































Fore River, Portland, ME - Aug 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:37	9.5	10:51	10.9	4:24	-0.7	4:33	0.1	5:31	8:03	
2	Tue	11:30	9.7	11:42	10.9	5:16	-0.9	5:25	0.0	5:32	8:02	
3	Wed			12:19	9.8	6:05	-0.9	6:15	0.0	5:33	8:01	
4	Thu	12:30	10.8	1:05	9.8	6:51	-0.8	7:02	0.1	5:34	8:00	
5	Fri	1:16	10.5	1:48	9.7	7:33	-0.5	7:47	0.3	5:35	7:58	
6	Sat	2:00	10.2	2:30	9.6	8:15	-0.2	8:31	0.5	5:36	7:57	
7	Sun	2:43	9.7	3:12	9.4	8:56	0.2	9:17	0.8	5:37	7:56	
8	Mon	3:28	9.3	3:56	9.2	9:37	0.6	10:04	1.1	5:38	7:54	
9	Tue	4:16	8.8	4:42	9.1	10:21	1.0	10:53	1.3	5:39	7:53	
10	Wed	5:06	8.4	5:29	8.9	11:07	1.3	11:45	1.5	5:40	7:51	
11	Thu	5:58	8.1	6:19	8.9	11:56	1.6			5:42	7:50	
12	Fri	6:54	7.9	7:12	8.9	12:40	1.5	12:48	1.8	5:43	7:49	
13	Sat	7:52	7.9	8:06	9.0	1:38	1.5	1:43	1.8	5:44	7:47	
14	Sun	8:47	8.1	8:58	9.3	2:33	1.2	2:37	1.6	5:45	7:46	
15	Mon	9:36	8.3	9:45	9.7	3:23	0.8	3:26	1.3	5:46	7:44	
16	Tue	10:22	8.7	10:30	10.1	4:08	0.4	4:13	0.9	5:47	7:42	
17	Wed	11:05	9.2	11:14	10.5	4:51	-0.1	4:58	0.4	5:48	7:41	
18	Thu	11:48	9.6	11:59	10.8	5:33	-0.5	5:43	0.0	5:49	7:39	
19	Fri			12:30	10.0	6:16	-0.8	6:29	-0.4	5:51	7:38	
20	Sat	12:44	10.9	1:14	10.4	6:59	-1.0	7:17	-0.6	5:52	7:36	
21	Sun	1:31	10.9	1:59	10.6	7:44	-1.1	8:06	-0.8	5:53	7:35	
22	Mon	2:19	10.7	2:47	10.7	8:31	-1.0	8:58	-0.7	5:54	7:33	
23	Tue	3:12	10.4	3:39	10.7	9:21	-0.7	9:55	-0.6	5:55	7:31	
24	Wed	4:09	10.0	4:36	10.5	10:16	-0.3	10:55	-0.3	5:56	7:30	
25	Thu	5:11	9.6	5:37	10.4	11:14	0.1	11:59	-0.1	5:57	7:28	
26	Fri	6:16	9.2	6:41	10.2			12:17	0.4	5:58	7:26	
27	Sat	7:24	9.0	7:47	10.2	1:07	0.0	1:23	0.6	6:00	7:25	
28	Sun	8:31	9.1	8:50	10.2	2:15	0.0	2:30	0.6	6:01	7:23	
29	Mon	9:31	9.2	9:48	10.4	3:17	-0.2	3:30	0.5	6:02	7:21	
30	Tue	10:24	9.5	10:40	10.5	4:12	-0.3	4:24	0.3	6:03	7:19	
31	Wed	11:13	9.6	11:28	10.4	5:01	-0.4	5:13	0.1	6:04	7:18	