US HARBORS www.USHarbors.com

Fore River, Portland, ME - Aug 2012

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:05	9.7	11:19	11.1	4:51	-0.9	5:01	-0.1	5:31	8:03	
2	Thu	11:57	9.9			5:43	-1.0	5:54	-0.2	5:32	8:02	
3	Fri	12:11	11.0	12:46	10.0	6:31	-1.0	6:45	-0.2	5:33	8:01	
4	Sat	1:00	10.8	1:32	10.1	7:17	-0.8	7:33	-0.1	5:34	8:00	
5	Sun	1:46	10.4	2:16	10.0	8:00	-0.5	8:20	0.1	5:35	7:58	
6	Mon	2:32	9.9	3:00	9.8	8:43	0.0	9:08	0.4	5:36	7:57	
7	Tue	3:19	9.4	3:45	9.5	9:26	0.5	9:57	0.8	5:37	7:56	
8	Wed	4:08	8.9	4:32	9.3	10:12	1.0	10:49	1.1	5:38	7:54	
9	Thu	5:00	8.4	5:21	9.1	10:59	1.4	11:42	1.3	5:39	7:53	
10	Fri	5:54	8.0	6:13	8.9	11:49	1.7			5:40	7:51	
11	Sat	6:51	7.8	7:08	8.9	12:39	1.5	12:43	1.9	5:42	7:50	
12	Sun	7:49	7.7	8:04	8.9	1:38	1.5	1:40	2.0	5:43	7:49	
13	Mon	8:45	7.9	8:56	9.2	2:35	1.3	2:35	1.8	5:44	7:47	
14	Tue	9:35	8.1	9:44	9.5	3:25	1.0	3:25	1.6	5:45	7:46	
15	Wed	10:19	8.5	10:27	9.8	4:08	0.7	4:10	1.2	5:46	7:44	
16	Thu	11:01	8.9	11:09	10.1	4:48	0.3	4:52	0.8	5:47	7:43	
17	Fri	11:40	9.3	11:50	10.3	5:26	-0.1	5:34	0.4	5:48	7:41	
18	Sat			12:19	9.7	6:05	-0.4	6:17	0.0	5:49	7:39	
19	Sun	12:31	10.5	12:57	10.1	6:43	-0.6	7:00	-0.3	5:50	7:38	
20	Mon	1:14	10.5	1:38	10.4	7:24	-0.7	7:46	-0.5	5:52	7:36	
21	Tue	1:58	10.3	2:21	10.5	8:07	-0.6	8:34	-0.5	5:53	7:35	
22	Wed	2:46	10.1	3:08	10.6	8:53	-0.4	9:26	-0.4	5:54	7:33	
23	Thu	3:39	9.7	4:01	10.5	9:44	-0.1	10:23	-0.3	5:55	7:31	
24	Fri	4:37	9.3	5:00	10.4	10:40	0.2	11:25	0.0	5:56	7:30	
25	Sat	5:41	9.0	6:03	10.2	11:40	0.5			5:57	7:28	
26	Sun	6:48	8.8	7:10	10.2	12:31	0.1	12:45	0.7	5:58	7:26	
27	Mon	7:57	8.8	8:18	10.2	1:40	0.1	1:54	0.7	5:59	7:25	
28	Tue	9:02	9.1	9:20	10.4	2:47	-0.1	3:00	0.5	6:01	7:23	
29	Wed	9:59	9.4	10:16	10.5	3:45	-0.3	3:59	0.2	6:02	7:21	
30	Thu	10:51	9.7	11:07	10.6	4:37	-0.5	4:52	-0.1	6:03	7:19	
31	Fri	11:38	9.9	11:56	10.5	5:25	-0.6	5:41	-0.2	6:04	7:18	