
































Fore River, Portland, ME - Jun 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:31	9.6	8:07	10.2	1:18	0.5	1:44	-0.1	5:02	8:16	
2	Tue	8:35	9.7	9:03	10.7	2:23	0.0	2:43	-0.2	5:01	8:16	
3	Wed	9:36	9.9	9:56	11.1	3:23	-0.6	3:38	-0.3	5:01	8:17	
4	Thu	10:33	10.0	10:47	11.4	4:19	-1.1	4:30	-0.3	5:00	8:18	
5	Fri	11:28	10.0	11:38	11.5	5:13	-1.4	5:22	-0.2	5:00	8:19	
6	Sat			12:21	10.0	6:05	-1.5	6:13	0.0	5:00	8:19	
7	Sun	12:28	11.4	1:13	9.8	6:56	-1.4	7:04	0.2	4:59	8:20	
8	Mon	1:18	11.1	2:04	9.6	7:46	-1.1	7:54	0.6	4:59	8:21	
9	Tue	2:08	10.7	2:55	9.3	8:36	-0.7	8:46	0.9	4:59	8:21	
10	Wed	2:59	10.2	3:48	9.0	9:27	-0.2	9:39	1.3	4:59	8:22	
11	Thu	3:52	9.7	4:41	8.8	10:19	0.3	10:36	1.6	4:59	8:22	
12	Fri	4:47	9.2	5:33	8.7	11:11	0.7	11:33	1.8	4:59	8:23	
13	Sat	5:42	8.8	6:25	8.7			12:01	1.0	4:58	8:23	
14	Sun	6:38	8.5	7:15	8.8	12:30	1.8	12:52	1.3	4:58	8:24	
15	Mon	7:34	8.3	8:05	8.9	1:28	1.7	1:42	1.5	4:58	8:24	
16	Tue	8:29	8.2	8:51	9.1	2:24	1.5	2:31	1.5	4:59	8:25	
17	Wed	9:20	8.2	9:34	9.4	3:14	1.2	3:16	1.5	4:59	8:25	
18	Thu	10:07	8.3	10:14	9.6	3:58	0.9	3:57	1.5	4:59	8:25	
19	Fri	10:51	8.5	10:54	9.8	4:40	0.5	4:37	1.4	4:59	8:25	
20	Sat	11:34	8.6	11:33	10.0	5:20	0.3	5:17	1.3	4:59	8:26	
21	Sun			12:15	8.7	5:59	0.0	5:58	1.2	4:59	8:26	
22	Mon	12:13	10.2	12:56	8.8	6:40	-0.2	6:40	1.1	5:00	8:26	
23	Tue	12:54	10.3	1:38	8.9	7:21	-0.4	7:24	0.9	5:00	8:26	
24	Wed	1:37	10.4	2:22	9.1	8:05	-0.5	8:11	0.9	5:00	8:26	
25	Thu	2:24	10.4	3:09	9.2	8:51	-0.5	9:02	0.8	5:01	8:26	
26	Fri	3:14	10.3	4:00	9.4	9:40	-0.5	9:57	0.7	5:01	8:26	
27	Sat	4:09	10.1	4:53	9.6	10:32	-0.4	10:56	0.6	5:01	8:26	
28	Sun	5:08	9.8	5:49	9.9	11:26	-0.2	11:58	0.5	5:02	8:26	
29	Mon	6:10	9.6	6:46	10.1			12:22	0.0	5:02	8:26	
30	Tue	7:14	9.4	7:44	10.4	1:02	0.3	1:20	0.1	5:03	8:26	