

































Fore River, Portland, ME - May 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:43	8.8	10:07	9.2	3:34	1.2	3:52	0.9	5:33	7:43	
2	Thu	10:26	9.0	10:44	9.5	4:16	0.8	4:29	0.8	5:32	7:44	
3	Fri	11:07	9.2	11:19	9.8	4:55	0.4	5:05	0.6	5:30	7:45	
4	Sat	11:46	9.3	11:54	10.1	5:33	0.1	5:40	0.6	5:29	7:46	
5	Sun			12:25	9.3	6:10	-0.2	6:17	0.5	5:27	7:47	
6	Mon	12:30	10.3	1:04	9.3	6:49	-0.5	6:56	0.5	5:26	7:48	
7	Tue	1:07	10.4	1:45	9.3	7:30	-0.6	7:38	0.6	5:25	7:50	
8	Wed	1:48	10.4	2:29	9.2	8:14	-0.6	8:23	0.7	5:24	7:51	
9	Thu	2:34	10.4	3:19	9.1	9:02	-0.5	9:14	0.8	5:22	7:52	
10	Fri	3:26	10.2	4:15	9.0	9:56	-0.3	10:11	1.0	5:21	7:53	
11	Sat	4:24	10.0	5:16	9.0	10:54	-0.2	11:13	1.0	5:20	7:54	
12	Sun	5:28	9.8	6:19	9.1	11:55	-0.1			5:19	7:55	
13	Mon	6:35	9.7	7:23	9.5	12:19	0.9	12:58	0.0	5:18	7:56	
14	Tue	7:43	9.8	8:24	9.9	1:28	0.7	2:01	-0.1	5:17	7:57	
15	Wed	8:48	9.9	9:20	10.4	2:34	0.2	3:00	-0.2	5:15	7:59	
16	Thu	9:48	10.0	10:11	10.8	3:34	-0.3	3:54	-0.3	5:14	8:00	
17	Fri	10:42	10.1	11:00	11.0	4:29	-0.8	4:44	-0.3	5:13	8:01	
18	Sat	11:35	10.1	11:47	11.1	5:20	-1.1	5:32	-0.2	5:12	8:02	
19	Sun			12:24	10.0	6:09	-1.2	6:19	0.0	5:11	8:03	
20	Mon	12:32	11.0	1:12	9.7	6:56	-1.1	7:04	0.4	5:11	8:04	
21	Tue	1:17	10.7	1:58	9.4	7:42	-0.8	7:49	0.7	5:10	8:05	
22	Wed	2:01	10.4	2:45	9.1	8:27	-0.4	8:35	1.1	5:09	8:06	
23	Thu	2:46	9.9	3:33	8.8	9:14	0.0	9:23	1.5	5:08	8:07	
24	Fri	3:34	9.5	4:24	8.5	10:02	0.5	10:14	1.8	5:07	8:08	
25	Sat	4:26	9.1	5:16	8.4	10:52	0.8	11:08	2.0	5:06	8:09	
26	Sun	5:20	8.8	6:07	8.3	11:43	1.1			5:06	8:10	
27	Mon	6:14	8.5	6:59	8.4	12:04	2.1	12:34	1.3	5:05	8:11	
28	Tue	7:11	8.4	7:49	8.7	1:01	2.0	1:25	1.3	5:04	8:12	
29	Wed	8:06	8.4	8:36	9.0	1:58	1.8	2:14	1.3	5:04	8:13	
30	Thu	8:58	8.5	9:19	9.3	2:49	1.4	3:00	1.2	5:03	8:13	
31	Fri	9:45	8.7	9:59	9.7	3:36	0.9	3:42	1.1	5:02	8:14	