

















Fore River, Portland, ME - Aug 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:25	11.0	12:59	10.1	6:44	-1.0	6:57	-0.4	5:30	8:04	
2	Tue	1:12	11.0	1:44	10.4	7:28	-1.2	7:47	-0.6	5:31	8:03	
3	Wed	2:00	10.9	2:31	10.7	8:14	-1.1	8:39	-0.7	5:32	8:02	
4	Thu	2:52	10.6	3:21	10.7	9:03	-0.9	9:34	-0.6	5:33	8:01	
5	Fri	3:47	10.1	4:15	10.7	9:55	-0.5	10:33	-0.4	5:34	7:59	
6	Sat	4:47	9.6	5:13	10.5	10:51	0.0	11:36	-0.1	5:35	7:58	
7	Sun	5:51	9.1	6:14	10.3	11:50	0.4			5:36	7:57	
8	Mon	6:58	8.8	7:19	10.1	12:42	0.1	12:54	0.8	5:37	7:55	
9	Tue	8:06	8.7	8:24	10.1	1:51	0.2	2:01	0.9	5:38	7:54	
10	Wed	9:10	8.7	9:25	10.2	2:56	0.1	3:05	0.9	5:40	7:53	
11	Thu	10:06	8.9	10:19	10.3	3:54	-0.1	4:01	0.8	5:41	7:51	
12	Fri	10:57	9.1	11:08	10.3	4:45	-0.2	4:52	0.6	5:42	7:50	
13	Sat	11:43	9.3	11:54	10.2	5:31	-0.2	5:39	0.5	5:43	7:48	
14	Sun			12:25	9.4	6:13	-0.2	6:23	0.5	5:44	7:47	
15	Mon	12:36	10.1	1:04	9.4	6:51	0.0	7:03	0.5	5:45	7:45	
16	Tue	1:15	9.8	1:40	9.4	7:27	0.2	7:42	0.6	5:46	7:44	
17	Wed	1:53	9.5	2:15	9.4	8:01	0.4	8:21	0.7	5:47	7:42	
18	Thu	2:32	9.2	2:52	9.3	8:37	0.7	9:02	0.9	5:49	7:41	
19	Fri	3:12	8.8	3:31	9.1	9:14	1.1	9:45	1.1	5:50	7:39	
20	Sat	3:56	8.4	4:14	9.0	9:55	1.4	10:32	1.3	5:51	7:37	
21	Sun	4:45	8.0	5:01	8.9	10:40	1.7	11:23	1.5	5:52	7:36	
22	Mon	5:37	7.8	5:52	8.8	11:29	1.9			5:53	7:34	
23	Tue	6:33	7.7	6:47	8.9	12:18	1.5	12:23	2.0	5:54	7:33	
24	Wed	7:32	7.7	7:46	9.2	1:17	1.4	1:21	1.8	5:55	7:31	
25	Thu	8:30	8.0	8:42	9.6	2:16	1.1	2:20	1.5	5:56	7:29	
26	Fri	9:22	8.5	9:34	10.1	3:09	0.6	3:15	1.0	5:57	7:28	
27	Sat	10:11	9.1	10:24	10.6	3:58	0.0	4:07	0.3	5:59	7:26	
28	Sun	10:57	9.8	11:13	10.9	4:44	-0.5	4:57	-0.3	6:00	7:24	
29	Mon	11:43	10.4			5:29	-1.0	5:46	-0.8	6:01	7:22	
30	Tue	12:02	11.1	12:29	10.9	6:15	-1.3	6:37	-1.2	6:02	7:21	
31	Wed	12:52	11.2	1:16	11.2	7:02	-1.3	7:28	-1.4	6:03	7:19	