

































## Fore River, Portland, ME - Jan 2012

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:36	8.8	5:00	8.1	10:50	1.3	11:03	1.3	7:14	4:14	
2	Mon	5:27	8.7	5:57	7.8	11:48	1.4	11:56	1.6	7:14	4:15	
3	Tue	6:20	8.7	6:56	7.7			12:48	1.3	7:14	4:16	
4	Wed	7:13	8.9	7:52	7.8	12:52	1.7	1:43	1.1	7:14	4:17	
5	Thu	8:03	9.1	8:42	8.0	1:44	1.6	2:33	0.8	7:14	4:18	
6	Fri	8:49	9.3	9:27	8.2	2:31	1.5	3:16	0.4	7:14	4:19	
7	Sat	9:31	9.6	10:09	8.5	3:14	1.2	3:56	0.1	7:14	4:20	
8	Sun	10:11	9.9	10:48	8.7	3:55	0.9	4:35	-0.2	7:14	4:21	
9	Mon	10:51	10.2	11:27	9.0	4:35	0.6	5:12	-0.5	7:13	4:22	
10	Tue	11:30	10.3			5:15	0.4	5:50	-0.7	7:13	4:23	
11	Wed	12:04	9.3	12:10	10.4	5:57	0.1	6:29	-0.9	7:13	4:24	
12	Thu	12:43	9.5	12:52	10.4	6:40	-0.1	7:10	-0.9	7:12	4:25	
13	Fri	1:24	9.7	1:37	10.2	7:26	-0.2	7:54	-0.8	7:12	4:26	
14	Sat	2:09	9.9	2:27	9.9	8:17	-0.2	8:41	-0.6	7:12	4:28	
15	Sun	2:59	10.0	3:23	9.5	9:12	-0.1	9:34	-0.2	7:11	4:29	
16	Mon	3:53	10.0	4:24	9.1	10:11	-0.1	10:30	0.1	7:11	4:30	
17	Tue	4:52	10.0	5:30	8.8	11:15	0.0	11:31	0.4	7:10	4:31	
18	Wed	5:55	10.0	6:40	8.7			12:24	-0.1	7:09	4:32	
19	Thu	7:01	10.1	7:48	8.8	12:37	0.5	1:33	-0.3	7:09	4:34	
20	Fri	8:05	10.3	8:50	9.0	1:44	0.4	2:35	-0.6	7:08	4:35	
21	Sat	9:04	10.6	9:46	9.3	2:45	0.2	3:31	-0.9	7:07	4:36	
22	Sun	9:58	10.8	10:37	9.5	3:40	-0.1	4:23	-1.1	7:07	4:38	
23	Mon	10:48	10.8	11:25	9.7	4:32	-0.2	5:11	-1.2	7:06	4:39	
24	Tue	11:36	10.7			5:21	-0.3	5:55	-1.1	7:05	4:40	
25	Wed	12:09	9.7	12:21	10.4	6:07	-0.2	6:37	-0.8	7:04	4:42	
26	Thu	12:51	9.7	1:04	10.0	6:52	-0.1	7:17	-0.4	7:03	4:43	
27	Fri	1:32	9.5	1:47	9.5	7:36	0.2	7:58	0.0	7:02	4:44	
28	Sat	2:14	9.3	2:32	8.9	8:21	0.5	8:39	0.5	7:02	4:46	
29	Sun	2:58	9.1	3:20	8.4	9:09	0.8	9:23	1.0	7:01	4:47	
30	Mon	3:44	8.8	4:12	8.0	10:00	1.1	10:10	1.4	7:00	4:48	
31	Tue	4:33	8.6	5:07	7.6	10:54	1.4	11:01	1.7	6:59	4:50	