

































## Fore River, Portland, ME - Jan 2017

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:49	8.9	12:50	9.9	6:39	0.7	7:11	-0.3	7:14	4:15	
2	Mon	1:27	9.0	1:31	9.9	7:21	0.6	7:52	-0.3	7:14	4:16	
3	Tue	2:08	9.1	2:17	9.7	8:07	0.6	8:37	-0.2	7:14	4:17	
4	Wed	2:54	9.2	3:08	9.5	8:58	0.6	9:26	-0.1	7:14	4:18	
5	Thu	3:45	9.4	4:04	9.3	9:54	0.5	10:19	0.0	7:14	4:19	
6	Fri	4:40	9.6	5:05	9.1	10:54	0.3	11:16	0.1	7:14	4:20	
7	Sat	5:38	9.8	6:11	9.0	11:58	0.1			7:14	4:21	
8	Sun	6:39	10.1	7:18	9.1	12:17	0.1	1:04	-0.3	7:13	4:22	
9	Mon	7:41	10.5	8:22	9.4	1:19	0.0	2:07	-0.8	7:13	4:23	
10	Tue	8:39	10.9	9:20	9.7	2:20	-0.2	3:06	-1.3	7:13	4:24	
11	Wed	9:35	11.2	10:16	9.9	3:17	-0.5	4:01	-1.6	7:12	4:25	
12	Thu	10:29	11.4	11:09	10.1	4:11	-0.6	4:54	-1.8	7:12	4:26	
13	Fri	11:21	11.4			5:05	-0.7	5:45	-1.8	7:12	4:27	
14	Sat	12:00	10.1	12:12	11.1	5:56	-0.6	6:33	-1.5	7:11	4:29	
15	Sun	12:49	10.0	1:01	10.7	6:47	-0.4	7:21	-1.1	7:11	4:30	
16	Mon	1:38	9.8	1:51	10.2	7:37	-0.1	8:09	-0.6	7:10	4:31	
17	Tue	2:27	9.5	2:43	9.6	8:29	0.3	8:58	-0.1	7:10	4:32	
18	Wed	3:18	9.2	3:36	9.0	9:24	0.7	9:48	0.5	7:09	4:33	
19	Thu	4:09	9.0	4:32	8.5	10:20	1.0	10:39	1.0	7:08	4:35	
20	Fri	5:02	8.8	5:30	8.1	11:18	1.2	11:33	1.3	7:08	4:36	
21	Sat	5:55	8.7	6:29	7.9			12:19	1.3	7:07	4:37	
22	Sun	6:50	8.7	7:28	7.8	12:29	1.5	1:19	1.1	7:06	4:39	
23	Mon	7:43	8.9	8:21	8.0	1:25	1.6	2:12	0.9	7:05	4:40	
24	Tue	8:31	9.1	9:08	8.2	2:15	1.4	2:58	0.6	7:04	4:41	
25	Wed	9:15	9.4	9:51	8.4	3:00	1.2	3:40	0.3	7:04	4:43	
26	Thu	9:56	9.7	10:31	8.7	3:41	1.0	4:18	-0.1	7:03	4:44	
27	Fri	10:35	9.9	11:10	8.9	4:20	0.7	4:55	-0.3	7:02	4:45	
28	Sat	11:13	10.1	11:46	9.2	4:58	0.4	5:31	-0.6	7:01	4:47	
29	Sun	11:51	10.3			5:37	0.2	6:08	-0.7	7:00	4:48	
30	Mon	12:23	9.4	12:30	10.3	6:18	0.0	6:47	-0.8	6:59	4:49	
31	Tue	1:01	9.6	1:12	10.2	7:01	-0.2	7:28	-0.8	6:58	4:51	