

































## Fore River, Portland, ME - Jul 2015

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:21	9.0	11:26	10.7	5:06	-0.2	5:09	0.6	5:03	8:26	
2	Thu			12:06	9.4	5:50	-0.6	5:56	0.3	5:03	8:26	
3	Fri	12:12	10.9	12:52	9.7	6:35	-0.9	6:44	0.1	5:04	8:26	
4	Sat	12:59	11.1	1:38	9.9	7:21	-1.1	7:33	-0.1	5:05	8:25	
5	Sun	1:47	11.1	2:27	10.1	8:09	-1.2	8:25	-0.2	5:05	8:25	
6	Mon	2:38	10.9	3:18	10.3	8:58	-1.1	9:20	-0.2	5:06	8:25	
7	Tue	3:33	10.6	4:13	10.3	9:51	-0.9	10:19	-0.1	5:07	8:25	
8	Wed	4:32	10.2	5:10	10.4	10:46	-0.6	11:21	0.0	5:07	8:24	
9	Thu	5:34	9.8	6:08	10.4	11:43	-0.3			5:08	8:24	
10	Fri	6:38	9.5	7:09	10.4	12:25	0.1	12:43	0.1	5:09	8:23	
11	Sat	7:44	9.2	8:10	10.4	1:31	0.0	1:46	0.3	5:10	8:23	
12	Sun	8:49	9.2	9:09	10.5	2:36	-0.1	2:47	0.5	5:10	8:22	
13	Mon	9:48	9.2	10:03	10.6	3:36	-0.3	3:44	0.5	5:11	8:22	
14	Tue	10:42	9.3	10:53	10.6	4:30	-0.5	4:36	0.5	5:12	8:21	
15	Wed	11:32	9.3	11:41	10.6	5:20	-0.5	5:25	0.5	5:13	8:20	
16	Thu			12:19	9.3	6:06	-0.5	6:11	0.6	5:14	8:20	
17	Fri	12:26	10.4	1:02	9.3	6:49	-0.4	6:55	0.7	5:15	8:19	
18	Sat	1:08	10.2	1:43	9.3	7:29	-0.2	7:36	0.8	5:16	8:18	
19	Sun	1:48	10.0	2:22	9.2	8:07	0.0	8:17	0.9	5:17	8:17	
20	Mon	2:28	9.6	3:02	9.1	8:45	0.3	9:00	1.1	5:18	8:17	
21	Tue	3:10	9.3	3:43	9.1	9:23	0.5	9:44	1.3	5:18	8:16	
22	Wed	3:54	8.9	4:25	9.0	10:04	0.8	10:31	1.4	5:19	8:15	
23	Thu	4:41	8.6	5:10	9.0	10:47	1.1	11:20	1.5	5:20	8:14	
24	Fri	5:30	8.3	5:56	9.0	11:32	1.3			5:21	8:13	
25	Sat	6:23	8.1	6:45	9.0	12:11	1.5	12:21	1.5	5:22	8:12	
26	Sun	7:19	8.0	7:38	9.2	1:06	1.4	1:13	1.5	5:23	8:11	
27	Mon	8:16	8.1	8:31	9.6	2:03	1.1	2:08	1.4	5:24	8:10	
28	Tue	9:10	8.4	9:22	10.0	2:57	0.7	3:02	1.1	5:26	8:09	
29	Wed	10:01	8.8	10:11	10.5	3:48	0.2	3:53	0.7	5:27	8:08	
30	Thu	10:49	9.3	11:00	10.9	4:36	-0.4	4:43	0.2	5:28	8:07	
31	Fri	11:38	9.7	11:50	11.2	5:23	-0.9	5:33	-0.2	5:29	8:05	