
































## Fore River, Portland, ME - Mar 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:49	8.7	4:25	7.8	10:09	1.2	10:22	1.6	6:16	5:30	
2	Wed	4:40	8.6	5:21	7.7	11:03	1.2	11:16	1.7	6:14	5:31	
3	Thu	5:36	8.6	6:22	7.8			12:02	1.2	6:13	5:32	
4	Fri	6:36	8.9	7:21	8.1	12:15	1.6	1:03	0.9	6:11	5:34	
5	Sat	7:35	9.3	8:16	8.6	1:15	1.2	1:59	0.3	6:09	5:35	
6	Sun	8:29	9.8	9:05	9.2	2:12	0.6	2:50	-0.3	6:07	5:36	
7	Mon	9:20	10.4	9:52	9.9	3:04	0.0	3:38	-0.9	6:06	5:37	
8	Tue	10:09	10.9	10:39	10.5	3:54	-0.7	4:24	-1.4	6:04	5:39	
9	Wed	10:59	11.2	11:25	11.0	4:43	-1.3	5:11	-1.7	6:02	5:40	
10	Thu	11:48	11.3			5:33	-1.7	5:58	-1.8	6:00	5:41	
11	Fri	12:13	11.3	12:38	11.2	6:23	-1.9	6:46	-1.6	5:59	5:42	
12	Sat	1:01	11.3	1:30	10.8	7:15	-1.8	7:36	-1.2	5:57	5:44	
13	Sun	1:52	11.1	3:26	10.3	9:10	-1.5	9:30	-0.7	6:55	6:45	
14	Mon	3:48	10.7	4:27	9.7	10:09	-1.0	10:28	-0.1	6:53	6:46	
15	Tue	4:48	10.2	5:32	9.2	11:12	-0.5	11:32	0.5	6:51	6:47	
16	Wed	5:53	9.8	6:40	8.8			12:19	0.0	6:50	6:49	
17	Thu	7:01	9.5	7:48	8.7	12:40	0.9	1:29	0.2	6:48	6:50	
18	Fri	8:09	9.4	8:52	8.8	1:50	1.0	2:36	0.2	6:46	6:51	
19	Sat	9:10	9.5	9:47	9.0	2:55	0.8	3:33	0.1	6:44	6:52	
20	Sun	10:04	9.6	10:34	9.2	3:51	0.6	4:22	0.0	6:42	6:53	
21	Mon	10:51	9.7	11:17	9.4	4:39	0.3	5:06	-0.1	6:41	6:55	
22	Tue	11:34	9.7	11:55	9.6	5:22	0.1	5:44	0.0	6:39	6:56	
23	Wed			12:13	9.7	6:01	0.0	6:20	0.1	6:37	6:57	
24	Thu	12:31	9.6	12:50	9.5	6:38	0.0	6:52	0.2	6:35	6:58	
25	Fri	1:04	9.6	1:25	9.4	7:12	0.0	7:25	0.4	6:33	6:59	
26	Sat	1:36	9.6	2:00	9.1	7:47	0.1	7:58	0.6	6:32	7:01	
27	Sun	2:09	9.5	2:36	8.8	8:22	0.3	8:33	0.9	6:30	7:02	
28	Mon	2:44	9.3	3:15	8.6	9:01	0.5	9:12	1.2	6:28	7:03	
29	Tue	3:23	9.1	3:59	8.3	9:43	0.7	9:56	1.4	6:26	7:04	
30	Wed	4:07	9.0	4:48	8.1	10:31	0.8	10:45	1.6	6:24	7:05	
31	Thu	4:58	8.9	5:42	8.0	11:23	0.9	11:39	1.6	6:23	7:07	