
































Fore River, Portland, ME - Nov 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:45	9.7	2:54	10.4	8:40	0.5	9:20	-0.4	7:16	5:32	
2	Sat	3:40	9.1	3:48	9.8	9:34	1.0	10:17	0.2	7:18	5:31	
3	Sun	3:38	8.7	3:47	9.3	9:32	1.5	10:16	0.6	6:19	4:30	
4	Mon	4:37	8.4	4:48	8.9	10:33	1.8	11:16	1.0	6:20	4:28	
5	Tue	5:36	8.3	5:48	8.7	11:35	1.9			6:22	4:27	
6	Wed	6:33	8.4	6:47	8.7	12:14	1.1	12:37	1.8	6:23	4:26	
7	Thu	7:25	8.6	7:41	8.8	1:09	1.1	1:33	1.5	6:24	4:25	
8	Fri	8:11	8.9	8:29	8.9	1:57	1.0	2:22	1.2	6:25	4:23	
9	Sat	8:52	9.2	9:13	9.0	2:39	0.9	3:04	0.8	6:27	4:22	
10	Sun	9:30	9.5	9:53	9.1	3:17	0.8	3:43	0.4	6:28	4:21	
11	Mon	10:05	9.8	10:32	9.2	3:51	0.7	4:20	0.2	6:29	4:20	
12	Tue	10:39	9.9	11:09	9.2	4:26	0.7	4:56	-0.1	6:31	4:19	
13	Wed	11:13	10.1	11:47	9.1	5:01	0.7	5:32	-0.2	6:32	4:18	
14	Thu	11:49	10.1			5:38	0.7	6:11	-0.3	6:33	4:17	
15	Fri	12:25	9.1	12:27	10.2	6:17	0.8	6:52	-0.3	6:35	4:16	
16	Sat	1:07	8.9	1:10	10.1	6:59	0.9	7:37	-0.2	6:36	4:15	
17	Sun	1:52	8.8	1:58	10.0	7:47	1.0	8:27	-0.1	6:37	4:14	
18	Mon	2:45	8.8	2:53	9.8	8:40	1.1	9:23	0.0	6:38	4:13	
19	Tue	3:43	8.8	3:54	9.7	9:40	1.1	10:22	0.1	6:40	4:12	
20	Wed	4:44	8.9	4:59	9.6	10:44	1.0	11:23	0.1	6:41	4:12	
21	Thu	5:46	9.2	6:07	9.6	11:51	0.7			6:42	4:11	
22	Fri	6:48	9.7	7:13	9.8	12:25	0.0	12:58	0.3	6:43	4:10	
23	Sat	7:46	10.2	8:15	10.0	1:26	-0.2	2:01	-0.3	6:45	4:09	
24	Sun	8:39	10.7	9:11	10.1	2:22	-0.4	2:57	-0.9	6:46	4:09	
25	Mon	9:30	11.1	10:05	10.2	3:13	-0.5	3:50	-1.3	6:47	4:08	
26	Tue	10:18	11.3	10:56	10.1	4:03	-0.5	4:41	-1.5	6:48	4:08	
27	Wed	11:06	11.3	11:46	10.0	4:52	-0.4	5:30	-1.5	6:49	4:07	
28	Thu	11:53	11.0			5:40	-0.1	6:18	-1.2	6:51	4:07	
29	Fri	12:35	9.7	12:40	10.7	6:27	0.3	7:06	-0.8	6:52	4:06	
30	Sat	1:23	9.3	1:27	10.2	7:14	0.7	7:54	-0.3	6:53	4:06	