

































Fore River, Portland, ME - Jul 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:50	9.5	9:11	11.0	2:37	-0.4	2:50	0.0	5:03	8:26	
2	Sat	9:51	9.7	10:08	11.2	3:38	-0.8	3:48	-0.1	5:04	8:26	
3	Sun	10:49	9.8	11:02	11.4	4:34	-1.1	4:44	-0.2	5:05	8:26	
4	Mon	11:44	9.9	11:55	11.4	5:29	-1.3	5:38	-0.2	5:05	8:25	
5	Tue			12:36	10.0	6:20	-1.3	6:30	-0.1	5:06	8:25	
6	Wed	12:46	11.2	1:26	9.9	7:10	-1.2	7:21	0.1	5:06	8:25	
7	Thu	1:35	10.9	2:15	9.8	7:58	-0.9	8:10	0.3	5:07	8:24	
8	Fri	2:24	10.5	3:03	9.6	8:45	-0.5	9:01	0.6	5:08	8:24	
9	Sat	3:13	10.0	3:51	9.4	9:32	-0.1	9:52	0.9	5:09	8:23	
10	Sun	4:04	9.4	4:40	9.2	10:19	0.4	10:45	1.2	5:09	8:23	
11	Mon	4:56	9.0	5:29	9.1	11:07	0.8	11:39	1.4	5:10	8:22	
12	Tue	5:49	8.5	6:19	9.0	11:55	1.2			5:11	8:22	
13	Wed	6:43	8.2	7:10	9.0	12:35	1.5	12:45	1.5	5:12	8:21	
14	Thu	7:40	8.1	8:01	9.1	1:32	1.5	1:38	1.6	5:13	8:21	
15	Fri	8:36	8.1	8:51	9.3	2:27	1.3	2:30	1.6	5:14	8:20	
16	Sat	9:27	8.2	9:37	9.5	3:18	1.0	3:18	1.5	5:15	8:19	
17	Sun	10:14	8.4	10:20	9.8	4:03	0.7	4:02	1.4	5:15	8:18	
18	Mon	10:58	8.6	11:02	10.0	4:45	0.4	4:45	1.1	5:16	8:18	
19	Tue	11:40	8.8	11:43	10.3	5:25	0.1	5:26	0.9	5:17	8:17	
20	Wed			12:21	9.1	6:05	-0.2	6:09	0.6	5:18	8:16	
21	Thu	12:24	10.5	1:01	9.4	6:45	-0.5	6:52	0.4	5:19	8:15	
22	Fri	1:06	10.6	1:42	9.7	7:26	-0.7	7:38	0.2	5:20	8:14	
23	Sat	1:50	10.6	2:25	9.9	8:08	-0.8	8:25	0.0	5:21	8:13	
24	Sun	2:37	10.5	3:12	10.1	8:54	-0.8	9:16	0.0	5:22	8:12	
25	Mon	3:28	10.3	4:02	10.2	9:43	-0.6	10:12	0.0	5:23	8:11	
26	Tue	4:23	10.0	4:56	10.3	10:35	-0.4	11:11	0.0	5:24	8:10	
27	Wed	5:23	9.6	5:54	10.3	11:31	-0.1			5:25	8:09	
28	Thu	6:26	9.3	6:55	10.4	12:13	0.0	12:30	0.2	5:26	8:08	
29	Fri	7:33	9.2	7:58	10.5	1:19	0.0	1:33	0.3	5:27	8:07	
30	Sat	8:40	9.2	9:00	10.6	2:25	-0.2	2:37	0.3	5:28	8:06	
31	Sun	9:41	9.3	9:57	10.8	3:27	-0.5	3:37	0.2	5:29	8:05	