

































Fore River, Portland, ME - Jul 2018

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:42	9.7	2:22	8.7	8:04	0.2	8:08	1.4	5:03	8:26	
2	Mon	2:19	9.6	3:00	8.7	8:41	0.4	8:49	1.5	5:04	8:26	
3	Tue	2:58	9.4	3:39	8.7	9:19	0.5	9:32	1.6	5:04	8:26	
4	Wed	3:41	9.2	4:21	8.8	10:00	0.6	10:18	1.5	5:05	8:25	
5	Thu	4:26	9.0	5:04	8.9	10:43	0.7	11:08	1.4	5:05	8:25	
6	Fri	5:16	8.8	5:50	9.1	11:28	0.8			5:06	8:25	
7	Sat	6:08	8.7	6:39	9.5	12:00	1.2	12:17	0.8	5:07	8:24	
8	Sun	7:05	8.7	7:31	9.8	12:56	0.9	1:10	0.7	5:08	8:24	
9	Mon	8:05	8.8	8:26	10.3	1:54	0.5	2:06	0.6	5:08	8:24	
10	Tue	9:04	9.1	9:21	10.8	2:53	-0.1	3:02	0.3	5:09	8:23	
11	Wed	10:01	9.4	10:15	11.3	3:49	-0.7	3:58	0.0	5:10	8:23	
12	Thu	10:57	9.8	11:10	11.6	4:44	-1.2	4:52	-0.3	5:11	8:22	
13	Fri	11:53	10.1			5:38	-1.6	5:48	-0.5	5:11	8:21	
14	Sat	12:05	11.8	12:48	10.3	6:32	-1.8	6:43	-0.6	5:12	8:21	
15	Sun	1:00	11.8	1:42	10.4	7:25	-1.8	7:39	-0.6	5:13	8:20	
16	Mon	1:55	11.6	2:37	10.4	8:18	-1.7	8:36	-0.5	5:14	8:19	
17	Tue	2:52	11.2	3:33	10.4	9:12	-1.3	9:35	-0.2	5:15	8:19	
18	Wed	3:50	10.6	4:30	10.2	10:08	-0.8	10:37	0.1	5:16	8:18	
19	Thu	4:51	10.0	5:27	10.1	11:04	-0.3	11:39	0.3	5:17	8:17	
20	Fri	5:52	9.4	6:25	9.9			12:01	0.3	5:18	8:16	
21	Sat	6:55	9.0	7:22	9.8	12:43	0.5	1:00	0.7	5:19	8:15	
22	Sun	7:57	8.7	8:19	9.7	1:47	0.6	1:59	1.1	5:20	8:15	
23	Mon	8:56	8.5	9:12	9.7	2:47	0.6	2:55	1.3	5:21	8:14	
24	Tue	9:50	8.5	10:00	9.7	3:41	0.5	3:45	1.3	5:22	8:13	
25	Wed	10:38	8.6	10:44	9.8	4:29	0.4	4:31	1.3	5:23	8:12	
26	Thu	11:22	8.6	11:26	9.8	5:12	0.3	5:12	1.2	5:24	8:11	
27	Fri			12:03	8.7	5:52	0.2	5:52	1.2	5:25	8:10	
28	Sat	12:05	9.9	12:41	8.8	6:29	0.2	6:29	1.2	5:26	8:09	
29	Sun	12:42	9.9	1:17	8.9	7:03	0.2	7:05	1.1	5:27	8:07	
30	Mon	1:18	9.8	1:52	8.9	7:36	0.2	7:42	1.1	5:28	8:06	
31	Tue	1:54	9.7	2:26	9.0	8:10	0.2	8:20	1.1	5:29	8:05	