US HARBORS www.USHarbors.com

Fore River, Portland, ME - Jan 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:16	8.9	1:19	9.6	7:09	0.8	7:37	-0.1	7:14	4:15	
2	Wed	1:53	9.0	2:00	9.4	7:52	0.7	8:18	0.0	7:14	4:16	
3	Thu	2:34	9.1	2:47	9.2	8:39	0.7	9:03	0.1	7:14	4:17	
4	Fri	3:20	9.3	3:39	9.0	9:30	0.6	9:52	0.3	7:14	4:18	
5	Sat	4:10	9.5	4:37	8.8	10:27	0.5	10:45	0.4	7:14	4:19	
6	Sun	5:06	9.7	5:39	8.7	11:27	0.3	11:44	0.4	7:14	4:20	
7	Mon	6:05	10.0	6:46	8.8			12:32	0.0	7:14	4:21	
8	Tue	7:08	10.3	7:52	9.0	12:47	0.3	1:38	-0.5	7:13	4:22	
9	Wed	8:10	10.8	8:53	9.4	1:50	0.0	2:39	-1.0	7:13	4:23	
10	Thu	9:08	11.2	9:50	9.8	2:49	-0.3	3:35	-1.5	7:13	4:24	
11	Fri	10:04	11.5	10:45	10.1	3:46	-0.7	4:30	-1.8	7:13	4:25	
12	Sat	10:59	11.6	11:38	10.3	4:41	-0.9	5:22	-1.9	7:12	4:26	
13	Sun	11:51	11.5			5:35	-1.0	6:12	-1.9	7:12	4:27	
14	Mon	12:28	10.4	12:43	11.1	6:28	-0.9	7:01	-1.5	7:11	4:29	
15	Tue	1:18	10.3	1:34	10.6	7:20	-0.7	7:50	-1.1	7:11	4:30	
16	Wed	2:08	10.1	2:27	10.0	8:13	-0.3	8:40	-0.5	7:10	4:31	
17	Thu	3:00	9.8	3:22	9.3	9:09	0.1	9:31	0.2	7:10	4:32	
18	Fri	3:53	9.4	4:19	8.7	10:07	0.5	10:24	0.8	7:09	4:33	
19	Sat	4:47	9.1	5:18	8.2	11:07	0.9	11:19	1.2	7:08	4:35	
20	Sun	5:42	8.9	6:19	7.9			12:09	1.0	7:08	4:36	
21	Mon	6:39	8.9	7:19	7.8	12:18	1.5	1:10	1.0	7:07	4:37	
22	Tue	7:35	8.9	8:14	7.9	1:16	1.6	2:06	0.8	7:06	4:39	
23	Wed	8:25	9.1	9:02	8.1	2:09	1.5	2:54	0.6	7:05	4:40	
24	Thu	9:11	9.3	9:46	8.4	2:56	1.3	3:37	0.3	7:04	4:41	
25	Fri	9:52	9.6	10:26	8.6	3:37	1.0	4:15	0.1	7:04	4:43	
26	Sat	10:31	9.7	11:03	8.8	4:16	0.8	4:51	-0.1	7:03	4:44	
27	Sun	11:08	9.9	11:38	9.1	4:53	0.6	5:24	-0.3	7:02	4:45	
28	Mon	11:44	9.9			5:30	0.4	5:58	-0.4	7:01	4:47	
29	Tue	12:12	9.3	12:20	9.9	6:07	0.2	6:33	-0.5	7:00	4:48	
30	Wed	12:46	9.4	12:57	9.8	6:46	0.0	7:09	-0.5	6:59	4:49	
31	Thu	1:23	9.6	1:38	9.7	7:29	0.0	7:50	-0.3	6:58	4:51	