

































Fore River, Portland, ME - Mar 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:55	10.3	1:20	9.9	7:08	-0.8	7:26	-0.5	6:16	5:29	
2	Sat	1:38	10.4	2:07	9.6	7:55	-0.7	8:12	-0.2	6:15	5:31	
3	Sun	2:26	10.3	3:01	9.2	8:48	-0.5	9:05	0.1	6:13	5:32	
4	Mon	3:21	10.1	4:02	8.9	9:46	-0.3	10:03	0.4	6:11	5:33	
5	Tue	4:22	9.9	5:09	8.6	10:50	-0.1	11:08	0.6	6:10	5:35	
6	Wed	5:30	9.8	6:20	8.6	11:59	0.0			6:08	5:36	
7	Thu	6:41	9.8	7:29	8.9	12:18	0.7	1:10	-0.1	6:06	5:37	
8	Fri	7:49	10.0	8:30	9.3	1:28	0.4	2:14	-0.4	6:04	5:38	
9	Sat	8:49	10.3	9:25	9.8	2:32	0.0	3:10	-0.7	6:03	5:40	
10	Sun	10:44	10.5	11:14	10.2	4:28	-0.5	5:00	-0.9	7:01	6:41	
11	Mon	11:34	10.6			5:20	-0.8	5:46	-1.0	6:59	6:42	
12	Tue	12:00	10.4	12:22	10.5	6:08	-1.0	6:30	-0.9	6:57	6:43	
13	Wed	12:43	10.4	1:06	10.2	6:53	-0.9	7:11	-0.6	6:56	6:45	
14	Thu	1:24	10.3	1:49	9.9	7:36	-0.8	7:51	-0.2	6:54	6:46	
15	Fri	2:04	10.1	2:32	9.4	8:18	-0.4	8:31	0.3	6:52	6:47	
16	Sat	2:44	9.8	3:16	8.9	9:02	0.0	9:13	0.8	6:50	6:48	
17	Sun	3:27	9.4	4:04	8.4	9:48	0.4	9:58	1.3	6:48	6:49	
18	Mon	4:15	9.0	4:55	8.0	10:38	0.9	10:48	1.7	6:47	6:51	
19	Tue	5:07	8.7	5:50	7.8	11:31	1.2	11:42	1.9	6:45	6:52	
20	Wed	6:03	8.4	6:49	7.7			12:29	1.4	6:43	6:53	
21	Thu	7:02	8.4	7:48	7.8	12:41	2.0	1:29	1.4	6:41	6:54	
22	Fri	8:02	8.5	8:42	8.1	1:42	1.9	2:25	1.2	6:39	6:56	
23	Sat	8:55	8.8	9:29	8.5	2:39	1.5	3:14	0.9	6:38	6:57	
24	Sun	9:43	9.2	10:10	9.0	3:28	1.0	3:56	0.5	6:36	6:58	
25	Mon	10:27	9.5	10:49	9.6	4:12	0.5	4:35	0.1	6:34	6:59	
26	Tue	11:09	9.8	11:28	10.1	4:54	-0.1	5:14	-0.3	6:32	7:00	
27	Wed	11:51	10.1			5:36	-0.6	5:54	-0.5	6:30	7:02	
28	Thu	12:07	10.5	12:34	10.2	6:19	-1.0	6:35	-0.7	6:29	7:03	
29	Fri	12:48	10.8	1:18	10.2	7:03	-1.3	7:19	-0.7	6:27	7:04	
30	Sat	1:31	11.0	2:04	10.1	7:50	-1.3	8:05	-0.5	6:25	7:05	
31	Sun	2:17	10.9	2:55	9.8	8:39	-1.2	8:55	-0.2	6:23	7:06	