



Fore River, Portland, ME - Aug 2019

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 11:56 | 9.8 | | | 5:41 | -1.2 | 5:50 | -0.3 | 5:30 | 8:04 | ● |
| 2 | Fri | 12:07 | 11.5 | 12:47 | 10.2 | 6:32 | -1.5 | 6:44 | -0.6 | 5:31 | 8:03 | ● |
| 3 | Sat | 1:00 | 11.6 | 1:39 | 10.4 | 7:22 | -1.6 | 7:38 | -0.7 | 5:32 | 8:02 | ● |
| 4 | Sun | 1:54 | 11.5 | 2:31 | 10.6 | 8:13 | -1.5 | 8:33 | -0.7 | 5:33 | 8:01 | ◐ |
| 5 | Mon | 2:49 | 11.1 | 3:25 | 10.6 | 9:05 | -1.2 | 9:31 | -0.5 | 5:34 | 7:59 | ◑ |
| 6 | Tue | 3:47 | 10.6 | 4:21 | 10.5 | 10:00 | -0.8 | 10:32 | -0.3 | 5:35 | 7:58 | ◒ |
| 7 | Wed | 4:48 | 10.0 | 5:19 | 10.3 | 10:56 | -0.3 | 11:36 | 0.0 | 5:36 | 7:57 | ◓ |
| 8 | Thu | 5:51 | 9.4 | 6:18 | 10.1 | 11:55 | 0.3 | | | 5:37 | 7:55 | ◔ |
| 9 | Fri | 6:55 | 9.0 | 7:19 | 10.0 | 12:41 | 0.2 | 12:56 | 0.7 | 5:39 | 7:54 | ◕ |
| 10 | Sat | 8:01 | 8.7 | 8:20 | 9.9 | 1:47 | 0.3 | 1:59 | 1.0 | 5:40 | 7:52 | ◖ |
| 11 | Sun | 9:02 | 8.6 | 9:16 | 9.9 | 2:50 | 0.3 | 2:59 | 1.2 | 5:41 | 7:51 | ◗ |
| 12 | Mon | 9:57 | 8.7 | 10:08 | 9.9 | 3:46 | 0.2 | 3:52 | 1.1 | 5:42 | 7:50 | ◘ |
| 13 | Tue | 10:46 | 8.8 | 10:54 | 10.0 | 4:36 | 0.1 | 4:40 | 1.1 | 5:43 | 7:48 | ◙ |
| 14 | Wed | 11:31 | 8.8 | 11:37 | 10.0 | 5:20 | 0.1 | 5:24 | 1.0 | 5:44 | 7:47 | ◚ |
| 15 | Thu | | | 12:12 | 8.9 | 6:01 | 0.1 | 6:04 | 0.9 | 5:45 | 7:45 | ◛ |
| 16 | Fri | 12:17 | 9.9 | 12:49 | 9.0 | 6:38 | 0.1 | 6:42 | 0.9 | 5:46 | 7:44 | ◜ |
| 17 | Sat | 12:54 | 9.8 | 1:24 | 9.0 | 7:11 | 0.2 | 7:18 | 0.9 | 5:47 | 7:42 | ◝ |
| 18 | Sun | 1:30 | 9.7 | 1:58 | 9.1 | 7:44 | 0.3 | 7:55 | 1.0 | 5:49 | 7:40 | ◞ |
| 19 | Mon | 2:06 | 9.5 | 2:32 | 9.1 | 8:17 | 0.5 | 8:32 | 1.0 | 5:50 | 7:39 | ◟ |
| 20 | Tue | 2:43 | 9.2 | 3:07 | 9.1 | 8:52 | 0.7 | 9:12 | 1.1 | 5:51 | 7:37 | ◠ |
| 21 | Wed | 3:22 | 8.9 | 3:46 | 9.1 | 9:30 | 0.9 | 9:56 | 1.1 | 5:52 | 7:36 | ◡ |
| 22 | Thu | 4:06 | 8.6 | 4:28 | 9.1 | 10:11 | 1.1 | 10:44 | 1.2 | 5:53 | 7:34 | ◢ |
| 23 | Fri | 4:54 | 8.4 | 5:14 | 9.1 | 10:57 | 1.3 | 11:36 | 1.1 | 5:54 | 7:32 | ◣ |
| 24 | Sat | 5:47 | 8.2 | 6:06 | 9.3 | 11:47 | 1.4 | | | 5:55 | 7:31 | ◤ |
| 25 | Sun | 6:45 | 8.2 | 7:04 | 9.5 | 12:32 | 1.0 | 12:43 | 1.4 | 5:56 | 7:29 | ◥ |
| 26 | Mon | 7:48 | 8.3 | 8:04 | 9.9 | 1:33 | 0.7 | 1:44 | 1.2 | 5:58 | 7:27 | ◦ |
| 27 | Tue | 8:49 | 8.7 | 9:04 | 10.4 | 2:35 | 0.3 | 2:45 | 0.7 | 5:59 | 7:26 | ◧ |
| 28 | Wed | 9:46 | 9.2 | 10:01 | 10.9 | 3:33 | -0.3 | 3:43 | 0.2 | 6:00 | 7:24 | ◨ |
| 29 | Thu | 10:40 | 9.8 | 10:56 | 11.4 | 4:27 | -0.9 | 4:38 | -0.4 | 6:01 | 7:22 | ◩ |
| 30 | Fri | 11:33 | 10.3 | 11:50 | 11.6 | 5:19 | -1.3 | 5:33 | -0.8 | 6:02 | 7:21 | ◪ |
| 31 | Sat | | | 12:24 | 10.7 | 6:10 | -1.6 | 6:27 | -1.2 | 6:03 | 7:19 | ◥ |