

































## Fore River, Portland, ME - Aug 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:56	8.2	8:13	9.3	1:47	1.0	1:53	1.6	5:30	8:04	
2	Fri	8:52	8.1	9:06	9.4	2:45	1.0	2:49	1.6	5:31	8:02	
3	Sat	9:43	8.3	9:54	9.5	3:36	0.8	3:38	1.5	5:32	8:01	
4	Sun	10:29	8.4	10:37	9.7	4:21	0.6	4:22	1.3	5:34	8:00	
5	Mon	11:11	8.6	11:18	9.8	5:02	0.4	5:03	1.2	5:35	7:59	
6	Tue	11:50	8.9	11:56	9.9	5:39	0.3	5:41	1.0	5:36	7:57	
7	Wed			12:27	9.0	6:13	0.2	6:18	0.8	5:37	7:56	
8	Thu	12:33	9.9	1:01	9.2	6:47	0.1	6:55	0.7	5:38	7:55	
9	Fri	1:08	9.9	1:35	9.4	7:20	0.0	7:33	0.5	5:39	7:53	
10	Sat	1:44	9.8	2:09	9.6	7:55	0.0	8:12	0.4	5:40	7:52	
11	Sun	2:23	9.6	2:46	9.7	8:32	0.1	8:56	0.4	5:41	7:50	
12	Mon	3:05	9.4	3:29	9.8	9:14	0.2	9:44	0.3	5:42	7:49	
13	Tue	3:53	9.2	4:17	9.9	10:01	0.3	10:36	0.3	5:43	7:47	
14	Wed	4:46	9.0	5:10	10.0	10:52	0.5	11:34	0.3	5:45	7:46	
15	Thu	5:45	8.8	6:09	10.1	11:49	0.6			5:46	7:44	
16	Fri	6:50	8.8	7:13	10.3	12:36	0.2	12:50	0.6	5:47	7:43	
17	Sat	7:58	8.9	8:19	10.5	1:42	0.0	1:56	0.5	5:48	7:41	
18	Sun	9:03	9.3	9:22	10.9	2:48	-0.3	3:01	0.1	5:49	7:40	
19	Mon	10:02	9.7	10:20	11.2	3:48	-0.8	4:01	-0.3	5:50	7:38	
20	Tue	10:57	10.2	11:16	11.4	4:43	-1.1	4:58	-0.7	5:51	7:37	
21	Wed	11:50	10.5			5:35	-1.3	5:52	-0.9	5:52	7:35	
22	Thu	12:09	11.3	12:40	10.7	6:25	-1.4	6:45	-1.0	5:54	7:33	
23	Fri	1:00	11.1	1:28	10.7	7:13	-1.2	7:35	-0.9	5:55	7:32	
24	Sat	1:50	10.7	2:15	10.6	7:59	-0.8	8:26	-0.6	5:56	7:30	
25	Sun	2:40	10.2	3:03	10.3	8:46	-0.2	9:18	-0.1	5:57	7:28	
26	Mon	3:31	9.6	3:53	9.9	9:35	0.3	10:11	0.3	5:58	7:27	
27	Tue	4:25	9.0	4:46	9.5	10:26	0.9	11:08	0.8	5:59	7:25	
28	Wed	5:21	8.5	5:40	9.2	11:19	1.4			6:00	7:23	
29	Thu	6:19	8.2	6:37	9.0	12:06	1.1	12:15	1.7	6:01	7:22	
30	Fri	7:18	8.0	7:35	8.9	1:06	1.3	1:14	1.9	6:03	7:20	
31	Sat	8:16	8.0	8:31	9.0	2:06	1.3	2:13	1.8	6:04	7:18	