US HARBORS www.USHarbors.com

Fore River, Portland, ME - Jul 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			12:01	8.8	5:47	-0.1	5:46	0.9	5:03	8:26	
2	Sat	12:03	10.5	12:44	9.1	6:28	-0.4	6:31	0.6	5:03	8:26	
3	Sun	12:46	10.6	1:26	9.4	7:10	-0.7	7:17	0.4	5:04	8:26	
4	Mon	1:31	10.7	2:09	9.7	7:53	-0.8	8:05	0.2	5:05	8:25	
5	Tue	2:17	10.6	2:55	9.9	8:38	-0.8	8:56	0.1	5:05	8:25	
6	Wed	3:08	10.4	3:45	10.1	9:26	-0.7	9:51	0.1	5:06	8:25	
7	Thu	4:03	10.1	4:38	10.3	10:16	-0.5	10:50	0.1	5:07	8:25	
8	Fri	5:01	9.7	5:33	10.4	11:10	-0.2	11:51	0.1	5:07	8:24	
9	Sat	6:03	9.3	6:31	10.4			12:07	0.2	5:08	8:24	
10	Sun	7:09	9.0	7:33	10.4	12:55	0.1	1:08	0.5	5:09	8:23	
11	Mon	8:16	8.9	8:35	10.5	2:02	0.0	2:11	0.6	5:10	8:23	
12	Tue	9:20	8.9	9:34	10.6	3:06	-0.2	3:13	0.6	5:10	8:22	
13	Wed	10:18	9.1	10:29	10.7	4:05	-0.4	4:10	0.6	5:11	8:22	
14	Thu	11:12	9.2	11:21	10.7	4:58	-0.6	5:03	0.5	5:12	8:21	
15	Fri			12:02	9.3	5:48	-0.6	5:54	0.5	5:13	8:20	
16	Sat	12:10	10.7	12:49	9.4	6:35	-0.6	6:41	0.5	5:14	8:20	
17	Sun	12:55	10.5	1:32	9.4	7:18	-0.4	7:26	0.6	5:15	8:19	
18	Mon	1:39	10.2	2:13	9.3	7:58	-0.2	8:10	0.8	5:16	8:18	
19	Tue	2:21	9.8	2:54	9.3	8:37	0.2	8:54	1.0	5:17	8:17	
20	Wed	3:04	9.3	3:35	9.2	9:16	0.5	9:40	1.2	5:17	8:17	
21	Thu	3:49	8.9	4:18	9.1	9:57	0.9	10:28	1.4	5:18	8:16	
22	Fri	4:37	8.5	5:03	9.0	10:40	1.3	11:17	1.5	5:19	8:15	
23	Sat	5:27	8.1	5:50	8.9	11:25	1.6			5:20	8:14	
24	Sun	6:20	7.8	6:40	8.9	12:09	1.6	12:14	1.8	5:21	8:13	
25	Mon	7:17	7.7	7:33	9.0	1:05	1.6	1:06	1.9	5:22	8:12	
26	Tue	8:15	7.7	8:27	9.2	2:03	1.4	2:02	1.9	5:23	8:11	
27	Wed	9:10	7.9	9:17	9.6	2:58	1.1	2:56	1.7	5:24	8:10	
28	Thu	9:59	8.3	10:05	10.0	3:47	0.6	3:45	1.3	5:25	8:09	
29	Fri	10:45	8.7	10:52	10.4	4:32	0.2	4:33	0.8	5:27	8:08	
30	Sat	11:30	9.2	11:38	10.8	5:16	-0.3	5:21	0.4	5:28	8:07	
31	Sun			12:14	9.6	6:00	-0.7	6:09	-0.1	5:29	8:06	