

































## Fore River, Portland, ME - Jul 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:27	9.1	6:57	9.8	12:16	0.6	12:33	0.6	5:03	8:26	
2	Tue	7:29	8.7	7:53	9.7	1:19	0.7	1:31	1.0	5:04	8:26	
3	Wed	8:29	8.5	8:47	9.7	2:21	0.7	2:28	1.3	5:04	8:26	
4	Thu	9:24	8.4	9:36	9.7	3:16	0.6	3:20	1.4	5:05	8:25	
5	Fri	10:14	8.5	10:22	9.8	4:06	0.5	4:07	1.4	5:06	8:25	
6	Sat	10:59	8.5	11:04	9.8	4:50	0.4	4:50	1.3	5:06	8:25	
7	Sun	11:41	8.6	11:44	9.9	5:31	0.3	5:30	1.3	5:07	8:24	
8	Mon			12:21	8.7	6:09	0.2	6:08	1.2	5:08	8:24	
9	Tue	12:22	9.9	12:58	8.8	6:44	0.2	6:45	1.2	5:08	8:23	
10	Wed	12:58	9.9	1:33	8.9	7:18	0.1	7:21	1.1	5:09	8:23	
11	Thu	1:34	9.8	2:08	9.0	7:51	0.2	7:59	1.1	5:10	8:22	
12	Fri	2:10	9.7	2:43	9.1	8:26	0.2	8:39	1.0	5:11	8:22	
13	Sat	2:48	9.5	3:21	9.2	9:04	0.2	9:23	1.0	5:12	8:21	
14	Sun	3:30	9.3	4:02	9.4	9:44	0.3	10:10	0.9	5:12	8:21	
15	Mon	4:18	9.1	4:48	9.6	10:29	0.4	11:02	0.8	5:13	8:20	
16	Tue	5:10	8.9	5:38	9.8	11:18	0.5	11:57	0.6	5:14	8:19	
17	Wed	6:06	8.8	6:32	10.1			12:12	0.6	5:15	8:19	
18	Thu	7:08	8.8	7:32	10.4	12:57	0.4	1:10	0.5	5:16	8:18	
19	Fri	8:13	9.0	8:33	10.7	2:01	0.0	2:12	0.4	5:17	8:17	
20	Sat	9:17	9.3	9:34	11.2	3:04	-0.5	3:14	0.1	5:18	8:16	
21	Sun	10:16	9.7	10:32	11.5	4:03	-1.0	4:12	-0.3	5:19	8:15	
22	Mon	11:13	10.0	11:28	11.7	4:59	-1.4	5:10	-0.6	5:20	8:14	
23	Tue			12:09	10.4	5:53	-1.6	6:06	-0.8	5:21	8:13	
24	Wed	12:24	11.7	1:02	10.6	6:45	-1.7	7:01	-0.8	5:22	8:12	
25	Thu	1:17	11.5	1:53	10.7	7:36	-1.6	7:55	-0.7	5:23	8:11	
26	Fri	2:10	11.1	2:45	10.6	8:26	-1.2	8:50	-0.5	5:24	8:10	
27	Sat	3:04	10.6	3:37	10.4	9:17	-0.7	9:47	-0.1	5:25	8:09	
28	Sun	4:00	9.9	4:31	10.1	10:09	-0.1	10:45	0.3	5:26	8:08	
29	Mon	4:57	9.3	5:25	9.8	11:03	0.5	11:44	0.6	5:27	8:07	
30	Tue	5:56	8.8	6:20	9.5	11:58	1.0			5:28	8:06	
31	Wed	6:55	8.4	7:17	9.3	12:45	0.9	12:54	1.4	5:29	8:05	