.6	1:53	10.7	7:37	-2.1	7:55	-1.1	6:40	6:55	
23	Wed	2:09	11.4	2:47	10.2	8:30	-1.7	8:46	-0.5	6:38	6:56	
24	Thu	3:02	10.9	3:45	9.6	9:26	-1.1	9:42	0.1	6:37	6:57	
25	Fri	4:00	10.3	4:47	9.0	10:27	-0.5	10:43	0.7	6:35	6:59	
26	Sat	5:03	9.8	5:52	8.5	11:31	0.1	11:48	1.2	6:33	7:00	
27	Sun	6:09	9.3	6:58	8.3			12:39	0.5	6:31	7:01	
28	Mon	7:16	9.0	8:03	8.3	12:58	1.4	1:46	0.7	6:29	7:02	
29	Tue	8:21	8.9	9:00	8.5	2:06	1.4	2:46	0.7	6:28	7:03	
30	Wed	9:17	9.0	9:49	8.8	3:06	1.2	3:37	0.6	6:26	7:04	
31	Thu	10:06	9.1	10:31	9.1	3:56	0.9	4:20	0.6	6:24	7:06	