

































Fore River, Portland, ME - Jul 2012

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:21	9.3	9:37	11.2	3:08	-0.6	3:17	0.1	5:03	8:26	
2	Mon	10:21	9.6	10:34	11.4	4:07	-1.0	4:15	-0.1	5:04	8:26	
3	Tue	11:18	9.8	11:30	11.5	5:03	-1.3	5:12	-0.2	5:04	8:26	
4	Wed			12:13	10.0	5:58	-1.4	6:07	-0.3	5:05	8:25	
5	Thu	12:25	11.5	1:06	10.1	6:50	-1.4	7:01	-0.2	5:06	8:25	
6	Fri	1:17	11.2	1:57	10.1	7:40	-1.2	7:54	-0.1	5:06	8:25	
7	Sat	2:08	10.8	2:46	10.0	8:28	-0.9	8:46	0.2	5:07	8:24	
8	Sun	2:59	10.3	3:36	9.8	9:17	-0.4	9:40	0.5	5:08	8:24	
9	Mon	3:52	9.7	4:27	9.6	10:06	0.1	10:35	0.8	5:09	8:23	
10	Tue	4:46	9.1	5:17	9.4	10:55	0.7	11:31	1.1	5:09	8:23	
11	Wed	5:40	8.6	6:08	9.2	11:44	1.1			5:10	8:22	
12	Thu	6:36	8.2	7:00	9.1	12:28	1.3	12:36	1.5	5:11	8:22	
13	Fri	7:34	8.0	7:53	9.1	1:27	1.3	1:30	1.8	5:12	8:21	
14	Sat	8:31	7.9	8:45	9.2	2:24	1.3	2:24	1.8	5:13	8:21	
15	Sun	9:24	8.0	9:33	9.4	3:17	1.1	3:15	1.8	5:14	8:20	
16	Mon	10:12	8.2	10:17	9.6	4:03	0.8	4:00	1.6	5:14	8:19	
17	Tue	10:56	8.4	10:59	9.8	4:45	0.6	4:42	1.4	5:15	8:18	
18	Wed	11:37	8.6	11:39	10.0	5:24	0.3	5:22	1.2	5:16	8:18	
19	Thu			12:16	8.9	6:02	0.1	6:02	0.9	5:17	8:17	
20	Fri	12:18	10.1	12:53	9.1	6:38	-0.2	6:43	0.7	5:18	8:16	
21	Sat	12:57	10.2	1:30	9.4	7:14	-0.3	7:24	0.5	5:19	8:15	
22	Sun	1:36	10.2	2:08	9.7	7:52	-0.4	8:07	0.3	5:20	8:14	
23	Mon	2:18	10.1	2:49	9.9	8:33	-0.4	8:54	0.2	5:21	8:13	
24	Tue	3:04	9.9	3:34	10.1	9:17	-0.3	9:45	0.1	5:22	8:12	
25	Wed	3:55	9.7	4:24	10.2	10:05	-0.1	10:40	0.1	5:23	8:11	
26	Thu	4:51	9.4	5:18	10.3	10:58	0.1	11:40	0.1	5:24	8:10	
27	Fri	5:51	9.1	6:17	10.3	11:54	0.3			5:25	8:09	
28	Sat	6:56	8.9	7:20	10.4	12:43	0.1	12:56	0.5	5:26	8:08	
29	Sun	8:05	8.9	8:25	10.6	1:50	0.0	2:01	0.5	5:27	8:07	
30	Mon	9:10	9.1	9:27	10.8	2:56	-0.3	3:05	0.4	5:28	8:06	
31	Tue	10:10	9.4	10:25	11.0	3:56	-0.6	4:05	0.1	5:29	8:05	