

































Fore River, Portland, ME - May 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:22	9.3	7:06	9.1	12:09	1.2	12:44	0.4	5:32	7:43	
2	Mon	7:25	9.5	8:05	9.6	1:11	0.9	1:43	0.1	5:31	7:45	
3	Tue	8:28	9.8	9:01	10.3	2:14	0.3	2:41	-0.3	5:29	7:46	
4	Wed	9:28	10.2	9:53	11.0	3:14	-0.5	3:36	-0.7	5:28	7:47	
5	Thu	10:24	10.6	10:45	11.5	4:10	-1.2	4:29	-1.0	5:26	7:48	
6	Fri	11:19	10.8	11:36	11.8	5:04	-1.7	5:20	-1.1	5:25	7:49	
7	Sat			12:13	10.9	5:57	-2.1	6:12	-1.1	5:24	7:50	
8	Sun	12:28	11.9	1:07	10.8	6:50	-2.1	7:04	-0.9	5:23	7:52	
9	Mon	1:19	11.8	2:00	10.5	7:42	-1.9	7:57	-0.5	5:21	7:53	
10	Tue	2:12	11.4	2:56	10.1	8:36	-1.5	8:52	0.0	5:20	7:54	
11	Wed	3:07	10.9	3:54	9.7	9:33	-1.0	9:50	0.5	5:19	7:55	
12	Thu	4:06	10.3	4:54	9.4	10:31	-0.4	10:52	0.9	5:18	7:56	
13	Fri	5:07	9.7	5:54	9.1	11:31	0.1	11:56	1.2	5:17	7:57	
14	Sat	6:10	9.3	6:53	9.0			12:31	0.5	5:16	7:58	
15	Sun	7:11	8.9	7:50	9.1	1:00	1.3	1:30	0.8	5:15	7:59	
16	Mon	8:11	8.8	8:43	9.2	2:03	1.3	2:26	0.9	5:14	8:00	
17	Tue	9:06	8.8	9:29	9.4	2:59	1.1	3:15	1.0	5:13	8:01	
18	Wed	9:55	8.8	10:11	9.6	3:48	0.8	3:58	1.0	5:12	8:03	
19	Thu	10:39	8.9	10:50	9.7	4:31	0.5	4:37	1.0	5:11	8:04	
20	Fri	11:21	8.9	11:27	9.8	5:11	0.3	5:14	1.0	5:10	8:05	
21	Sat			12:00	8.9	5:48	0.2	5:50	1.0	5:09	8:06	
22	Sun	12:03	9.9	12:38	8.9	6:23	0.1	6:25	1.1	5:08	8:07	
23	Mon	12:38	9.9	1:15	8.9	6:58	0.0	7:01	1.1	5:07	8:08	
24	Tue	1:13	9.9	1:51	8.8	7:34	0.0	7:39	1.2	5:07	8:09	
25	Wed	1:49	9.9	2:30	8.8	8:12	0.0	8:19	1.2	5:06	8:10	
26	Thu	2:29	9.8	3:11	8.8	8:53	0.1	9:04	1.2	5:05	8:10	
27	Fri	3:13	9.8	3:57	8.9	9:38	0.1	9:54	1.2	5:04	8:11	
28	Sat	4:03	9.7	4:48	9.1	10:27	0.1	10:48	1.1	5:04	8:12	
29	Sun	4:58	9.6	5:41	9.3	11:20	0.1	11:46	0.9	5:03	8:13	
30	Mon	5:57	9.5	6:38	9.7			12:15	0.1	5:03	8:14	
31	Tue	6:59	9.6	7:36	10.1	12:48	0.6	1:13	0.0	5:02	8:15	