
































## Fore River, Portland, ME - Mar 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:04	8.8	3:36	8.0	9:23	1.0	9:35	1.5	6:16	5:30	
2	Mon	3:50	8.7	4:28	7.7	10:13	1.1	10:25	1.7	6:14	5:31	
3	Tue	4:42	8.7	5:26	7.6	11:10	1.2	11:21	1.8	6:12	5:32	
4	Wed	5:40	8.8	6:30	7.7			12:12	1.0	6:11	5:34	
5	Thu	6:43	9.1	7:33	8.0	12:22	1.6	1:16	0.6	6:09	5:35	
6	Fri	7:45	9.6	8:30	8.6	1:26	1.2	2:14	0.0	6:07	5:36	
7	Sat	8:42	10.2	9:22	9.3	2:24	0.5	3:07	-0.6	6:06	5:37	
8	Sun	10:36	10.8	11:11	10.0	4:19	-0.2	4:57	-1.2	7:04	6:39	
9	Mon	11:28	11.2	11:59	10.6	5:11	-0.9	5:45	-1.6	7:02	6:40	
10	Tue			12:19	11.4	6:03	-1.4	6:33	-1.8	7:00	6:41	
11	Wed	12:47	11.0	1:10	11.4	6:54	-1.7	7:20	-1.8	6:59	6:42	
12	Thu	1:34	11.2	2:01	11.0	7:45	-1.8	8:09	-1.4	6:57	6:44	
13	Fri	2:23	11.1	2:54	10.5	8:38	-1.6	8:59	-0.9	6:55	6:45	
14	Sat	3:15	10.8	3:52	9.8	9:34	-1.2	9:53	-0.2	6:53	6:46	
15	Sun	4:11	10.4	4:54	9.2	10:35	-0.6	10:52	0.5	6:51	6:47	
16	Mon	5:12	9.9	6:00	8.7	11:39	-0.1	11:56	1.1	6:50	6:49	
17	Tue	6:17	9.4	7:09	8.3			12:48	0.3	6:48	6:50	
18	Wed	7:25	9.2	8:16	8.3	1:05	1.4	1:58	0.5	6:46	6:51	
19	Thu	8:31	9.1	9:16	8.4	2:15	1.4	3:01	0.5	6:44	6:52	
20	Fri	9:29	9.2	10:07	8.7	3:16	1.2	3:54	0.4	6:42	6:53	
21	Sat	10:19	9.4	10:51	8.9	4:07	1.0	4:40	0.2	6:41	6:55	
22	Sun	11:03	9.5	11:30	9.1	4:52	0.7	5:20	0.2	6:39	6:56	
23	Mon	11:43	9.5			5:32	0.5	5:55	0.2	6:37	6:57	
24	Tue	12:06	9.3	12:20	9.5	6:09	0.3	6:28	0.2	6:35	6:58	
25	Wed	12:39	9.4	12:55	9.4	6:44	0.2	6:58	0.4	6:33	6:59	
26	Thu	1:10	9.4	1:29	9.2	7:17	0.2	7:29	0.6	6:32	7:01	
27	Fri	1:40	9.4	2:04	9.0	7:51	0.3	8:01	0.8	6:30	7:02	
28	Sat	2:12	9.4	2:40	8.7	8:27	0.4	8:36	1.0	6:28	7:03	
29	Sun	2:46	9.3	3:19	8.4	9:06	0.5	9:15	1.3	6:26	7:04	
30	Mon	3:25	9.1	4:04	8.1	9:50	0.7	10:00	1.5	6:24	7:05	
31	Tue	4:12	9.0	4:56	7.9	10:40	0.8	10:52	1.7	6:23	7:07	