US HARBORS www.USHarbors.com

Fore River, Portland, ME - Mar 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	**8:42**	9.4	**9:18**	8.7	**2:27**	1.0	**3:07**	0.2	6:17	5:29	
2	Wed	**9:31**	9.5	**10:02**	8.9	**3:18**	0.7	**3:51**	0.1	6:16	5:30	
3	Thu	**10:15**	9.6	**10:41**	9.2	**4:03**	0.5	**4:31**	0.0	6:14	5:31	
4	Fri	**10:54**	9.6	**11:17**	9.3	**4:43**	0.3	**5:06**	0.0	6:12	5:33	
5	Sat	**11:31**	9.5	**11:49**	9.4	**5:20**	0.2	**5:38**	0.1	6:10	5:34	
6	Sun			**12:06**	9.4	**5:55**	0.2	**6:09**	0.3	6:09	5:35	
7	Mon	**12:21**	9.4	**12:40**	9.1	**6:28**	0.2	**6:40**	0.5	6:07	5:36	
8	Tue	**12:52**	9.4	**1:14**	8.9	**7:03**	0.3	**7:13**	0.7	6:05	5:38	
9	Wed	**1:24**	9.3	**1:51**	8.6	**7:39**	0.4	**7:48**	1.0	6:04	5:39	
10	Thu	**2:00**	9.2	**2:32**	8.2	**8:20**	0.6	**8:29**	1.2	6:02	5:40	
11	Fri	**2:41**	9.0	**3:18**	7.9	**9:05**	0.8	**9:15**	1.5	6:00	5:41	
12	Sat	**3:29**	8.9	**4:11**	7.8	**9:56**	1.0	**10:07**	1.6	5:58	5:43	
13	Sun	**5:24**	8.9	**6:10**	7.7	**11:53**	1.0			6:56	6:44	
14	Mon	**6:24**	9.0	**7:13**	7.9	**12:05**	1.6	**12:55**	0.9	6:55	6:45	
15	Tue	**7:29**	9.2	**8:16**	8.4	**1:08**	1.4	**1:58**	0.5	6:53	6:46	
16	Wed	**8:33**	9.7	**9:13**	9.1	**2:13**	0.8	**2:57**	-0.1	6:51	6:48	
17	Thu	**9:31**	10.2	**10:05**	9.9	**3:14**	0.1	**3:50**	-0.7	6:49	6:49	
18	Fri	**10:26**	10.7	**10:54**	10.6	**4:10**	-0.7	**4:40**	-1.2	6:47	6:50	
19	Sat	**11:18**	11.1	**11:43**	11.2	**5:02**	-1.4	**5:28**	-1.5	6:46	6:51	
20	Sun			**12:10**	11.2	**5:54**	-1.9	**6:17**	-1.6	6:44	6:52	
21	Mon	**12:31**	11.6	**1:02**	11.1	**6:46**	-2.1	**7:05**	-1.5	6:42	6:54	
22	Tue	**1:19**	11.6	**1:53**	10.7	**7:37**	-2.1	**7:55**	-1.1	6:40	6:55	
23	Wed	**2:09**	11.4	**2:47**	10.2	**8:30**	-1.7	**8:46**	-0.5	6:38	6:56	
24	Thu	**3:02**	10.9	**3:45**	9.6	**9:26**	-1.1	**9:42**	0.1	6:37	6:57	
25	Fri	**4:00**	10.3	**4:47**	9.0	**10:27**	-0.5	**10:43**	0.7	6:35	6:59	
26	Sat	**5:03**	9.8	**5:52**	8.5	**11:31**	0.1	**11:48**	1.2	6:33	7:00	
27	Sun	**6:09**	9.3	**6:58**	8.3			**12:39**	0.5	6:31	7:01	
28	Mon	**7:16**	9.0	**8:03**	8.3	**12:58**	1.4	**1:46**	0.7	6:29	7:02	
29	Tue	**8:21**	8.9	**9:00**	8.5	**2:06**	1.4	**2:46**	0.7	6:28	7:03	
30	Wed	**9:17**	9.0	**9:49**	8.8	**3:06**	1.2	**3:37**	0.6	6:26	7:04	
31	Thu	**10:06**	9.1	**10:31**	9.1	**3:56**	0.9	**4:20**	0.6	6:24	7:06	