
































## Fore River, Portland, ME - Sep 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:08	8.2	9:21	9.2	2:59	1.1	3:06	1.6	6:05	7:16	
2	Mon	9:54	8.5	10:06	9.5	3:45	0.9	3:51	1.3	6:06	7:15	
3	Tue	10:36	8.8	10:47	9.7	4:25	0.6	4:33	1.0	6:07	7:13	
4	Wed	11:14	9.2	11:26	9.8	5:02	0.4	5:11	0.6	6:08	7:11	
5	Thu	11:50	9.4			5:37	0.2	5:49	0.4	6:09	7:09	
6	Fri	12:04	9.9	12:25	9.7	6:11	0.0	6:27	0.1	6:10	7:07	
7	Sat	12:41	9.9	12:59	10.0	6:46	0.0	7:06	-0.1	6:11	7:06	
8	Sun	1:19	9.9	1:36	10.1	7:24	-0.1	7:48	-0.2	6:13	7:04	
9	Mon	2:00	9.8	2:16	10.2	8:04	0.0	8:32	-0.2	6:14	7:02	
10	Tue	2:44	9.6	3:01	10.3	8:48	0.2	9:22	-0.2	6:15	7:00	
11	Wed	3:34	9.3	3:53	10.2	9:38	0.4	10:17	0.0	6:16	6:58	
12	Thu	4:31	9.1	4:51	10.1	10:33	0.6	11:17	0.1	6:17	6:57	
13	Fri	5:33	8.9	5:54	10.0	11:34	0.7			6:18	6:55	
14	Sat	6:40	8.9	7:01	10.1	12:21	0.2	12:39	0.7	6:19	6:53	
15	Sun	7:48	9.1	8:09	10.3	1:29	0.1	1:48	0.5	6:20	6:51	
16	Mon	8:51	9.5	9:12	10.5	2:34	-0.2	2:53	0.1	6:22	6:49	
17	Tue	9:49	9.9	10:10	10.7	3:33	-0.5	3:53	-0.3	6:23	6:47	
18	Wed	10:41	10.4	11:03	10.9	4:26	-0.8	4:47	-0.7	6:24	6:46	
19	Thu	11:30	10.7	11:54	10.8	5:15	-0.9	5:38	-0.9	6:25	6:44	
20	Fri			12:16	10.8	6:02	-0.8	6:27	-1.0	6:26	6:42	
21	Sat	12:42	10.6	1:01	10.7	6:47	-0.6	7:14	-0.8	6:27	6:40	
22	Sun	1:29	10.2	1:45	10.5	7:31	-0.2	8:00	-0.5	6:28	6:38	
23	Mon	2:15	9.7	2:28	10.1	8:14	0.3	8:47	-0.1	6:29	6:36	
24	Tue	3:02	9.2	3:14	9.7	8:59	0.8	9:36	0.4	6:31	6:35	
25	Wed	3:52	8.8	4:04	9.3	9:47	1.3	10:28	0.9	6:32	6:33	
26	Thu	4:45	8.4	4:58	9.0	10:39	1.7	11:23	1.2	6:33	6:31	
27	Fri	5:40	8.1	5:54	8.7	11:34	1.9			6:34	6:29	
28	Sat	6:37	8.0	6:52	8.7	12:20	1.4	12:32	2.0	6:35	6:27	
29	Sun	7:34	8.1	7:49	8.7	1:17	1.4	1:31	1.9	6:36	6:25	
30	Mon	8:26	8.3	8:42	8.9	2:12	1.3	2:27	1.6	6:37	6:24	