US HARBORS www.USHarbors.com

Fore River, Portland, ME - Jul 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**8:50**	9.5	**9:11**	11.0	**2:37**	-0.4	**2:50**	0.0	5:03	8:26	
2	Sat	**9:51**	9.7	**10:08**	11.2	**3:38**	-0.8	**3:48**	-0.1	5:04	8:26	
3	Sun	**10:49**	9.8	**11:02**	11.4	**4:34**	-1.1	**4:44**	-0.2	5:05	8:26	
4	Mon	**11:44**	9.9	**11:55**	11.4	**5:29**	-1.3	**5:38**	-0.2	5:05	8:25	
5	Tue			**12:36**	10.0	**6:20**	-1.3	**6:30**	-0.1	5:06	8:25	
6	Wed	**12:46**	11.2	**1:26**	9.9	**7:10**	-1.2	**7:21**	0.1	5:06	8:25	
7	Thu	**1:35**	10.9	**2:15**	9.8	**7:58**	-0.9	**8:10**	0.3	5:07	8:24	
8	Fri	**2:24**	10.5	**3:03**	9.6	**8:45**	-0.5	**9:01**	0.6	5:08	8:24	
9	Sat	**3:13**	10.0	**3:51**	9.4	**9:32**	-0.1	**9:52**	0.9	5:09	8:23	
10	Sun	**4:04**	9.4	**4:40**	9.2	**10:19**	0.4	**10:45**	1.2	5:09	8:23	
11	Mon	**4:56**	9.0	**5:29**	9.1	**11:07**	0.8	**11:39**	1.4	5:10	8:22	
12	Tue	**5:49**	8.5	**6:19**	9.0	**11:55**	1.2			5:11	8:22	
13	Wed	**6:43**	8.2	**7:10**	9.0	**12:35**	1.5	**12:45**	1.5	5:12	8:21	
14	Thu	**7:40**	8.1	**8:01**	9.1	**1:32**	1.5	**1:38**	1.6	5:13	8:21	
15	Fri	**8:36**	8.1	**8:51**	9.3	**2:27**	1.3	**2:30**	1.6	5:14	8:20	
16	Sat	**9:27**	8.2	**9:37**	9.5	**3:18**	1.0	**3:18**	1.5	5:15	8:19	
17	Sun	**10:14**	8.4	**10:20**	9.8	**4:03**	0.7	**4:02**	1.4	5:15	8:18	
18	Mon	**10:58**	8.6	**11:02**	10.0	**4:45**	0.4	**4:45**	1.1	5:16	8:18	
19	Tue	**11:40**	8.8	**11:43**	10.3	**5:25**	0.1	**5:26**	0.9	5:17	8:17	
20	Wed			**12:21**	9.1	**6:05**	-0.2	**6:09**	0.6	5:18	8:16	
21	Thu	**12:24**	10.5	**1:01**	9.4	**6:45**	-0.5	**6:52**	0.4	5:19	8:15	
22	Fri	**1:06**	10.6	**1:42**	9.7	**7:26**	-0.7	**7:38**	0.2	5:20	8:14	
23	Sat	**1:50**	10.6	**2:25**	9.9	**8:08**	-0.8	**8:25**	0.0	5:21	8:13	
24	Sun	**2:37**	10.5	**3:12**	10.1	**8:54**	-0.8	**9:16**	0.0	5:22	8:12	
25	Mon	**3:28**	10.3	**4:02**	10.2	**9:43**	-0.6	**10:12**	0.0	5:23	8:11	
26	Tue	**4:23**	10.0	**4:56**	10.3	**10:35**	-0.4	**11:11**	0.0	5:24	8:10	
27	Wed	**5:23**	9.6	**5:54**	10.3	**11:31**	-0.1			5:25	8:09	
28	Thu	**6:26**	9.3	**6:55**	10.4	**12:13**	0.0	**12:30**	0.2	5:26	8:08	
29	Fri	**7:33**	9.2	**7:58**	10.5	**1:19**	0.0	**1:33**	0.3	5:27	8:07	
30	Sat	**8:40**	9.2	**9:00**	10.6	**2:25**	-0.2	**2:37**	0.3	5:28	8:06	
31	Sun	**9:41**	9.3	**9:57**	10.8	**3:27**	-0.5	**3:37**	0.2	5:29	8:05	